

The 15th Jungian Odyssey  
Annual Conference & Retreat



“I thought and spoke much of the soul.  
I knew many learned words for her. I had  
judged her and turned her into a scientific ob-  
ject. [...] Therefore the spirit of the depths  
forced me to speak to my soul, to call upon her  
as a living and self-existing being. I had to be-  
come aware that I had lost my soul.”  
C.G. Jung (*The Red Book*)

**Limited grants available  
for US Americans!**

**ISAP**ZURICH  
INTERNATIONAL SCHOOL OF  
ANALYTICAL PSYCHOLOGY ZURICH  
AGAP POST-GRADUATE JUNGIAN TRAINING

# Searching for Soul in Times of Anxiety

May 23 – 30, 2020  
Parkhotel Beau-Site  
Zermatt, Switzerland

**Keynote Speaker**

**Thomas Moore, PhD**

**Special Guests**

**Hari Kirin, MFA, MA**

**Craig E. Stephenson, PhD**

**With Faculty of ISAPZURICH**

Peter Ammann, Dr. phil.

Galina Angelova, M.Theol.

Katharina Casanova, lic. phil.

Diane Cousineau Brutsche, PhD

John A. Desteian, JD, DPsy

Deborah Egger, MSW

Andrew Fellows, PhD

Gary Hayes, lic. phil.

John Hill, MA

Lisa Holland, MS

Ann Chia-Yi Li, MA

Bernard Sartorius, lic. theol.

Judith A. Savage, MSW

Kristina Schellinski, MA

Ilisabe von Uslar, lic. phil.

Ursula Wirtz, Dr.phil.

**[www.jungianodyssey.com](http://www.jungianodyssey.com)**  
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Photo: Zermatt Switzerland Matterhorn Night (2012) by Chensiyuan, GNU  
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# The Jungian Odyssey 2020

with interest in C.G. Jung and Analytical Psychology. “The earth has a spirit of her own,” Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is this, the particular *genius loci*, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey’s topic. So, too, this spirit imbues our presenters’ analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairytale, dream, myth, art, religion, personal and collective experience, clinical practice.



Sunset on the Matterhorn  
by simonsimages, © 2009

## Searching for Soul in Times of Anxiety

The Jungian Odyssey 2020 will be a kind of homecoming as we return for the second time to Zermatt—the remote but beloved locus that now inspires our reflections on the realms of soul. In today’s life—so riddled with anxieties of many kinds—we seem to experience an acute splitting of two archetypally coupled realities: the outer objective world and the world of soul or psychic interiority. We seem to suffer collectively from soul alienation and even soul murder. With soul in exile, do

we risk losing touch with that part in us that is immortal? Might a re-summoning of soul provide an antidote to anxiety?

Our search for this “untethered” part needs to begin with our (re-)attunement to soul’s secret dwelling places, i.e. places that resonate with poetry, beauty, remoteness, ambiguity, brokenness, pain, paradox, mystery. Some apt starting points can be found in the imagery of nature, fairy tale, myth, dream, literature, music, dance, and other arts. What can we learn from alchemy and meta-physics about the soul’s autonomy? What other stones might we turn?

A unique feature of the Odyssey 2020 is our offer of one full day of experiential workshops that afford you the chance for intense and creative immersion in your choice of work with the body, dreams, fairy tales, calligraphy, or hiking (weather permitting).

## Retreat Setting Parkhotel Beau-Site beneath the mystical Matterhorn

ings, which include an indoor heated swimming pool, whirlpools, sauna, and steam bath. The clean and comfortable rooms, furnished with classic elegance, are all equipped with WC, shower, telephone, and free wireless LAN. Early registration is recommended, as the Odyssey typically books out. Also, early birds receive a price advantage!

Our 4-star venue Parkhotel Beau-Site boasts a breath-taking view of the Matterhorn and a five-minute walk to the village center. The hotel is widely praised for its staff courtesy and fine cuisine, as well for its wellness offerings,



**Odyssey Packages Include** • Group train travel Zürich/Zermatt/Zürich with one piece of checked baggage (additional bags at CHF 24.00 each) • 4-star hotel • room & full board (excluding beverages at all meals) • morning meditation • mid-morning coffee breaks • a wine reception • 7-day academic program, special events • an opt-in excursion (extra cost) • **Exception: Package #3:** The academic program is excluded for the non-attendee partner (apart from the Saturday keynote address, which she/he is welcome to attend). • **Exception: Package #4** is a limited “taster” program for residents of the Zermatt area (*group train travel, hotel overnights and hotel amenities are not included*)

### Limited Enrollment • Unparalleled Value

Register soon to ensure your place and save on your Odyssey package!  
Final Registration Deadline • April 15, 2020

See p.11 for important train travel information...

Cover page quote: C.G. Jung, *The Red Book: A Reader’s Edition*, Ed. Sonu Shamdasani, Trans. Marky Kyburz, John Peck, Sonu Shamdasani, Philemon Series (NY: Norton & Co., 2009), p.128 [2].

### Package Costs • Registration by March 30 • CHF

- #1 1 Attendee • 3500.00
- #2 2 Attendees, 1 double room, per person • 3290.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 4790.00
- #4 Odyssey Taster, per person: 250.00

### Package Costs • Registration after March 30 • CHF

- #1 1 Attendee • 3800.00
- #2 2 Attendees, 1 double room, per person • 3590.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 5270.00
- #4 Taster, per person: 280.00

ISAP students are subject to other costs, deadlines, and procedures, provided by the Front Office.

### To Register, click on the links below

- [Online Registration for Packages #1, #2, #3](#)
- [Taster Terms & Registration Package #4](#)

## Special Events • Odyssey Packages #1, #2, #3

### Tues: Barbeque Dinner

We will feast on the delights of a barbeque prepared by the team of fine cooks at Parkhotel Beau-Site—outdoors, if the weather permits. They will grill your choice—be it vegetarian, fish, meat or all of the above!



### Tues: *Ensoulement*: Film by Lorís Simón Salum (2014)

Based her book, Salum's "Ensoulement" is [an animated] film about finding your true self and how to connect to the feminine without losing the masculine. It's about the challenge facing men and women today, to live a full and satisfying life as a complete (ensouled) human being. This documentary [...] weaves [a] journey into the inner life of Loris (created by award winning animator Patrick Smith) with commentary and insights from an impressive list of experts and academics with roots in Jungian psychology—including Dr. James Hollis [...]. *Ensoulement* has received a Golden Palm award at the International Film Festival of Mexico and recently won the Grand Jury Prize at the Barcelona International Film Festival." (Review by Myth in the Mojave, 2019)



### Fri: Choice of Opt-in Excursion | Box Lunch Included

#### • Zermatt on Foot | Museum & Village Tour | Cost: CHF 50.00

Walk from the hotel at 10:30 AM; return ca. 3:30 PM. This excursion includes a museum visit and a guided walking tour of the village. The old part of the village is a delight to explore. The barns, stables, and old houses built between the 16th and 18th centuries form a harmonious whole. The old setting stands in contrast to the newer parts with modern hotels, chalets, and churches. The mountaineers' cemetery contains the graves of climbers who perished in the surrounding mountains.



#### • Train to Gornergrat, Hotel Kulm | Cost: CHF 80.00

Walk from the hotel at 10:30 AM; return ca. 2:15 PM. A journey to this famous ridge entails a steep ride (30 minutes) on a train whose origin traces to Switzerland's first mountain rack and pinion railway, opened in 1896. It remains to be Europe's highest open-air railway—not for the faint-hearted! Our destination, the Hotel Kulm summit observatory at 3120m/10,326ft, offers a stunning panorama of 29 mountains whose altitudes exceed 4000m/13,000ft. Among those in view is Switzerland's highest peak (Dufourspitze, 4634m/15,203ft) and, of course, the Matterhorn up close and personal.



#### • Alternative: Stroll on Your Own Along Pension Path | No Cost

Accessible for young children and persons in wheelchairs, the Pension Path (AHV-Weg) is an easy walk, ca. 2 hours, but by no means reserved for seniors. The round trip covers a distance of some 2.2 km/1.4 miles, leading slightly uphill to the tracks of the Gornergrat Rail—a great chance to see the working mechanism of a rack-and-pinion railway close up. The path then goes into larch woods and tranquil seclusion. Along the way, young people of Zermatt have created a discovery trail. Walkers who keep their eyes open will be rewarded with some happy surprises. At the end a stairway leads back down to the village.



### Fri: Wine Reception | Gala Closing Banquet & Dancing

Return from your excursion, rest up, and get ready for our traditional gala closing with a special 4-course dinner, music, and dancing!

#### Photos, top to bottom:

- 1\_Barbeque Dinner, Hotel Beau-Site, by ISAP Student Kosuke Hayashi ©2016, [Photo Album](#).
- 2\_Ensoulement, DVD Cover at [CAJS](#) (accessed 19 Oct, 2019).
- 3\_Zermatt, by Kosuke Hayashi ©2016
- 4\_Gornergrat Observatory Switzerland, by Christopher Koch, 2010, Creative Commons Attribution 2.0 Generic license (accessed 19 Oct, 2019).
- 5\_Along the Way, Benches for Relaxing [Pension Path] ©Fabienne Schaller, with kind permission of Zermatt Tourism (accessed 14 Dec. 2015).
- 6\_Gala Dinner, Hotel Beau-Site, by Kosuke Hayashi ©2016.



# Jungian Odyssey Program • 2020

## Searching for Soul in Times of Anxiety

Hotels for Your Stay in Zürich p.11 • Important Group Travel Information p.11  
 Program Overview p.12 • Presenters' biographies p.13 • Recommended Reading p.15

**SATURDAY**  
**MAY 23**

### Schedule • Group Train Travel • Zürich to Zermatt

*For the return trip, see p.10.*

<b>8:00 am</b>	Check-in at the “Red Cube” Group Meeting Point at the Zürich Main Station (Hauptbahnhof)
<b>9:02 am</b>	Train Departs Transfer in Visp
<b>12:14</b>	Arrival in Zermatt, Wine Reception, Lunch, Hotel Check-in
<b>19:00</b>	Latest expected delivery of checked baggage

### Opening Program

<b>16:00-16:30</b>	<p><b>Welcome to the Jungian Odyssey</b>          Ursula Wirtz, Dr. phil.          Academic Chair, Jungian Odyssey Committee</p>
<b>16:30-17:45</b>	<p><b>Keynote Address</b>          Thomas Moore, PhD  <b>How to Live in a World that Has Lost Its Way (L)</b>          The whole world is anxious today because of political uncertainty, a beautiful planet in distress, and concern for the future. The obvious problem is a loss of soul in all aspects of life. Living in a shallow culture is bound to cause breakdown and subsequent worry. Individually first we can focus on those things that serve our soul and then apply them where possible to the society. In modern times we want information, high-tech tools, frequent entertainment and mathematical certainties. The values of soul are softer and go deeper.</p>
<b>18:30-19:45</b>	<b>Dinner</b>
<b>20:00-21:30</b>	<p><b>Who's Who?</b>          An informal gathering for getting acquainted</p>

<p><b>KEY</b>  <b>L = Lecture</b>  <b>S = Seminar</b>  <b>SoL = Seminar on Lecture</b>  <b>L&amp;S = Lecture &amp; Seminar</b>  <b>W = Workshop</b>  <b>W+ = Experiential Workshop</b></p>	<p>Confidentiality is to be strictly observed for all experiential workshops (W+), for our temenos, and also for seminars that deal with case material.</p> <p>Experiential workshops (W+) entail self-exploration and expression of one's inner life. Therefore, for the protection of personal boundaries, attendance of these workshops is excluded for analysts of ISAPZUR-ICH and any others who might anticipate encountering analysts or supervisees in this context.</p> <p>We appreciate your understanding that the program may be subject to change, within limits.</p>
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7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:00-10:15	<p><b>Thomas Moore, PhD</b>  <b>Creating a Soulful Life for Yourself and Your Community (L)</b>          Soul is not abstract. You cultivate soul in your life through food and cooking, family gatherings, meetings with friends, intimate letters (emails, etc), reading for pleasure, and art and music. Soul is concrete and intimate. Society needs these values, too, to help govern itself as a community and deal with the anxieties of modern life. We can ensoul technology and slow life down to let the soul catch up.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Hari Kirin, MA, MFA</b>  <b>Art &amp; Yoga: Create Peace in Times of Anxiety (L)</b>          I will share methods from my personal practice stemming from projects in retreat centers, detention centers, and various countries, discussing strategies and outcomes of healing oneself and one's communities.</p>
12:00-14:00	<b>Lunch</b>
<p><b>CHOICE</b> 14:00-16:00</p>	<p>&gt; <b>Thomas Moore, PhD</b>  <b>Caring for Soul and Spirit (SoL)</b>          Soul centers around ordinary things like home, food and friends. Soul also needs spiritual awareness and experiences like ritual, nature, and contemplation. Spirit can easily get out of hand or be handled naively, too literally or masochistically. You can imagine a "soulful spirituality" that is more worldly and poetic. It satisfies spiritual longing without sacrifice of human values and worldly delight.</p> <p>&gt; <b>Hari Kirin, MA, MFA</b>  <b>Art &amp; Yoga: Creativity and Healing in Times of Anxiety (W+)</b>          To deepen my lecture topic, I will guide participants in a simple, accessible chair yoga, meditation, and art, followed by dialogue on the experience. No previous experience is necessary!</p> <p>&gt; <b>John Hill, MA</b>  <b>Inconvenient Twins: Balancing Anxiety and Aggression (L&amp;S)</b>          Aristotle was the first to describe this balancing act, which he formulated as the Golden Mean. If there is too much anxiety there is too little aggression; if there is too much aggression there is too little anxiety. Fear can paralyze you and prevent an authentic unfolding of life, but fear enables you to recognize dangers, read expressions in people's faces and plays a huge role in social behaviour. Aggression can destroy what you most cherish in life, but with a healthy aggression you make yourself known and gain presence in the world. Examples from dreams and active imagination show how the balance can be restored.</p>
17:00-18:00	<p><b>Temenos</b> For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following C.G. Jung's metaphorical use of the image, our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference. Facilitated by Ursula Wirtz and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Monday and Thursday.</p>
18:30-19:45	<b>Dinner</b>

	7:15-7:45	<b>Meditation</b>
	7:30-8:45	<b>Breakfast</b>
	9:00-10:15	<b>Deborah Egger, MSW</b> <b>Anxiety as a Pathway to Soul (L)</b> In this lecture I explore anxiety's role in normal development, in dealing with trauma, in boundary formation/separation, and in intimacy and "being seen." Viewing such dynamics through the lens of individuation, I touch as well on the idea that the suffering of anxiety may be necessary for re-connecting to soul. Poetry and vignettes will help to illustrate.
	10:15-10:45	<b>Coffee Break   Book Sales</b>
	10:45-12:00	<b>Kristina Schellinski, MA</b> <b>Death Anxiety—A Summons for the Soul (L)</b> Fear of annihilation, or death anxiety, is prevalent both in individuals and in our collective. Clinical case material illustrates how death anxiety can initiate a self-search and processes of change, which lead toward new connections with soul and individuation. At the same time, I ask if, within the collective, we might find ourselves in near-revolutionary process of change. Is it the beginning of a new era, as Jung posits in <i>Aion</i> ? If so, the outer and the inner worlds can feel especially polarized and anxiety-provoking. In such circumstances gentle summonings of soul may not suffice. Rather, soul-seekers may be called to submit to initiation rites, to a rebirthing of soul, such as Jung describes in his vision of sacrificial murder in <i>The Red Book</i> .
	12:00-14:00	<b>Lunch</b>
<b>CHOICE</b>	14:00-16:00	<p>&gt; <b>Deborah Egger, MSW (SoL)</b> In this seminar I will refer to clinical case material to deepen the exploration of personal work on anxiety in intimate relationships.</p> <p>&gt; <b>Kristina Schellinski, MA (SoL)</b></p> <p>&gt; <b>Gary Hayes, lic. phil. (S)</b> <b>Maybe There is Another Version of You</b> In this seminar we will explore what anxiety and panic attacks are trying to communicate to us—messages which, otherwise, we most likely would never heed.</p>
	17:00-18:00	<b>Temenos</b> Our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference.
	18:30-19:45	<b>Dinner</b>
	20:00-21:30	<b>Ensoulment: A Diverse Analysis of the Feminine Principle in Western Culture</b> <b>Animated Film Directed by Lorís Simón Salum (2014)</b>

“**The problem** still remains: how to overcome or escape our anxiety, bad conscience, guilt, compulsion, unconsciousness, and instinctuality. If we cannot do this from the bright, idealistic side, then perhaps we shall have better luck by approaching the problem from the dark, biological side.” • Jung, *Memories, Dreams, Reflections*, Ed. Aniela Jaffé, Trans. Richard & Clara Wilson, Reissue Edition (Vintage: 1989), p.152.

	<p><b>7:15-7:45</b>      <b>Meditation</b></p>
	<p><b>7:30-8:45</b>      <b>Breakfast</b></p>
	<p><b>9:00-10:15</b>      <b>Craig E. Stephenson, PhD</b>  <b>Our Dream of Safety (L)</b>  The word “anxiety” has shifted its denotation and connotations over the five successive editions (1948-2013) of the American Psychiatric Association’s <i>DSM</i>. Most recently, the fifth edition defines generalized anxiety as a disorder that manifests as a period of involuntary anticipatory worry accompanied by three or more persistent problems including restlessness, fatigue, irritability, muscle tension and sleep disturbance. Treatment strategies range between correcting anxiety as a chemical imbalance to addressing anxiety psychoanalytically as meaningful to the privileged few. As much as we recognize generalized anxiety as profoundly disordering, as clinicians we sometimes move with analysts towards an ironic re-valuing of anxiety, in a way that takes us back to Kierkegaard’s mapping of that place: “learning to be anxious so as not to be ruined either by never having been in anxiety or by sinking into it.” When does individuation involve, among other tasks, letting go of a collective dream of safety and learning how to be anxious?</p>
	<p><b>10:15-10:45</b>      <b>Coffee Break   Book Sales</b></p>
	<p><b>10:45-12:00</b>      <b>Bernard Sartorius, lic. theol.</b>  <b>Dead Souls (L)</b>  From the ancient Egyptians’ concerns about the afterlife to Gogol’s novel <i>Dead Souls</i>, soul and death were in many ways deeply connected. Our core reflections will circle around the question, is this still the case today? If so, in what ways?</p>
	<p><b>12:00-14:00</b>      <b>Lunch</b></p>
<p><b>CHOICE</b>      <b>14:00-16:00</b></p>	<p>&gt; <b>Craig E. Stephenson, PhD (SoL)</b></p> <p>&gt; <b>Galina Angelova, M.Theol.</b>  <b>Finding the Precious Pearl: Religious Experience and the Soul (S)</b>  Jung stressed the importance of religious or spiritual experience for one’s inner development, individuation, and connection with the soul and <i>anima mundi</i>. In this seminar we will explore some of Jung’s ideas on authentic spiritual experience and ways to foster the connection with the transcendent. We will also address the relationship between institutionalized religion/culture and religious experience as such. Readings from religious texts, mysticism, and poetry will support our exploration.</p> <p>&gt; <b>Katarina Casanova, lic. phil. &amp; Ilsabe von Uslar, lic. phil.</b>  <b>An Encounter with Soul—Part 1 (W+)</b>  <i>Attendance of Part 1 is prerequisite to attendance of Part 2 (Wednesday).</i> Our experiential workshop begins with a question: How do we define soul, in theory? With which words, concepts, ideas? After a short discussion, we will “feel” our way toward answers with our own hands: Working with clay or other modelling materials, we will open the way for images of soul to emerge—a certain figure, perhaps, or an abstract shape, or a mask...?</p>
	<p><b>18:30-20:00</b>      <b>Barbeque Dinner</b></p>

MAY 27

7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:00-10:15	<p><b>John A. Desteian, JD, DPsy</b>  <b>Meaning in the Age of Anxiety (L)</b>          Anxiety is not fear, eagerness, or worry. Anxiety does not know its object, and so, cannot know its meaning. We live in The Age of Anxiety, personal, cultural, and existential. The current epoch follows on the Age of Definition, and now runs concurrently with the Age of Anxiety. This is where depth psychology comes in, and to which we can be grateful for disclosing the meaning of anxiety. My lecture will examine the interplay between personal, cultural, and existential anxiety, from both archetypal and psychological perspectives.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Judith A. Savage, MSW</b>  <b>Resolving the Deepest Split: Jung and Active Imagination (L)</b>          Anxiety signals too great a split between the inner and outer realms. As psychosomatic symptom, anxiety exposes the vulnerability of an overvalued ego state defensively twisting its own interiority into a rejected and irrational shadow. Following his break with Freud, Jung suffered from just such anxiety that initiated a decade long search for his “lost soul.” As unconscious symbols spontaneously expressed themselves in his fantasy, play, and images, he eventually realized the healing method of “active imagination.” My lecture will explore how active imagination may help resolve psychic splits and foster individuation as told through the creative lens of Jung’s <i>Red Book</i>, the building of his tower at Bollingen, and as illustrated by the drawings of some of his earliest analysands.</p>
12:00-14:00	<b>Lunch</b>
CHOICE 14:00-16:00	<p>&gt; <b>Judith A. Savage, MSW (SoL)</b>          In this seminar we will draw on many images to deepen our discussion of the lecture topic.</p> <p>&gt; <b>John A. Desteian, JD, DPsy (SoL)</b></p> <p>&gt; <b>Katarina Casanova, lic. phil. &amp; Ilsabe von Uslar, lic. phil.</b>  <b>An Encounter with Soul—Part 2 (W+)</b>  <i>Attendance of Part 1 is prerequisite to attendance of Part 2!</i> Part 2 begins with the soul images that emerged on the previous day. We will share our reflections on their personal meanings, and how the meanings might relate to others—be they in our closer or wider circles, in our families, or in our social groups and cultures. This dialogue will be followed by a relaxing meditation that guides each of us toward a vision of our soul image located within a certain place, a house, or some other context. Time and materials will be provided to draw these new images or to “picture” them in writing.</p>
18:30	<b>Dinner</b>

“**These two things**, the immense concentration on one's inner world and the immediate response to the other person, were to me the synthesis of the whole human being. The unrelated human being lacks wholeness, for he can achieve wholeness only through the soul, and the soul cannot exist without its other side, which is always found in a ‘You.’” • Jung, *The Practice of Psychotherapy*, CW16, §454.





**FRIDAY  
MAY 29**

ISAPZURICH Jungian Odyssey 2020

7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:30-15:00	<b>Excursion Day • Choice • With Box Lunch*</b> Gather at 10:00 to walk from the hotel <ul style="list-style-type: none"><li>• 10:30 – 15:30 Museum and Guided Walking Tour of Zermatt</li><li>• 10:30 – 14:15 Train Trip to Gornergrat and the Summit Observatory</li><li>• Alternative: Stroll Pension Path on Your Own</li></ul> <p><b>* Box lunch on this day is for everyone, with or without excursions.</b> We will make our own box lunches during breakfast, selecting from the buffet.</p>
19:00	<b>Gala Closing Reception, Banquet, Music &amp; Dancing</b> <b>Music by Lewis Larke</b> Originally from the UK, Lewis has lived for many years in Switzerland, where he has earned acclaim as solo musician, as a member of the Fluhalp Band, and for his artistic collaborations with others. Those who heard Lewis and danced to his music at our last Odyssey in Zermatt will fondly remember his broad musical spectrum and extraordinary rapport with his audience.

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<b>SATURDAY MAY 30</b>	7:30-8:45	Breakfast
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**Schedule • Group Travel**

8:15	Load Baggage for transport to the Zermatt train station
10:00	Check-in at the Zermatt Train Station
10:37	Train Departure Transfer in Visp
13:58	Arrival at Zürich Main Station
15:00	Latest expected delivery of baggage checked through to the Zürich airport; pick up at the airport train station
18:00	Latest expected delivery of checked baggage for your own pick-up at the Zürich Main Station

“**My soul**, where are you? Do you hear me? I speak, I call you—are you there? I have returned, I am here again. I have shaken the dust of all the lands from my feet, and I have come to you, I am with you. After long years of long wandering, I have come to you again. [...]

Give me your hand, my almost forgotten soul. How warm the joy at seeing you again, you long disavowed soul. Life has led me back to you. Let us thank the life I have lived for all the happy and all the sad hours, for every joy, for every sadness. My soul, my journey should continue with you. I will wander with you and ascend to my solitude.” • Jung, *RB: Reader's Ed.*, pp.127 [1], 128 [1].

**See the next pages for important additional information...**

## Your Stay in Zürich

For your overnight in Zurich on Friday, May 22—or for your stay during the Interlude—we recommend the two hotels below. Both are centrally located, within walking distance from the main train station, close to public transportation, and include breakfast and free wireless LAN. For other convenient options, click here: [Stay in Zürich](#).

### Hotel Walhalla • Limmatstrasse 5, 8005 Zürich

Tel: +41 (0)44 446 5400

Email: [info@walhalla-hotel.ch](mailto:info@walhalla-hotel.ch)

Website: [www.walhalla-hotel.ch/switzerland/](http://www.walhalla-hotel.ch/switzerland/)

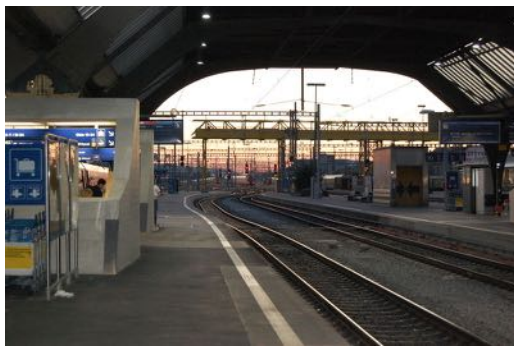
### Hotel Montana • Konradstrasse 39, 8005 Zürich

Tel: +41 (0)43 366 6000

Email: [reservation@hotelmontana.ch](mailto:reservation@hotelmontana.ch)

Website: [http://hotelmontana-zurich.com/en\\_UK/](http://hotelmontana-zurich.com/en_UK/)

## Group Travel Information



### Saturday, May 23 • Train Zürich to Zermatt

*See the schedule on page 4 of this brochure*

The early gathering on this day (8:00 am) allows us to ensure that your baggage is checked-in on time and that we go together to board our reserved rail car. We will have the group ticket; be sure to have your passport or national ID card on hand.

### Saturday, May 30 • Train Zermatt to Zürich

*See the schedule on page 10 of this brochure*

Will your return trip entail a transfer to connecting trains, flights, or other scheduled matters? If so, to avoid delays, you might consider hand-carrying your baggage on the train from Zermatt. • Baggage checked-in at the Zermatt station is due to arrive no later than 18:00 (6:00 PM) for your pick-up at the Zurich Main Station. • We can help arrange to have your baggage delivered from Zermatt to the Zurich Airport or other Swiss train stations. • Baggage is due to arrive no later than 15:00 (3:00 PM) for your pick-up at the Zürich Airport (train station).

## Interlude • May 20–22, 2020

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## Jungian Odyssey Committee

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**Photos by ISAP Student Enid Madaras ©2019**



## Presenters' Biographies

KEY \*Member of the Faculty, ISAPZURICH

CGJI-ZH = C.G. Jung Institute Zürich, Küsnacht

JOS = *Jungian Odyssey Series*, published by Spring Journal Books [www.springjournalandbooks.com](http://www.springjournalandbooks.com)

### SPECIAL GUESTS

**Thomas Moore, PhD** is a psychotherapist and author of *Care of the Soul* and twenty-five other books on spiritual and psychological depth. He lived as a Catholic monk for thirteen years in his youth and has been a psychotherapist for three decades. He lectures frequently at universities, churches, Jung societies and medical centers. His most recent book is *Ageless Soul* and he is about to publish a new book on therapy. He is also a musician and writes fiction.

**Hari Kirin, MA, MFA** For over thirty years, Hari Kirin Joan Hanley has combined yoga, meditation, and art in her personal practice and working with others in retreat centers, detention centers, universities, museums and galleries in the US, Canada, Europe, Mexico, India, China and Taiwan. "Art & Yoga presents an accessible practice for healing oneself and one's community." (Deepak Chopra) Among her publications is the book, *Art & Yoga: Kundalini Awakening in Everyday Life* (2011).

**Craig E. Stephenson, PhD** is a graduate of the CGJI-ZH, the Institut für Psychodrama auf der Grundlage der Jung'schen Psychologie, Zumikon, and the Centre for Psychoanalytic Studies, University of Essex. His books include *Possession: Jung's Comparative Anatomy of the Psyche* (2009/2016), *Anteros: A Forgotten Myth* (2011), *Jung and Moreno: Essays on the Theatre of Human Nature* (2013), and *Ages of Anxiety: Jung's Types as Inspiration for Poetry, Music and Dance* (Zurich Lecture Series, 2016). For the Philemon Foundation, he edited *On Psychological and Visionary Art: Notes from C. G. Jung's Lecture on Gérard de Nerval's Aurélia* (2015). He served as Director of Training for the Jungian Psychoanalytic Association (JPA) and has a private practice in New York City.

### FACULTY, ISAPZURICH

**Peter Ammann, Dr. phil.\*** studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAPZURICH, maintaining his private practice in Zurich. He has lectured internationally. Peter is moreover an avid documentary filmmaker, having discovered this path in the 1960's, after apprenticing in Rome with Federico Fellini. Peter's documentaries include: *Hlonipa: Journey into Wilderness*; *Sandplay with Dora Kalff*; *Spirits of the Rocks*, and *Mabi's Feast—Sangomas Celebrating San*. Anticipating the commemoration of Marie-Louise von Franz's 100th birthday in 2015, Peter contributed along with others to produce a new edition of the documentary film by Françoise Selhofer (1982/2015), *Marie-Louise von Franz*, which now has been released with subtitles and voice-overs in several languages.

**Galina Angelova, M.Theol.\*** born in Bulgaria, studied theology in Switzerland and at Union Theological Seminary in New York City, where she deepened her interest in Analytical Psychology working with Ann Ulanov. Galina is an ordained pastor of the Swiss Reformed Church, working in a local parish and in palliative care. Her areas of interest include ritual, feminist theology, spiritual care, and the relationship between religion and psychology. She is a graduate of ISAPZURICH and conducts a private practice in Zurich.

**Katarina Casanova, lic. phil.\*** is a clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

**Diane Cousineau Brutsche, PhD\*** was born in Montreal, Canada. She earned a doctorate in French literature from the University of Paris and a Diploma in Analytical Psychology from the CGJI-ZH. She has a private practice in Zurich and is a training analyst, supervisor, and lecturer at ISAPZURICH. Among her publications are the essays, "Even Fairy Godmothers Can Fail" (JOS Vol. VII, 2015); "Betrayal of the Self, Self-Betrayal, and the Leap of Trust: The Book of Job, a Tale of Individuation" (JOS Vol. III, 2011); "Lady Soul," in *Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82, 2009*; and her book, *Le paradoxe de l'âme. Exil et retour d'un archétype* (Georg Editeur, 1993).

**John A. Desteian, JD, PsyD\*** is a diplomate Jungian psychoanalyst and has been in private practice in Saint Paul Minnesota since 1983. He authored the book *Coming Together—Coming Apart: The Union of Opposites in Love Relationships* (Sigo Pr., 1990). His many articles and book reviews appear in professional journals and anthologies that focus on interpersonal (object) relations, gender, creativity, and politics. His published essays include "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedah" (JOS Vol. III, 2011). John is the founder and former chairman and executive director of the US foundation, Jungian International Training Zurich (JITZ). From 2004 to 2013 he was a member of the AGAP Executive Committee, serving from 2010-2013 as AGAP co-president and member of the IAAP Executive Committee.

**Deborah Egger, MSW** is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her Diploma in Analytical Psychology from the CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus? [...]" (JOS Vol. 1, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a past president of AGAP, she served on the IAAP Executive Committee. She has two grown children and holds American and Swiss citizenship.

**Andrew Fellows, PhD\*** holds a Doctorate in Applied Physics, and enjoyed many years of international professional engagement with renewable energy and environmental policy. He is a Training Analyst with ISAPZURICH, has private practices in Zürich and Bern, and has lectured in many countries about aspects of his book, "Gaia, Psyche and Deep Ecology." His academic interests include the impact of new sciences on Jungian psychology and application of the resulting insights to the ecological crisis. Andrew lives over 3,000 feet above sea level in rural Switzerland without a car or television, and enjoys making music and being in nature.

**Gary R. Hayes, lic. phil.\*** is a native of Western New York where he grew up on the boarder to Canada. His first degree is from SUNY, the State University of New York. After marriage at the age of 27, he moved to Zürich with his Swiss wife. His graduate degree in German, English, and Linguistics is from the University of Zürich. In 1990 he received his Diploma in Analytical Psychology from the CGJI-ZH, where he was appointed as a Training Analyst and Supervisor in 1998. In 2004 Gary moved to ISAPZURICH, where he has been actively involved ever since. As a lecturer and seminar leader there, he teaches in his special fields of interest which include: dreamwork, the role and function of the father, narcissism, fear, anxiety and panic attacks and the psychological meaning of myths and folk tales. Gary has also been active in presenting to various groups of Chinese students who come to ISAP for incremental training.

**John Hill, MA\*** received his degrees in philosophy at the University of Dublin and the Catholic University of America. He trained at the CGJI-ZH, has practiced as a Jungian analyst since 1973, and is a training analyst at ISAPZURICH. His special interests have extended to the association experiment, Celtic myth, James Joyce, dreams, and Christian mysticism. His recently published works include the essay, "Fairy Tale Drama: En-acting Rituals of Play, Laughter, and Tears," in *Jung and Moreno: Essays on the Theatre of Human Nature*, ed. Craig E. Stephenson (Routledge, 2014), and his book, *At Home in the World: Sounds and Symmetries of Belonging*, Zurich Lecture Series in Analytical Psychology (Spring Journal Books, 2010).

**Lisa Holland, MS, LPCC\*** is a Jungian Analyst, practicing and teaching on the Central Coast of California, USA. She is trained in mindfulness-based, somatic (body-centered) psychotherapy and has recently begun offering Neurofeedback training to support physiological regulation, thereby enabling clients to be more available to analytic work. Lisa's areas of interest include: trauma recovery, creativity, women's empowerment and embodiment, and group process. She delights in the study of fairy tales, regularly offers seminars at ISAPZURICH, and gratefully spends several months a year in Italy.

**Ann Chia-Yi Li, MA,\*** is originally from Taiwan, where she studied Chinese Literature and English Literature. She is a training analyst of ISAP, and maintains a private practice in Zurich. Ann has served on the ISAP Program Committee since 2013. In 2015, she initiated the international MuShuei Jung Conference and Retreat in Taiwan. In 2016, she co-founded a systematic Jungian study program through the establishment of the Analytical Psychology School SG in Singapore. She has lectured widely on Daoist alchemy, *The Red Book*, active imagination, and Zen meditation.

**Bernard Sartorius, lic. theol.\*** received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zurich. He is a training analyst and supervisor at ISAPZURICH. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/jou on meurt," in *Vouivre, Cahiers de psychologie*

*analytique, Pèlerinages*, Numéro 11, 2011; and his book on the orthodox church, *L'Eglise orthodoxe, Grandes religions du monde, Vol. 10* (Edito-Service, 1982).

**Judith A. Savage, MSW\*** completed her post-graduate studies in analytical psychology at the C.G. Jung Institute in Zurich and the Inter-regional Society of Jungian Analyst in 1987. As a long-time member of the Inter-regional Society she served as a member of its Training Committee and its Executive Committee as its Secretary and Vice President. She lectures internationally at Jungian training seminars and associations and is a faculty member of the Minnesota based Prairie Care Psychiatric Hospital Mentorship Program. She is the author of *Mourning Unlived Lives: A Psychological Study of Childbearing Loss* (Chiron) as well as several articles in analytic journals. Recently she was accepted as faculty member at ISAPZURICH and a member of the Association of Graduates in Analytical Psychology Zurich (AGAP). She is in private practice (Psychoanalytic Consultants) with her husband, John Desteian, in St Paul, Minnesota.

**Kristina Schellinski, MA\*** is a Jungian analyst in private practice in Geneva. She is a Training Analyst and Supervisor at ISAPZURICH and CGJI-ZH. She most recently authored the book, *Individuation for Adult Replacement Children* (Routledge, 2019). Her other publications include: "When Psyche Mutters Through Matter: Reflections on Somatic Counter-Transference," in JOS, Vol. IV, 2012; "Who am I," in *Journal of Analytical Psychology* 2014; "A Cause for Home: How the Repeatedly Uprooted in a Global Society May Find a Home in the Soul," in *The Guild of Pastoral Psychology* 2014; and "The 'Ghosts' of Two World Wars: Is the Replacement Child Complex a Layer in the Cultural Complex of the European?" in *Europe's Many Souls: Exploring Cultural Complexes and Identities*, eds. Jürg Rascher, Thomas Singer (Spring Journal: 2016).

**Isabe von Uslar, lic. phil.\*** is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

**Ursula Wirtz, Dr.phil.\*** holds a doctorate in literature and philosophy from the University of Munich, and a degree in clinical and anthropological psychology from the University of Zurich. She graduated from the CGJI-ZH in 1982. Today she is academic chair of the Jungian Odyssey Committee, and a lecturer, training analyst, and supervisor at ISAPZURICH, internationally active in teaching and training. Her recently published works are her book, *Trauma and Beyond: The Mystery of Transformation*, Zurich Lecture Series in Analytical Psychology (Spring Journal Books, 2014); and her essays: "The Power of the Unconscious: Descent into Madness or Spiritual Emergence?" (JOS Vol. II, 2010); "Yearning to be Known: Individuation and the Broken Wings of Eros" (JOS Vol. I, 2009), and "The Symbolic Dimension in Trauma Therapy," in *Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82, 2009*.

**"Fear and resistance** are the signposts that stand beside the via regia to the unconscious, and [...] they primarily signify [...] a preconceived opinion of the thing they are pointing at. It is only natural that from the feeling of fear one should infer something dangerous, and from the feeling of resistance something repellent." • Jung, *The Structure and Dynamics of the Psyche*, CW8, §212.

# Recommended Reading

## Searching for Soul in Times of Anxiety

### Presenters' Suggestions

- Peter Amman**  
Lecture/Seminar
- Peter Ammann, "The Musical Theory and Philosophy of Robert Fludd," in *Journal of the Warburg and Courtauld Institutes*, 30:2198-227 (1967).  
C.G. Jung, "Synchronicity: An Acausal Connecting Principle," in CW8.  
Wolfgang Pauli, "The Influence of Archetypal Ideas on the Scientific Theories of Kepler," Trans., Priscilla Silz, in Jung and Pauli, *The Interpretation of Nature and the Psyche* (Routledge & Kegan Paul: 1955).  
Philip M. Peek, Ed., *African Divination Systems – Ways of Knowing* (Indiana University Press, 1991).
- Galina Angelova**  
Seminar
- Jung, "The Undiscovered Self: Present and Future," in CW10.  
Jung, "The Spiritual Problem of Modern Man," in CW10.
- Andrew Fellows**  
Lecture & Hike
- Andrew Fellows, *Gaia, Psyche, and Deep Ecology: Navigating Climate Change in the Anthropocene* (Routledge, 2019).  
M. Sabini, Ed., *The Earth Has a Soul: The Nature Writings of C.G. Jung* (North Atlantic Books, 2002).  
Steve Taylor, *Spiritual Science: Why Science Needs Spirituality to Make Sense of the World* (Watkins, 2019).
- Ann Chia-Yi Li**  
Lecture & Workshop
- Richard Wilhelm, Trans., *The Secret of the Golden Flower: A Chinese Book of Life*, with Jung, "Commentary," Trans., Cary F. Baynes (Harcourt Brace & Co., 1969).
- Judith A. Savage**  
Lecture & Seminar
- Jung, *Jung on Active Imagination*, Ed., Joan Chodorow (Princeton University Press, 1997).

### You might also like to read...

- Nick Dubin**, *Asperger Syndrome and Anxiety—A Guide to Successful Stress Management* (Kingsley Publishers, 2009).
- Hari Kirin**, *Art and Yoga: Awakening Kundalini in Everyday Life* (Kundalini Research Institute, 2011)
- Thomas Moore**, *Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life*, 25th Anniversary Ed. (Harper Perennial, 2016).
- Kristina Schellinski**, *Individuation for Adult Replacement Children* (Routledge, 2019).
- C. Michael Smith**, *Jung and Shamanism in Dialogue: Retrieving the Soul/Retrieving the Sacred* (Paulist Press, 1998).
- Murray Stein**, *Jung's Map of the Soul: An Introduction*, 5th Ed. (Open Court, 2003).
- Murray Stein, Thomas Arzt, Eds.**, *Jung's Red Book for Our Time: Searching for Soul Under Post-Modern Conditions*, 2 Volumes (Chiron, 2017 and 2018).
- Craig E. Stephenson**, *Ages of Anxiety: Jung's Types as Inspiration for Poetry, Music and Dance*, The Zurich Lecture Series in Analytical Psychology (Spring Journal Books, 2016).
- Peter Tyler**, *The Pursuit of Soul: Psychoanalysis, Soul-making, and the Christian Tradition* (Bloomsbury, T&T Clark, 2016).
- Ursula Wirtz**, *Trauma and Beyond: The Mystery of Transformation*, The Zürich Lecture Series in Analytical Psychology (Spring Journal Books, 2014).

## The International School of Analytical Psychology Zürich

was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 500 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP institute offering full-time analytic training that incorporates every year two full semesters (each 12 – 14 weeks) of lectures and seminars. We adhere to Jung's inter-disciplinary outlook by admitting candidates with advanced degrees in any field of study. Candidates with advanced degrees in psychology or medicine—and with adequate skills in German, French, or Italian—may qualify to receive a Swiss federal title and cantonal license for the practice of psychotherapy. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP's faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a number of other languages as well.



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**Become a Donor** To continue flourishing, ISAP relies on the support of friends. Donations and legacy bequeathments made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland. Donations and legacy bequeathments made through JITZ—the Foundation for Jungian International Training Zurich—are eligible for tax exemption in the USA. To find out about our special projects and needs, and how to donate, contact our treasurer, [christa.robinson@isapzurich.com](mailto:christa.robinson@isapzurich.com)

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