Di / Tue
5.11.19
18:00-19:30

Learn more about the Analytical Psychology of C.G. Jung with ISAPZURICH

Möchten Sie mehr über die Analytische Psychologie von C.G. Jung erfahren? Darüber, welche Weiter- und Fortbildungen ISAPZURICH anbietet?

Weiterbildungstitel eidg. anerkannter Psychotherapeut/in - vom EDI akkreditiertes Programm
Diplom als jungsche/r Analytiker/in - internationales Programm, Full oder Part Resident
Vorträge und Öffentliche Seminare - öffentliche Veranstaltungen mit verschiedenen Thema
Zertifikat Programm - Grundlagen des analytischen Psychologie
Jungsche Psychoanalyse - reduzierte Gebühren bei Studierenden von ISAP

International Diploma as Jungian Analyst - for individuals from all academic backgrounds, Full or Part Residency
Psychotherapy Diploma - recognised by the Swiss Federal Department for Internal Affairs
Public Lectures & Open Seminars - public events covering a variety of topics
Certificate Programme - the fundamentals of Analytical Psychology
Jungian Analysis - reduced fee access to therapists in training

Anmeldung bis / Registration by
1.11.2019 office@isapzurich.com
Eintritt

Vorlesungen & Offene Seminare
Ohne Voranmeldung
Barzahlung an der Kasse
Eintritt pro 2 x 45 Minuten:
CHF 30.00 Regulär
CHF 20.00 Studierende, AHV/IV (mit Ausweis)

Lectures & Open Seminars
Registration not required
Payment in cash at the door
Entrance fee for 2 x 45 minutes:
CHF 30.00 Regular
CHF 20.00 Students, Seniors, Disabled (with ID)

Öffnungszeiten
Stampfenbachstrasse 115, 8006 Zurich

Semester (03.09 – 06.12.19)
Di bis Fr • Tue to Fri
09:30-12:00 & 13:30-16:30

Semesterpause / Semester Break
Di & Do • Tue & Thu
13:30-16:30

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President
Vice-President
Secretary
Psychiatry
Treasurer
Director of Studies
Director of Admissions
Director of Programme

There are not too many truths, there are only a few. Their meaning is too deep to grasp other than in symbols.

Es gibt nicht viele Wahrheiten, sondern nur wenige. Ihr Sinn ist zu tief, als dass man sie anders erfassen könnte als im Symbol.
C.G. Jung, *Das Rote Buch* (1915/2009), S. 290
Encountering the Other: Jungian Analysts and Traditional Healers in South Africa

Tuesday, 3 September • 10:00 – 14:45 (includes lunch break)

“The Fort Hare Symposium between Jungian Analysts and African Traditional Healers” took place on 27 – 30 October 2016 in Hogsback, South Africa. It was a unique event, perhaps the first official conference in the history of Analytical Psychology where Jungian analysts encountered indigenous healers on an equal level to begin a collegial and professional dialogue and exchange. About half a dozen Jungian Analysts, all members of SAAJA (South African Association of Jungian Analysts) except one, and an equal number of African traditional healers met each “other” to discuss similarities and differences regarding common relevant topics such as healing practices, dream interpretation, the particular use of intuition / umbilini and more. Both sides agreed that the symposium was a beginning only and should be continued in the future.

Accordingly, the second conference “African Traditional Healers and Jungian Analysts in Dialogue” took place on 22 – 25 November 2018 at Monkey Valley, Noordhoek, Cape Town. Our goals and visions were: To establish a core group of African Traditional Healers and Jungian Analysts who are committed to building collegial relationships between these two healing modalities, which could result in closer cooperation, mutual respect and cross-referrals; and to promote an understanding of each other’s worldview and approaches to healing.

As an opening event for this semester Peter Ammann (ISAP), Renee Ramsden, senior analyst (SAAJA), Fred Borchardt, president of SAAJA, and Nompumelo Mlisa, PhD, traditional healer, will report and reflect on these pioneering conferences and their importance for Jungian psychology as well as for traditional healing and their future collaboration.

www.isapzurich.com • office@isapzurich.com • +41 (0)43 344 00 66
Our Understanding of the Psyche and How That Influences Our Work

Tues, Sept 3  
17:00–18:45  Deborah Egger, MSW  
What is Analytical Psychology? Why ISAP?

19:00–20:45  Heike Weis Hyder, FMH Psychiatrie/Psychotherapie  
Are Dreams an Antidote to the Pathology of a Shallow Modern World?

Wed, Sept 4  
17:00–20:45  Lisa Holland, MS  
The Frog-King: When the Rejected Inner Other Comes to Call

Thur, Sept 5  
17:00–18:45  Lucienne Marguerat, lic.phil.  
The Role of Art Work in Psychotherapy

19:00–20:45  Dramatic Reading  
The Memories, Dreams, Reflections of C.G. Jung  
Introduction by Murray Stein  
Paul Brutsche as C.G. Jung

Fri, Sept 6  
17:00–20:45  Ursula Wirtz, Dr. phil.  
The Spiritual Dimension of Analytical Psychology: Goldmine or Minefield?
When Chinese Medicine Encounters Jungian Psychology

- The Complete Lecture Series
  General Entry: CHF 100
  Students, Seniors, Disabled: CHF 60
- Per Lecture
  General Entry: CHF 30
  Students, Seniors, Disabled: CHF 20
- Gratis for ISAP Students and Analysts
  Payment in cash at the door

Christa Robinson, MA (with Jun Xu)
The Roots of Chinese Traditional Medicine in the I Ching
The Universal Compass of the (Eranos) I Ching presents the mandala that is the basis of the Chinese culture. Its eight main trigrams with their manifold associations change in three specific ways or cycles that allow precise observations in psychosomatic illnesses, dreams and attitudes, etc. The I Ching and Chinese medicine can complement one another for the benefit of patients.

Free Time for Lunch

13:00–14:45
Jun Xu
Presentation of a Seven-Year Case
The report of a seven-year case using acupuncture and traditional medicine that became blocked until the introduction of Jungian concepts. This case shows a way to work through the shadow realm of the unconscious.

15:00–16:45
Jun Xu
Comparison of the Chinese and Jungian Approaches
Both approaches will be looked at from the attitude of the practitioner with regard to their role in the healing process. Several examples will be given.

Free Time for Dinner

18:00–19:45
Christa Robinson, MA (with Jun Xu)
How To Use the I Ching in Our Clinical Practice
Differences between the Eranos and Wilhelm versions of the I Ching will be used to show how these can be used in our clinical practice, ending with a general discussion.

www.isapzurich.com • office@isapzurich.com • +41 (0)43 344 00 66
Jungian Psychology in Dialogue with Buddhism • A Symposium
October 1 – 2, 2019

Entry
Symposium Package || General • CHF 150 | Students, Seniors, Disabled • CHF 120
Per Lecture || General • CHF 15 | Students, Seniors, Disabled • CHF 10
Dramatic Reading • Gratis
ISAP Students & Analysts • Gratis

Payment in cash at the door • Stampfenbachstrasse 115, 8006 Zürich

Murray Stein, PhD
Introduction to Jung’s Dialogue with Buddhism. With Master Dingkong, Abbot of the Chan Buddhist Jile Monastery
10:00–10:50

Dramatic Reading
11:00–11:50

Some Reflections on the Jung – Hisamatsu Dialogue
13:00–13:50

Paul Brutsche, Dr. phil.
The Ten Ox-Herding Pictures of Shuhbun: A Symbolic Interpretation
14:00–14:50

Yuriko Sato, MD
Ways of Being: East and West
15:00–15:50

Discussion with Speakers
16:00–16:50

Mari Yoshikawa, PhD
Jung’s Stone Tower at Bollingen and Musō Soseki’s Zen Gardens: A Comparison
10:00–10:50

Ann Li, MA
To Flow and Penetrate like Water: Individuation with the Heart Sutra
11:00–11:50

Thomas Arzt, Dr. rer. nat.
Zen Buddhism and Jungian Psychology in the Initiatic Therapy of Karlfried Graf Dürckheim and Maria Hippius Gräfin Dürckheim
13:00–13:50

Leslie de Galbert, DESS
‘Mind and Life Europe’: His Holiness the Dalai Lama and C.G. Jung
14:00–14:50

Murray Stein, PhD
Individuation and Liberation: A Comparison
15:00–15:50

Discussion with Speakers
16:00–16:50
Jung’s difficulties with what he describes as his ‘two personalities’ dominate the first few chapters of *Memories, Dreams, Reflections*. As a child, Jung tried to alleviate his feeling of inner division by repressing one or the other of his two personalities, but he eventually realised that in order to live a full and fulfilled life he had to, first, maintain contact with both personalities (even though they conflicted), and, second, find ways to enable each personality to engage dialectically with the other.

This experience constellated an important insight: that psychological transformation – and therefore the process of individuation – depends upon a dynamic engagement with the opposites and the tension between them. Only in this way can a continuous process of psychic balancing be enabled, and one-sidedness avoided.

This idea runs like a red thread through every period and every aspect of Jung’s psychology. We see it in his early work on the complexes, and we see it played out in that dialogical meeting between personality 1 and personality 2 which Jung describes in *Memories, Dreams, Reflections* as his ‘confrontation with the unconscious’. Central to individuation, it runs through Jung’s ideas on the ‘transcendent function’ and on typology and achieves fruition in Jung’s magnum opus, *Mysterium Coniunctionis*.

Because the logic of the two personalities is fundamental to analytical psychology it has the capacity to provide a unique critical tool when turned back toward Jung’s psychology itself. Applied in this way, the reflexive critique immediately shows up an endemic one-sidedness in Jung’s psychology whereby the themes, motifs and ideas associated with personality 2 dominate, while the themes motifs and ideas that come with personality 1 are persistently ignored or rejected. For example, when we focus on the particular opposites, inner vs outer, and look at the ways in which Jung dealt with them in his life and in his work, what becomes apparent is a striking failure to maintain the logic of the creative and transformative dynamic he had developed. Instead, Jung one-sidedly identifies the inner realm with psychology itself, and thereby eliminates the outer as proper object for psychological attention.

This has meant that, despite Jung’s own pioneering work with transference and counter-transference (work that depends upon a relational – inner/outer – dynamic), analytical psychology has, on the whole, been marred by a persistent and problematic reluctance to engage with the outer other. This has led, among other things, to a long-lasting difficulty in dealing with, or even properly acknowledging, the psychosocial dimension.

This problem has become increasingly apparent as the relational, social and political realms becomes recognised more and more as active within, and critical to, depth psychology. By properly highlighting the logic of the two personalities we can begin to redress this imbalance with an acknowledgment that the collective unconscious may be encountered not only through intrapsychic relations with inner others, but also through extra-psychic engagement with the outer collective and outer others.

**Mark Saban** is a senior analyst with the Independent Group of Analytical Psychologists and a lecturer at the Department of Psychosocial and Psychoanalytic Studies, University of Essex. He co-edited *Analysis and Activism - Social and Political Contributions of Jungian Psychology* with Emilija Kiehl and Andrew Samuels (Routledge 2016) (Finalist American Board and Academy of Psychoanalysis Book Prize, Nominated Gradiva Award for Best Edited Book).

**Fri, Oct 4 17:30—21:00**  
Reception, Lecture & Dinner at the historic Zunfthaus zur Schmiden

**Sat, Oct 5 10:00—12:00, 14:00—16:00**  
Lectures at Zentrum Karl der Grosse

Details and Registration • [www.isapzurich.com](http://www.isapzurich.com)  
Registration Deadline Fri, Sept 27, 2019
Postlude
6 – 8 October, 2019

Excursion fee:
• General – CHF 90
• With Swiss Half Fare travel card – CHF 60

Entry fee per lecture, cash at the door:
• General Entry – CHF 30.00
• Students, Seniors, Disabled – CHF 20.00
• ISAP Students and Faculty – Gratis

ISAPZURICH, Stampfenbachstrasse 115, 8006 Zürich

Excursion
Sun. 6 Oct.
9:15–17:30
Paul Brutsche, Dr. phil.
Excursion to the Historic Swiss Town of St. Gallen
An opportunity to visit with Paul the interesting Swiss town of St. Gallen and its treasures, including the oldest library in Europe, now a designated UNESCO World Heritage Site, the adjacent Abbey Cathedral, St. Gallen’s collection of Outsider Art, and the unique architecture of Old Town. General excursion fee of CHF 90 (CHF 60 for holder of Swiss Half Fare travel card) includes round trip group travel, audio-guide and admission to the library and museum, and a coffee. Lunch is self-pay. Students of ISAP receive three hours of credit. Sign up and payment in cash will take place at the Zurich Lecture Series opening reception on Friday, 4 October. For more information, contact penelope.yungblut@zurichlectureseries.com

Mon. 7 Oct.
10:00–11:45
Brigitte Egger, Dr.sc.nat.ETH
Dante’s Divine Comedy: A Thorough and Exquisite Guide to Soul and Individuation Centered on Love

13:00–14:45
John Hill, MA
Estranged from Self and the World: What Can We Do?

Tues. 8 Oct.
10:00–11:45
Gunilla Midbøe, MSW
Visit from the Minotaur: A Myth and a Case Exploring the Boundaries and Limits of Ego-consciousness and Archetypal Powers

13:00–15:15
Civilization in Transition: Racism – A Jungian View
Panel discussion with Deborah Egger, MSW; Nancy Krieger, PhD; Bernard Sartorius, lic.theol; and Murray Stein, PhD, moderator
In general one must guard against theoretical assumptions... In my analysis they play no part. I am unsystematic by intention.
C.G. Jung (MDR, 1961/89, p.131)

- General Entry: CHF 30
- Students, Seniors, Disabled: CHF 20
- Gratis for ISAP Students and Analysts
- Payment in Cash at the Door

Stampfenbachstr. 115, 8006 Zurich
Tram 11 or 14 to Beckenhof

Wednesday, 6 November • 19:00 – 20:45

Ursula Ulmer, MA

How Do Cultures Evolve?
Progress? Process?

Wie entwickeln sich Kulturen?
Fortschritt? Prozess?

In these casual talks each semester, ISAP analysts offer glimpses into their personal approaches to Jungian analysis. (For ISAP students, not credited for training.)

More information
www.isapzurich.com • nancy.krieger@isapzurich.com • +41 (0)43 344 00 66
Searching for Soul in Times of Anxiety

Keynote Speaker
Thomas Moore, PhD
www.thomasmooresoul.com

Special Guests
Hari Kirin, MFA, MA
www.artandyoga.com

Craig E. Stephenson, PhD
www.craigestephenson.com

With Faculty of ISAPZURICH

May 23 – 30, 2020
Parkhotel Beau-Site
Zermatt, Switzerland

“I thought and spoke much of the soul. I knew many learned words for her. I had judged her and turned her into a scientific object. [...] Therefore the spirit of the depths forced me to speak to my soul, to call upon her as a living and self-existing being. I had to become aware that I had lost my soul.”

Details coming in November...
www.jungianodyssey.com
info@jungianodyssey.com

Photo: Zermatt Switzerland Matterhorn Night (2012) by Chensiyuan, GNU Free Documentation License v.1.2
Traumgruppe
Schöpferische Arbeit an den eigenen Träumen

Fünf 2-stündige Sitzungen
Jeweils Dienstags • 18.45 – 20.45 Uhr

Keine Vorkenntnisse nötig
Maximal 8 Teilnehmende

Unsere Spielregeln sorgen für ein Klima des gegenseitigen Respekts und Vertrauens.

Gruppenleiterin
Lucienne Marguerat, lic. phil.
Eidg. anerk. Psychotherapeutin ASP/SGAP/AGAP
Lehranalytikerin, Supervisorin ISAPZURICH

Traumdeutung nach C.G. Jung

• Träume überbringen uns Botschaften, die verstanden werden wollen. Sie reagieren auf Erleben und Gedanken aus dem Wachleben. Sie berichten von Gefühlen, die im Moment nicht wahrgenommen werden. Sie machen uns auf die tiefen Gründe für unser Verhalten aufmerksam.

• Ob bedrückend, verwirrend oder wunderschön, Träume sind eine heilsame und reichhaltige Quelle an Erkenntnissen über uns selbst.

• Die Träume haben ihre eigene Sprache; sie sprechen in Bildern ähnlich wie Märchen, Sagen und Religionen aller Zeiten. Wenn wir ihren Hinweisen und unseren Einfällen dazu nachgehen, werden verborgene Kräfte freigelegt.

• Welche Anregung will mir der Traum geben? Warum gerade jetzt?

Ort
ISAPZURICH
Stampfenbachstrasse 115, 8006 Zürich
Tram 11 oder 14 bis Haltestelle Beckenhof

Zahlung in bar
Fünf 2-stündige Sitzungen CHF 250.–
Zahlung an der Tageskasse, 29.10.2019

Verbindliche Anmeldung
Bis 15.10.2019
Per Email od. Telefon

Anmeldung • Weitere Infos
• Email: info@lmarguerat.ch
• Tel: 076 378 68 38
• www.lmarguerat.ch

• Unsere Spielregeln sorgen für ein Klima des gegenseitigen Respekts und Vertrauens.

• Keine Vorkenntnisse nötig
Maximal 8 Teilnehmende

• Gruppenleiterin
Lucienne Marguerat, lic. phil.
Eidg. anerk. Psychotherapeutin ASP/SGAP/AGAP
Lehranalytikerin, Supervisorin ISAPZURICH

• Zahlung in bar
Fünf 2-stündige Sitzungen CHF 250.–
Zahlung an der Tageskasse, 29.10.2019

• Verbindliche Anmeldung
Bis 15.10.2019
Per Email od. Telefon

• Anmeldung • Weitere Infos
• Email: info@lmarguerat.ch
• Tel: 076 378 68 38
• www.lmarguerat.ch
Encountering the Other: Jungian Analysts and Traditional Healers in South Africa

Reflections on two pioneering conferences in South Africa (2016, 2018): Jungian analysts meeting indigenous healers on an equal level for a dialogue about common topics such as healing practices, dream interpretation, use of intuition. Videos will be shown.

What is Analytical Psychology? Why ISAP?

After a broad overview of the basic tenets of Analytical Psychology we will look at what is specific to ISAP as an entry point and avenue for studies on the Jungian path, a life-changing endeavour.

Are Dreams an Antidote to the Pathology of a Shallow Modern World?

Burnout, depression, loneliness, meaninglessness, disorientation, aggression, contempt, lies and deception are haunting humanity.

The Jungian approach of the psyche through dreams and the importance of a caring therapeutical relationship are mirrored in modern science of the ‘social brain’.
A Clinical Discussion of the Case as Published in the Book “Forget me not – My journey through Jungian analysis – A Case Presentation” by Toni Woodward

It is rare in the field of psychotherapy for a client to be so open about their experience, therapy being such a personal and intimate encounter and Toni’s account covers both the positive personal growth she experienced, as well as those things she did not like. In this presentation, the reasons Toni sought analysis will be outlined, followed by descriptions of the unfolding process and the way her transference projections revealed unresolved issues arising from her earliest developmental experiences.

Readings:


--- Basic Jung ---

The Frog-King: When the Rejected Inner Other Comes to Call
An exploration of the Grimms’ tale “The Frog Prince, or Iron Henry” and its implications for our own inner courtship with the rejected Other and that of our analysands. Discussion will include objectification, broken promises versus those kept and dismissal and contempt versus engagement.

The Erotic Countertransference: An Aspect of Relationally Attuned Identification or Conduit to the Infantile/Erotic? A Case Illustration
This presentation centres on a first session when the analyst experienced an intense erotic countertransference of almost psychotic quality reflected in a fugue state that surpassed any sense of a gradual unfolding empathy. Several psychoanalytic viewpoints – including Jung’s – will be considered. This paper will highlight how these perspectives informed the clinical work over a ten year period.
<table>
<thead>
<tr>
<th>Psychological Interpretation of Pictures</th>
<th>The Role of Art Work in Psychotherapy</th>
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<tbody>
<tr>
<td>Lucienne Marguerat, lic. phil.</td>
<td>The art process has a natural healing potential. A picture made in or brought into therapy introduces a new presence within the therapeutic relationship. We will examine different kinds of pictures, and discuss the psychic process involved in the making of a picture as well as the role of the therapist.</td>
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<td>Thursday 05.09. 17:00-18:45</td>
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<td>Murray Stein, PhD</td>
<td>The Memories, Dreams, Reflections of C.G. Jung: A Reading</td>
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<tr>
<td>Paul Brutsche, Dr. phil.</td>
<td>This will be a performance reading with musical accompaniment of a selection of passages from Memories, Dreams, Reflections, with Paul Brutsche in the role of Jung speaking about his life as he looks back at the age of 85. With an introduction by Murray Stein. Rodney Waters on the piano.</td>
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<td>Thursday 05.09. 19:00-20:45</td>
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<th>Psychological Interpretation of Myths &amp; Fairy Tales</th>
<th>Eros and Psyche: A Relational Perspective on the Journey towards Love</th>
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<tr>
<td>Sheila Cowburn, MA</td>
<td>The Myth of Eros and Psyche is explored from a Jungian perspective through the lens of the psychological dilemmas the motifs represent in the psyche in a shifting patriarchal paradigm and its impact on relationships. The Eros/Psyche constellation will be viewed as the archetypal relatedness between men and women called along the soul’s journey from narcissism to mature Love. Overcoming powerful complexes and transcending narcissism are features of the soul initiated by Love.</td>
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<td>Friday 06.09. 10:00-11:45</td>
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<td>The Spiritual Dimension of Analytical Psychology: Goldmine or Minefield?</td>
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<td>A quest for meaning and values</td>
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<td>Sheila Cowburn, MA</td>
<td>The Self … Our Best Friend and Our Worst Enemy</td>
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<td>This lecture explores the vicissitudes of the relationship between the ego and the archetypal Self and how that connection develops during life and within an analysis. Often our deepest fear is taking the path that demands leaving behind what is too small for us. I explore the lived experience of the ego-Self relationship as it unfolds by traversing significant Jungian concepts – Ego, Archetype, Individuation and the Transcendent Function, concluding with comments on the human aspects of Love and Darkness.</td>
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<tr>
<td>Saturday 07.09. 10:00-11:45</td>
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The Roots of Chinese Traditional Medicine in the *I Ching*
The Universal Compass of the (Eranos) *I Ching* presents the mandala, the basis of Chinese culture. Its eight main trigrams with their manifold associations change in three specific ways or cycles allowing precise observations in psychosomatic illnesses, dreams, attitudes, etc. The *I Ching* and Chinese medicine can complement one another for the benefit of patients.

Presentation of a Seven Year Case
The report of a seven-year case using acupuncture and traditional medicine that became blocked until the introduction of Jungian concepts. This case shows a way to work through the shadow realm of the unconscious.

Comparison of the Chinese and Jungian Approaches
Both approaches will be looked at from the attitude of the practitioner’s role in the healing process. Several examples will be given.

How To Use the *I Ching* In Our Clinical Practice
Differences between the Eranos and Wilhelm versions of the *I Ching* will be used to show how this can be used on our clinical practice, ending with a general discussion.

Trickster, Primadonna or Pan? An archetypical view on Psychotherapy
The notion of Archetypes is one of the key ideas of Analytical Psychology. In this lecture the relevance of an archetypical approach in psychotherapy will be explained.

Working With What Life Presents
Life presents us with experiences of joy, surprise, and excitement and with challenges, transitions, and ruptures. We will explore how new possibilities for growth may be generated within the psyche, untapped inner resources discovered, and disappointment, pain, and sorrow worked through in the journey of individuation.

Need or Greed? Surviving in a Culture of Excess
How do we distinguish between our true needs and greed? This has become increasingly difficult in a culture that has celebrated excess, the limits of which have now become apparent. What kind of attitude is required to provide an antidote to greed?

Infant Research: The Origins of Attachment and Language
We will be looking at the development of the infant’s brain and the implications this has for the formation of attachment and language, two areas critical for future psychological growth.
Liminality as a Challenge in Jungian Analysis
First, the notion of liminality will be approached from a theoretical point of view. Definitions of liminality, its challenges, manifestations and consequences will be discussed. There will be many examples from the presenter’s clinical work.

C.G. Jung Basel Walking Tour
This is a guided walking tour of Basel to visit such sites as the Basel Cathedral, two buildings where Jung studied, and the parish in Kleinmünningen where Jung grew up. The tour highlights Jung’s dreams and provides anecdotes from his life as well as some basic information about Basel. The tour ends at Totengässlein at the Pharmaceutical Museum that houses a historical collection of healing methods and two alchemical laboratories. Costs for museum tickets are the responsibility of the participants. Further information will be provided upon request and/or registration.

Explorations into the Nature of Meaning
The word “meaning” is often bandied about, and is an important notion in Jung’s analytical psychology. But what do we mean by it; what is its nature? The first in a series under this title, this lecture focuses on the understanding of meaning, and the phenomenon of meaning-making, in several cultures and religious traditions. Future offerings under this title will explore meaning and its making through archetypal and neuro-scientific lenses.

Estranged from Self and the World: What Can We Do?
In today’s world we are exposed to a diversity of people, places and cultures that at times seem to overwhelm us. The world is no longer familiar, especially if we live in an urban environment. The Stranger, whether a person, place, culture or idea, poses a continual challenge to our sense of identity.

Visit from the Minotaur: A Myth and a Case Exploring the Boundaries and Limits of Ego-consciousness and Archetypal Powers
The myth of the Minotaur proposes consciousness of limits between the too familiar and the too different. The life and death of the Minotaur can speak to us about humanizing archetypal fields. A case study will be presented, focusing on the fear of otherness and how the resulting paralysis can be transformed within the analytical relationship.
Civilization in Transition: Racism – A Jungian View
A panel discussion moderated by Murray Stein with:
  Deborah Egger-Binories, MSW
  Nancy Krieger, PhD
  Bernard Sartorius, lic. theol

Imagination: The Creativity of Soul
We possess within us a sublime force of immeasurable power, which when handled unconsciously is often detrimental to us. If on the contrary we direct it in a conscious and creative manner, it gives us the mastery of ourselves. Sadly, the vast majority do not fully understand the creative role it plays in everyone’s life. The force of which I speak is the power of our imagination – the creative spark within us, which I refer to as the seeing power of soul.

The Ancient and Universal Traditions Regarding the True Nature of Dreams
This lecture will look at the ancient and universal traditions regarding the true nature of dreams, which has lost favour with modern man. This view holds that dreams are of divine origin – they are a vital part of life, essential, and a key element in one’s spiritual growth. Furthermore, this lecture will aim to bring to light historical and contemporary material that will help place spiritual dreaming in its rightful place at the center of the whole subject of dreams.

Vom Guten des Bösen und vom Schlechten des Guten
Nachdenken über die Freiheit zum Bösen und das Wagnis des Guten

Introduction to Psychological Trauma
An investigation into the history, symptoms and resulting cascade of physical effects set in motion by sustained deep suffering and resulting archaic defenses. Prerequisite for trauma seminar in the same semester.
Please read the trauma classic: J.L. Herman, *Trauma and Recovery*, 2015.

Active Imagination: Approaching the Unconscious
Historical background and practical application
The Goose Girl at the Well: The Heroine’s Task of Taming the Masculine and Reclaiming the Feminine on the journey to Wholeness aided by an Old Woman

The Grimms’ fairy tale “The Goose Girl at the Well” holds the pattern of a woman’s individuation task of integrating feminine and masculine aspects on the journey to wholeness. The fairy tale will be brought into connection with the tasks that many contemporary women face in analysis.

Empathy and the Language of Animals

Empathy that comes from understanding what animals “say” about a particular situation is a motif in folk-literature, in Hasidism, and the clinical work of Freud and Jung.

Illuminating Parallels: Inspiration, Archetype and Alchemy in the Life and Art of C.G. Jung and Hilma af Klint

Swedish artist Hilma af Klint (1862-1944) and C.G. Jung (1875-1961) were near contemporaries. By comparing and contrasting Jung’s first mandala sketches and drawings, af Klint’s Swan Series and woodcuts from the Rosarium Philosophorum, the themes of inspiration, archetypal patterns, alchemy, individuation, and Zeitgeist are brought together, inspiring ways of knowing.

Play, Imagination and Stories: Psychotherapy with Children and Adolescents on the Basis of C.G. Jung

Children and adolescents are often not acquainted with psychotherapy. In this course an approach to working with children and adolescents will be presented and the basic principals of analytical psychotherapeutic work with children will be related.

The Theory and Practice of Dream Interpretation

The course will cover Jung’s theory of dream interpretation, including how to approach the interpretation of a dream, and practice in interpreting dreams.
Alle Kurse im Hauptsaal S1 sofern nicht anders angegeben. / All courses in the main lecture hall S1 unless otherwise noted.

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Herbst 2019 Autumn
In 1918-19 I was in Chateau d'Oex as Commandant de la Région Anglaise des Internés de Guerre. While I was there I sketched every morning in a notebook a small circular drawing, a mandala, which seemed to correspond to my inner situation at the time. With the help of these drawings I could observe my psychic transformations from day to day. One day, for example, I received a letter from that aesthetic lady in which she again stubbornly maintained that the fantasies arising from my unconscious had artistic value and should be considered art. The letter got on my nerves. It was far from stupid, and therefore dangerously persuasive. The modern artist, after all, seeks to create art out of the unconscious. The utilitarianism and self importance concealed behind this thesis touched a doubt in myself, namely, my uncertainty as to whether the fantasies I was producing were really spontaneous and natural, and not ultimately my own arbitrary inventions. I was by no means free from the bigotry and hubris of consciousness which wants to believe that any halfway decent inspiration is due to one's own merit, whereas inferior reactions come merely by chance, or even derive from alien sources. Out of this irritation and disharmony within myself there proceeded, the following day, a changed mandala: part of the periphery had burst open and the symmetry was destroyed.

Only gradually did I discover what the mandala really is: "Formation, Transformation, Eternal Mind's eternal recreation." (Faust, Part Two) And that is the self, the wholeness of the personality, which if all goes well is harmonious, but which cannot tolerate self-deceptions.

My mandalas were cryptograms concerning the state of the self which were presented to me anew each day. I them I saw the self – that is, my whole being – actively at work

_Memories, Dreams, Reflections C.G. Jung_ pages 195-6