READING LIST

This reading list is intended to serve as a study guide during exam preparation and throughout training. In it we bring together the recommendations of a large number of ISAP faculty, hoping in this way to reflect the scope and depth of knowledge addressed by and pertinent to Jungian psychology.

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## COMMENTS

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**Star** If a star (*) is shown instead of a shelf mark, the item is not available in the ISAP library.

**Titles** Complete item titles are listed in *italics*; titles of chapters, articles, etc: Appear in “quotation marks”
01  FUNDAMENTALS OF ANALYTICAL PSYCHOLOGY

A  Basic Readings: Jung, C.G.

CW 3  “The Content of the Psychosis”. Chap. II.  JCE3
CW 4  “The Theory of Psychoanalysis”. Chap. II.  JCE4
CW 5  Symbols of Transformation.  JCE5
CW 6  Psychological Types.  JCE6
CW 7  Two Essays in Analytical Psychology.  JCE7
CW 8  The Structure and Dynamics of the Psyche.  JCE8
CW 9/II  Aion. Chapt.I-IV.  JCE9/II
CW 12  Psychology and Alchemy.  JCE12
CW 18  “The Tavistock Lectures”. Chap. I.  JCE18

Letters. (2 vols.)  JCE-L1/I-II


Man and his Symbols. London, Aldus, 1964.  JE1

B  Further Recommendations

Dieckmann, H.  Complexes: Diagnosis and Therapy in Analytical Psychology. Wilmette, Chiron, 1999.  PA-Di2E


Hannah, B. *Encounters with the Soul: Active Imagination as Developed by C. G. Jung*. Santa Monica, Sigo, 1981. PA-Hn4E


Henderson, J. *Thresholds of Initiation*. Wilmette, Chiron, 2005. PA11

Henderson, J. *Shadow and Self*. Wilmette, Chiron, 1990. PA367

Hillman, J. *Anima*. Woodstock, Spring, 1985. PA-Hi8


Stein, M. *Jung’s Map of the Soul*. Chicago, Open Court, 1998. PA-St5E


Sullivan, B.S. *Psychotherapy Grounded in the Feminine Principle*. Wilmette, Chiron, 1990. PA270


Wolff, T. *Structural Forms of the Feminine Psyche*. Küsnacht, C.G. Jung-Institute Zurich, 1985. XW6
02  PSYCHOLOGY OF DREAMS

A  Recommended Readings: Jung, C.G.

CW 5  *Symbols of Transformation*. JCE5
CW 8  “General Aspects of Dream Psychology”, “On the Nature of Dreams”. JCE8
CW 12  Part II: “Individual Dream Symbolism in Relation to Alchemy”. JCE12
CW 16  “The Practical Use of Dream Analysis”. JCE16
CW 18  “Symbols and the Interpretation of Dreams”. JCE18

Additional Passages in the Collected Works

CW 7 §§121-191, 202-220. JCE7
CW 8 §§ 299-312. JCE8
CW 9/I §§ 70-79. JCE9/I
CW 10 §§ 301-325. JCE10
CW 11 §§ 37-63. JCE11
CW 17 §§ 263-283. JCE17

Other


B  Freud

**C  Further Recommendations: Analytical Psychology**


**D  Further Recommendations: Psychoanalysis, Psychotherapy**


**E  Selected Additional Readings: Analytical Psychology**

Alex, W.  *Dreams: The Unconscious and Analytical Therapy*. San Francisco, C. G. Jung Institute, 1971. XW19

Covitz, J.  *Visions in the Night: Jungian and Ancient Dream Interpretation*. Toronto, Inner City, 2000. DA8


Mattoon, M. *Understanding Dreams.* Woodstock, Spring, 1984. DA13
Boa, F. *How Dreams Help.* Einsiedeln, Daimon, 1999. DA11

**F Selected Additional Readings: General interest**

Krippner S *Dreamtime and Dreamwork: Decoding the Language of the Night.* New York, Tarcher, 1990. DA4
Mindell, A. *Dreambody: The Body’s Role in Revealing the Self.* Santa Monica, Sigo Press, 1982. PA131E

Update April 2012
**G Scientific Research**


03 PSYCHOLOGICAL INTERPRETATION OF MYTHS & FAIRY TALES

A Basic Readings

Jung, C.G.

CW 9/I “The Phenomenology of the Spirit in Fairy Tales”, “On the Psychology of the Trickster Figure”. Chap. V. JCE9/I

CW 13 “The Spirit Mercurius”. Chap. IV. JCE13

Other


Franz, M.-L.v. Shadow and Evil in Fairy Tales. Dallas, Spring, 1983. PA-Fa1E


B Important Supplementary Readings


Lopez-Pedraza, R.  *Hermes and his Children.* Einsiedeln, Daimon, 1989.  PA144E


Ovid  *Metamorphoses.* Dallas, Spring Publications, 1989.  HL24


C  Further Recommendations

Dieckmann, H.  “Favourite Fairy Tales of Childhood”. In: *Journal of Analytical Psychology* 16(1971)1. Z
Kerényi, K.  *Athene: Virgin and Mother in Greek Religion.* Woodstock, Spring, 1996. GG12E
Kerényi, K.  *Goddesses of Sun and Moon.* Dallas, Spring, 1987. GG11


**D Reference Works**


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04 PSYCHOLOGICAL INTERPRETATION OF PICTURES

A  Basic Readings

Jung, C.G.

CW 10  “UFO in Paintings”. Chap. V/3. JCE10
CW 15  “Picasso”. Chap. V/2. JCE15

Other


B  Supplementary Readings

Bach, S.  Life Paints Its Own Span: On the Significance of Spontaneous Paintings by Severely Ill Children. 2 vols. Einsiedeln, Daimon, 1990. HA1Ea,b


Koch, K. *The Tree Test*. Bern, Huber 1952. Q5E


05 ETHNOLOGY & PSYCHOLOGY

A Jung, C.G.

*Memories, Dreams, Reflections* (in particular the chapters on his travels to North Africa, Kenya and Uganda, the Pueblos, India). JE4

CW 10 “The Archaic Man”. JCE10

B Other


Bührmann, V. *Living in Two Worlds.* Wilmette, Chiron, 1986. A100

Burleson, B. *Jung in Africa.* New York, Continuum, 2005. JX12


Henderson, J.L. *Thresholds of Initiation.* Wilmette, Chiron, 2005. PA11
Kirsch, T., Rutter V.B., Singer, T.  

Lewis-Williams, D., Dowson T.  

Lewis-Williams, D.  

Thomas, M. E.  

Shostak, M.  

Singer, T., Kimbles, S.L.  

Stevens, A.  
*The Two Million-Year-Old Self.* College Station, Texas A & M University Press, 2009. PA406

Turner, V.W.  

Turner, V.W.  

Van der Post, L.  

Van der Post, L.  

Gennep, A.v.  
06 RELIGION & PSYCHOLOGY

A Basic Readings

Jung, C.G. “Psychology and Religion”. In: Psychology and Religion: West and East. CW 11, §§ 1-168. JCE11

Jung, C.G. “Introduction to the Religious and Psychological Problems of Alchemy”. In: Psychology and Alchemy. CW 12, §§ 1-51. JCE12


B Egyptian Religion


Schweizer, A. The Sungod’s Journey Through the Netherworld: Reading the Ancient Egyptian Amduat. Ithaca, Cornell University Press, 2010. PA-Sz2E
C  Mesopotamia and Ugarit


D  Judaism


Jung, C.G. “Answer to Job”. In: Psychology and Religion: West and East. CW 11. JCE11


Kluger, Y. A Psychological Interpretation of Ruth. Einsiedeln, Daimon 1999. PA405


The Cambridge History of Judaism. 4 vols. Cambridge University Press. *

Davies W.D., Finkelstein, J. Vol. II The Hellenistic Age. (1990) *
Horbury, W., Davies, D., Sturdy, J. Vol. III The Early Roman Period. (2000) *

E  Christianity


Jung, C.G. “A Psychological Approach to the Dogma of the Trinity”. In: Psychology and Religion: West and East. CW 11. JCE11


Jung, C.G. “Christ, a Symbol of the Self”. In: Aion : Researches into the Phenomenology of the Self. CW 9/II. JCE9/II


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I Native America


J Islam


K Hinduism


## L  Buddhism


## M  China


## N  Shintoism


## O  Tibet


ASSOCIATION EXPERIMENT & THEORY OF COMPLEXES

A  Basic Readings

Part I: Studies in Word Association:
“The Association of Normal Subjects”,
“Experimental Observation on the Faculty of Memory”,
“Psychoanalysis and Association Experiments”,
“Association, Dream and Hysterical Symptom”.
In: Experimental Researches. CW 2.  JCE2

Jung, C.G.  “The Psychology of Dementia Praecox”.
In: The Psychogenesis of Mental Disease. CW 3.  JCE3

Jung, C.G.  “On Psychic Energy”,
“Review of the Complex Theory”.
In: The Structure and Dynamics of the Psyche. CW 8.  JCE8


B  Supplementary Readings


Dieckmann, H.  Complexes: Diagnosis and Therapy in Analytical Psychology. Willmette, Chiron, 1999. PA-Di2E


Kast, V.  
PA-Ka11E

Knox, J.  
PA332

Meier, C.A.  
PA-Me1E

Shalit, E.  
PA202
A Basic Readings


Jung, C.G. *The Development of Personality.* CW 17. JCE17, XJE7
Jung, C.G. “The Significance of the Father in the Destiny of the Individual”. In: CW 4. JCE4, XJE4


B Object Relations Theory and Attachment Theory


C Trauma Theory


Kalsched, D.  
*The Inner World of Trauma: Archetypal Defenses of the Personal Spirit.* London, Routledge, 2005.  PA13

Levine, P.A., Frederick, A.  

Miller, A.  

---

### Neuroscience and Modern Neuropsychoanalysis

Eliot, L.  

Siegel, D.  

Schore, A.  

---

### Developmental Theories and Clinical Practice

Beebe, B., Lachman, F.M.  

Stern, D.  

Wilkinson, M.  

---

### Further Recommendations

Blos, P.  

Blos, P.  

Falk, D.  

Fraiberg, S.H.  

Pinker, S.  

Stone, L.J., Church, J.  

Wickes, F.  

Wickes, F.  
*Inner World of Man.* New York, Frederick Ungar, 1948.  PA213
09 COMPARATIVE THEORY OF NEUROSION

A Basic Readings

Jung, C.G.

CW 5 Symbols of Transformation. JCE5

CW 6 Psychological Types.
Esp. X: “General Description of the Types”. JCE6

CW 7 Two Essays on Analytical Psychology. JCE7

CW 8 The Structure and Dynamics of the Psyche.
JCE8

CW 16 The Practice of Psychotherapy.
(Except Part 2, Chapter III). JCE16

CW 3 The Psychogenesis of Mental Disease.
“On Psychological Understanding”. (Supplement to “The Content of the
Psychosis”). JCE3

Other

Freud, S. The Standard Edition of the Complete Psychological Works of Sigmund
Freud: Vol.XV (1915-1916) Introductory Lectures on Psycho-Analysis (Parts

Freud, S. The Standard Edition of the Complete Psychological Works of Sigmund

Freud, S. The Standard Edition of the Complete Psychological Works of Sigmund
Freud: Vol.XXII (1932-1936) New Introductory. Lectures on Psycho-

Psychological Works of Sigmund Freud: Vol.XIV (1914-1916) on the History
of the Psycho-Analytic Movement. Papers on Metapsychology and Other


Frey-Rohn, L. From Freud to Jung. New York, Putnam's Sons, 1974. PA-Fr1E
B Supplementary Readings for Exam Preparation

Asper, K.  

Balint, M.  

Balint, M.  

Bowlby, J.  

Bowlby, J.  

Bowlby, J.  

Damasio, A.  

Damasio, A.  

Doi, T.  

Fonagy, P. e.a.  

Giegerich, W.  

Guntrip, H.  

Hochheimer, W.  

Jacobi, J.  

Jacoby, M.  

Jacoby, M.  

Jacoby, M.  

Kast, V.  
Kawai, H.  
*Buddhism and the Art of Psychotherapy.* College Station, Texas A&M University Press, 1996.  PA104

Kawai, H.  

Knox, J.  

Knox, J.  

Kohut, H.  

Kohut, H.  

Kuiper, P.  

Levenson, J.L.  

Levine, P., Frederick, A.  

Lichtenberg, J.D.  

McWilliams, N.  

McWilliams, N.  

Neumann, E.  

Ribi, A.  
*Demons of the Inner World: Understanding our Hidden Complexes.* Boston, Shambhala, 1990.  PA-Rb1E

Schwartz-Salant, N.  
*The Borderline Personality: Vision and Healing.* Wilmette, Chiron, 1989.  PA-Sw1E

Shedler, J.  
*That was Then, This is Now: An Introduction to Contemporary Psychodynamic Therapy.* PDF from http://psychsystems.net/shedler.html Department of Psychiatry University of Colorado School of Medicine, 2006. XW24

Sullivan, B.S.  
*The Mystery of Analytical Work: Weavings from Jung and Bion.* London, Routledge, 2010. PA400

Symington, N.  


10 PSYCHOPATHOLOGY & PSYCHIATRY

A Basic Readings (Propaedeuticum and Diploma)

APA
Diagnostic and Statistical Manual of Mental Disorders: DSM-IV TR.

WHO

Schulte-Markwort, M., Marutt, K., Riedesser, P.

Bash, K.

Millon, T., Blaney, P.H., Davis, R.D.

Scharfetter, C.

Oyebode, F.

Gelder, M. e.a.

Kaplan, H.I., Saddock, B.J.

Katona, C.

Murray, R., Hill, P., McGuffin, P.

B Supplementary Readings (Propaedeuticum)

Jung, C.G.
Psychiatric Studies. CW 1. JCE1

Jung, C.G.
Experimental Researches. CW 2. JCE2

Guggenbühl-Craig, A.
Eros on Crutches. Dallas, Spring, 1980. PA-Gb4E
C  Supplementary Readings (Diploma)

Toy, E.C., Klamen, D.  

Carlat, D.  

Jung, C.G.  
*The Psychogenesis of Mental Disease.* CW 3.  JCE3

Jung, C.G.  
*Psychiatric Studies.* CW 1.  JCE1, XJE1

Arieti, S.  

Beebe, J.E., Rosenbaum, C.P.  

Frey-Wehrlin, C.T.  

Gut, E.  

D  Further Recommendations

Jungian

Baynes, H.  

Kidel, M., Rowe-Leete, S.  

Micklem, N.  
“The Intolerable Image: The Mythic Background of Psychosis”. In: *Spring* 1979.  Z

Perry, J.  
*The Far Side of Madness.* Dallas, Spring, 1974.  PA12

Plaut, A.  
“Transference Phenomena in Alcoholism”. In: Fordham, M. e.a.: *Technique in Jungian Analysis.* London, Heinemann, 1974.  PA87:2

Wilkinson, M.  
*Coming Into Mind.* London, Routledge, 2006.  PA126

Wilkinson, M.  

Other

Burton, R.  

Greenberg, J.  

Jamison, K.R.  

Szasz, T.  
11 THE INDIVIDUATION PROCESS

A Basic Readings

Jung, C.G.

CW 8 “The Transcendent Function”, “The Stages of Life”, “The Soul and Death”.
    JCE8

    Process of Individuation”, “Concerning Mandala Symbolism”.
    JCE9/I

CW 11 “Answer to Job”, “Commentary on the Tibetan Book of the Dead”.
    JCE11

CW 9/II Aion. (Optional). JCE9/II

CW 12 Psychology and Alchemy. JCE12

CW 13 Alchemical Studies. JCE13

CW 14 Mysterium Coniunctionis. (Optional). JCE14

CW 16 Psychology of the Transference. JCE16

    JCE18

Other


Franz, M.-L.v. Alchemy: An Introduction to the Symbolism and the Psychology. Toronto,
    Inner City, 1980. PA-Fa8E

    London, Aldus, 1964. JE1


Wilhelm, R. JE12
B Important Supplementary Readings


Jung, C.G.  “The Development of Personality”. In: CW 17, Chap. VII.  JCE17


Schweizer, A.  *The Sungod’s Journey Through the Netherworld: Reading the Ancient Egyptian Amduat.* Ithaca, Cornell University Press, 2010.  PA-Sz2E
12 PRACTICAL CASE

A Basic Readings: Jung, C.G.
CW 16 The Practice of Psychotherapy. JCE16
Dream Analysis. JCE-S1

B Supplementary Readings: Jungian
Pa-As2E
Beebe, J., McNeely, D., Gorden, R. "The Case of Joan: Classical, Archetypal, and Developmental Approaches".
Leonard, L.  
*Witness to the Fire: Creativity and the Veil of Addiction.* Boston, Shambhala, 1990. PA142

Papadopoulos, R.  

Schwartz-Salant, N.  
*The Borderline Personality: Vision and Healing.* Wilmette, Chiron, 1989. PA-Sw1E

Schwartz-Salant, N.  
*Narcissism and Character Transformation: The Psychology of Narcissistic Character Disorders.* Toronto, Inner City, 1982. PA-Sw2

Schwartz-Salant, N., Stein, M.  
*The Borderline Personality in Analysis.* Wilmette, Chiron, 1988. PA-St12

Stein, M.  
*Jungian Analysis.* La Salle, Open Court, 1994/1995. PA-St7

Stein, M.  
*Jungian Psychoanalysis: Working in the Spirit of C. G. Jung.* Chicago, Open Court, 2010. PA-St15

Solomon, H.M.  

Sidoli, M., Blakemore, P.  

Ulanov, A.B.  
*Spiritual Aspects of Clinical Work.* Einsiedeln, Daimon, 2004. PA-UI2

**C Supplementary Readings: Other Schools**

Balint, M.  

Kohut, H.  

Stolorow, R.D., Brandschaft, B., Atwood, G.E.  

Yalom, I.  