

# THE SONG OF THE SOUL: The Transpersonal Dimension of Sound and Psyche

Lena Måndotter, MA

Music should be an essential part of every analysis. Music reaches the deep archetypal material that we only sometimes reach in our analytical work with patients. This is most remarkable.

C.G. Jung (*Letters*, vol. 1, p. 542)

My professional life has been devoted to the healing powers of art and music. In the Zurich Lecture Series, I will share some psychological insights and spiritual experiences from this lifelong voyage with soul and song.

At the core we are all vibrations, musical compositions in motion and that is why we resonate in communion with the world of music.

The human voice is the only instrument that sounds from within, and it is deeply connected to heart and soul. In the timbre and tonal nuances of the voice we can perceive psychic messages – way beyond

words. The sound of the voice mirrors what is going on in the depths of psyche and this touches us deeply.

To liberate the voice is to liberate psyche. To free the sound is to free the soul. Singing requires deep listening, instinctual attention, pure vocal presence, and the song is a musical alchemical vessel for psychospiritual transformation. Music is a magical magnet, a sacred gift from the Muses, so that our songs can sound the mana of the Mysterion.

[Interview: Murray Stein  
& Lena Måndotter](#)



**Wed, 2 Oct • 17:30–21:30**

Reception, Lecture, Concert & Dinner at  
the historic Zunfthaus zur Schmiden

**Thurs, 3 Oct • 10:00–15:30**

Lectures and light lunch at  
Foyer St. Anton

Registration by 24.09.2024 • [www.zurichlectureseries.com](http://www.zurichlectureseries.com)

