

The 17th Jungian Odyssey
Annual Conference & Retreat

***Ora et Labora:* Doing the Self in Uncertain Times**

May 25 – June 1, 2024
Disentis Monastery
Disentis, Switzerland

Guest Speakers

Catherine Cox, BA (UK)
Marian Dunlea, MSc (Ireland)
Patricia G. Michan, MA (Mexico)
Polly Young-Eisendrath, PhD (USA)

With Friends & Faculty of ISAPZURICH

Peter Ammann, Dr. phil.
Richard Blennerhassett, MB, FRCPI, FRCPsych
Maria Grazia Calzà, Dr. phil.
Katharina Casanova, lic. phil.
John A. Desteian, JD, DPsy
Brigitte Egger, Dr. sc. nat. ETH
Deborah Egger, MSW
Allan Guggenbühl, Dr. phil.
Lisa M. Holland, MS
Ann Chia-Yi Li, MA
Lena Måndotter, Singer/Song-Therapist
Bernard Sartorius, lic. theol.
Yuriko Sato, MD
Jody Schlatter, Dr. med.
Murray Stein, PhD
Nancy van den Berg Cook, PhD, PsyD
Ilsabe von Uslar, lic. phil.
Penelope Yungblut, MA

“You can never come to your self by building a meditation hut on top of Mount Everest; you will only be visited by your own ghosts and that is not individuation [...]. The self only exists inasmuch as you appear. [...] Not that you *are*, but that you *do* is the self. The self appears in your deeds, and deeds always mean relationship [...].”

• C.G. Jung, *Nietzsche's Zarathustra: Notes of the Seminar Given in 1934-1939*, Vol. 2, “Winter Term January 29, 1936,” Ed. James L. Jarrett (Princeton: Princeton Univ. Press, 1988), p. 795.

ISAPZURICH
INTERNATIONAL SCHOOL OF
ANALYTICAL PSYCHOLOGY ZURICH
AGAP POST-GRADUATE JUNGIAN TRAINING

Program Details

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Jungian Odyssey 2024 Since 2006 our annual conference and retreat has opened ISAPZÜRICH's post-graduate program to all with interest in C.G. Jung's Analytical Psychology. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is this, the particular *genius loci*, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey's topic. So, too, this spirit imbues our presenters' analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairytale, dream, myth, art, religion, personal and collective experience, and clinical practice.

Ora et Labora: Doing the Self in Uncertain Times

The *genius loci* continues to guide us, now as we set out for the village of Disentis/Mustér (1,130 meters/3,700 feet) in Canton Graubünden and its historical Disentis Monastery, standing at the foot of Lukmanier Pass and Oberalp Pass. With its founding ca. 720 AD as a Benedictine hermitage, the early religious community continuously defended itself against foreign invasion, starvation, the plague, alleged witchery—and far later, burning and plundering by Napoleon's troops. Adjoining the monastery today is the stunning Baroque church St. Martin's, "where light renounces noise." Originally completed in 1712, St. Martin's underwent a highly impressive (and costly) restoration from 2016-2019. The monastery still houses a small group of Benedictine monks, who welcome visitors to their hourly prayers and at their celebration of the Eucharist.

Inspired by the peaceful beauty of this place and its

ongoing Benedictine tradition, we want to explore potential links between the monastic practice of "*ora et labora*"—"pray and work"—and one of Jung's particular ideas about the challenge of individuation: How do we manifest the Self or the "god within us" in our daily lives, incarnating it in our concrete deeds (C.G. Jung, CW7, §399)? How might we ground our action in the spirit while allowing our spiritual practices to be informed by our acts? While facing the urgent issues of our own uncertain times—including the ecological crisis, widespread wars, proliferation and intrusion of technology and fundamentalisms—Jungian psychology offers a rope to hold tightly, as we plunge into the depths of our own souls. With grace, might we discover or retrieve the light that illuminates our path, radiating through our own practice, relationships, and community?

Retreat Setting Disentis Monastery

Over the course of time, the monastery became a well-known spiritual and educational center, which also maintains a private high school with a significant number of boarding students. So, we may encounter some of the young people during this Odyssey! In keeping with monastic tradition, the bedrooms are rather small, clean, and simply furnished. Most of the rooms are located within the monastery itself, while some are footsteps away. Most rooms are equipped with a toilet and shower or bath; a few have shared facilities on the same floor. A salon, a reading room, and a cozy bistro with an outdoor terrace all offer casual gathering places. At certain points within the monastery halls, you may view the building's ancient stone foundations—and you will find precious historical treasures displayed in the small museum. Throughout the premises, wireless LAN is available (at no cost), but limited to 6:30 AM – 11:30 PM. *Early registration is recommended, as space is limited and the Odyssey typically books out. Also, early birds receive a price advantage!*



Claustra St. Martin, ©Tilman2007, Aug. 21, 2004, Own Work, Creative Commons Attribution-Share Alike 3.0 Unported License ([Wiki Media Commons](#); downloaded Nov. 5, 2023)

Odyssey Packages Include • Group bus Zürich/Disentis/Zürich • hotel room & full board (daily breakfast, lunch, and dinner) • morning meditation • mid-morning coffee breaks • 2 wine receptions • 7-day academic program with a film evening, a private organ recital in the church, and one afternoon opt-in excursion (at cost). • **Exception: Package #3** The academic program is excluded for non-attendee partners (apart from the Saturday lectures and the special events [p.3], which they are welcome to attend). • **Exception: Package #4** is a limited 2-day "taster" program for residents of the Disentis area (*group bus travel, hotel overnights, and hotel amenities are not included*).

Limited Enrollment • Unparalleled Value

Register soon to ensure your place
and save on your Odyssey package!

Final Registration Deadline: April 5th

Package Costs • Registration by March 15 • in CHF

- #1 1 Attendee, single room • 2,900.00
- #2 2 Attendees, 1 double room, per person • 2,750.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 4,100.00
- #4 Odyssey Taster May 25 & 26, per person: 260.00

Package Costs • Registration after March 15 • in CHF

- #1 1 Attendee, single room • 3,200.00
- #2 2 Attendees, 1 double room, per person • 3,050.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 4,500.00
- #4 Odyssey Taster May 25 & 26, per person: 290.00

ISAP students are subject to other Terms & Conditions, including other costs and deadlines, provided by the FO.

To register, click on the links below

- [General Terms & Conditions](#)
- [General Registration: Packages #1, #2, #3](#)
- [Taster Registration: Package #4](#)

Special Events • Odyssey Packages #1, #2, #3*

Sunday • Organ Recital in the Monastery Church

After dinner on Sunday we invite you to a recital with music played by the church's organist, Brother Stefan Keusch, on the church's mighty, 4,000-pipe organ. *Dress warmly, as the church is not heated and can be quite cold!* (*Included also in Package #4)



Monday • I Confess • By Alfred Hitchcock (1953)

Starring, among others, Montgomery Clift and Anne Baxter, Hitchcock's film noire is billed as a "crime thriller about a priest who comes under suspicion for murder but can't clear his name without violating the seal of the confessional." The film will be discussed from a Jungian perspective as part of Richard Blennerhassett's combined lecture and seminar on Tuesday.



Wednesday • Opt-in Excursion Choices

1. CHF 40.00 • Cog Railway Ride, Walk to Devil's Bridge & Guided Tour, Talmuseum Ursern

Cost covers round-trip cog rail trains and the guided museum tour. With the help of its cog wheel, the train ascends at an incline of 11% to Oberalp Pass (2,044 meters / 6,706 feet), where it travels along the beautiful Oberalp Lake before descending steeply to Andermatt (1,447 meters / 4,747 feet). An easy one-hour loop walk then leads us to Devil's Bridge, which spans the Schöllenen Gorge and the roaring Reuss River, and offers a "hair-raising glimpse into the gorge's depths [...]. [...] [In times past,] there was no way to reach this [...] gorge when travelers crossed the Gotthard Pass. [So,] the Urseren Valley villagers themselves built steps, wooden walkways, and paths. [L]egend has it that [...] the devil offered to help, but the villagers were able to outwit him." ("Schöllenen Gorge," *My Switzerland*, accessed Oct. 31, 2023)

After the walk, we'll visit the Talmuseum Ursern in the village of Andermatt. Housed in a building constructed in 1765, this small, intimate museum displays the crafts and artifacts of a by-gone era of village mountain life. Guided tour: 45 minutes



2. No Cost • Hike: Sedrun to Disentis

Cost of the one-way cog rail train to near-by Sedrun is covered by the Odyssey. The popular 9-km (ca. 6-mile) hike from Sedrun to Disentis takes 3-4 hours, following a path that parallels the train tracks. Along the way, we pass an impressive railway viaduct (commissioned in 1926) and have spectacular views of distant mountain peaks. Rated as medium level, this hike ascends 60 meters (200 feet) to an elevation of 1,400 meters (4,600 feet); descent: 360 meters (1,200 feet). *Wear hiking boots or sturdy walking shoes. No sandals or street shoes!*



Friday • Gala Closing

After our reflections on the week, join a hike from the monastery to the village of Disla and back (see p. 10), or rest and get ready for our traditional gala closing. A wine reception will get us started, and we will proceed to a celebratory 4-course dinner.

• Photo Credits Top to Bottom

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- Still from Hitchcock's *I Confess*, Robert Burks, Cinematography, 1953 ([The Movie Scene](#); downloaded Nov. 14, 2023)
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Program • 2024

Ora et Labora: Doing the Self in Uncertain Times

Group Travel Info p. 11 • Program Overview p. 12 • Presenters' Biographies pp. 13-14

SATURDAY MAY 25

12:15-15:00	Arrival, Wine Reception, Lunch, Hotel Check-in
15:15-15:45	Welcome & Introduction Maria Grazia Calzà, Dr. phil. & Lisa M. Holland, MS Academic Co-Chairs, Jungian Odyssey
15:45-17:00	Polly Young-Eisendrath, PhD (L) The Rivers Dark: A Development View of the Archetype of Self Our universal human predisposition (archetype) to form an individual identity or self emerges from a source of darkness that cannot be grasped or seen directly. In this presentation, I show how we can discern and trace the patterns of our archetypal self by engaging with the life we are in—especially the relationships, crises, and uncertainties. I draw on my own life, my clinical practice with couples, the Gospel of St. John, and Zen Buddhism, all the while following the guidance offered in the lyrics by Leonard Cohen and Sharon Robinson, “By the Rivers Dark.”
17:00-17:15	Break
17:15-18:30	Marian Dunlea, MSc (L) “Sweating Our Prayers”: BodyDreaming as an Approach to the Numinous The BodyDreaming process is a conscious attunement of our nervous systems to bring ourselves into greater coherence with the self-regulating principle that governs all life in our universe. This is the work of “sweating our prayers”—a conscious alignment with the Self that has its roots in the body, in particular in the body’s nervous system. We come to recognize in the process that our body and soul, psyche, and matter, are each reflectors of what Jung referred to as “the <i>numen</i> , the hint of the god” (<i>Visions: Notes of the Seminar Given in 1930-1934, Vol. 2</i> [Routledge, 1997, p. 919]).
18:30-19:45	Dinner
20:00-21:00	Who’s Who? An informal gathering for getting acquainted

By the Rivers Dark

I did not know
 And I could not see
 Who was waiting there
 Who was hunting me

By the rivers dark
 I panicked on
 I belonged at last
 To Babylon

Then he struck my heart
 With a deadly force
 And he said: “This heart
 It is not yours!”

• Leonard Cohen and Sharon Robinson, Excerpted from “By the Rivers Dark,” *Ten New Songs* (Columbia Records, 2001)

KEY

L = Lecture

S = Seminar

W = Experiential Workshop

SoL = Seminar on Lecture

L&S = Lecture & Seminar

L&W = Lecture & Experiential Workshop

Confidentiality is to be strictly observed for all experiential workshops (W), for our temenos, and for seminars that deal with personal and/or case material.

Experiential Workshops (W) entail self-exploration and sharing aspects of one's personal life. Therefore, for the protection of personal boundaries, attendance is excluded for analysts of ISAPZURICH and any others who might either anticipate encountering, or *do* encounter analysands, patients, and/or supervisees at these events.

**SUNDAY
MAY 26**

	7:15-7:45	Meditation with Penelope Yungblut	
	7:30-9:00	Breakfast	
	9:00-10:15	Allan Guggenbühl, Dr. phil. (L) Inner Voices in Difficult Times: Distraction or Solace? In this lecture I will concentrate on the effects, dangers, and resources that confront us in times of turmoil and personal and collective uncertainties. What happens when everything around us seems to crumble? It isn't necessarily always a disaster, but might open us up to new pathways.	
	10:15-10:45	Coffee Break Book Sales	
	10:45-12:00	Panel Discussion (S) Polly Young-Eisendrath & Marian Dunlea with Penelope Yungblut	
	12:30-13:30	Lunch	
CHOICE	14:00-16:00	<ul style="list-style-type: none"> • Polly Young-Eisendrath (SoL) The Rivers Dark: A Development View of the Archetype of Self • Marian Dunlea (W) "Sweating Our Prayers": BodyDreaming as an Approach to the Numinous • Allan Guggenbühl (SoL) Inner Voices in Difficult Times: Distraction or Solace? 	
	17:00-18:00	Temenos For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following Jung's metaphorical use of the image, for all who wish to join, our temenos offers a protected space for the sharing of personal experience, insights, and questions related to this Jungian Odyssey. Facilitated by Grazia Calzà and Lisa Holland, and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Thursday.	
	18:30-19:45	Dinner	
	20:30-21:10	Organ Recital • St. Martin's Church <i>Wear warm clothing—the church is not heated and will be quite cold!</i>	

"So it comes home to us that the body is the ultimate reason of everything which can be represented in and by consciousness. [...] The great realization of the end of the nineteenth century is that the body is extremely important, at the bottom of the whole business, and any change which happens to the body will influence the mind." • C.G. Jung, *Nietzsche's Zarathustra: Notes of the Seminar [...]*, Vol. 1 (Princeton Univ. Press, 1998, pp. 349-350)

**MONDAY
MAY 27**

	7:15-7:45	Meditation with Grazia Calzà	
	7:30-9:00	Breakfast	
	9:00-10:15	Bernard Sartorius, lic. theol. (L) <i>Ora et labora: The Paradoxical Quality of Human Existence Illustrated by the Life and Work of the Stateless Painter Giovanni Segantini</i> “Ora” (pray!) is the injunction to give up one’s intentions and leave our lives to “God”— psychologically, to the “Self”. “Labora” (“work, act!”) expresses trust in one’s conscious intentions and actions. Thus, “ora” and “labora” seem to move in opposite directions. Yet these injunctions at the basis of the Benedictine order are connected by a paradoxical “et”, i.e., “and”, which seemingly relativizes the radical opposition. Looking at the life and some paintings of the great painter Giovanni Segantini, we will try to show that this basic paradox belongs unavoidably and mysteriously to every aspect of what Jung calls “individuation”.	
	10:15-10:45	Coffee Break Book Sales	
	10:45-12:00	Penelope Yungblut, MA (L) For This I was Born: Discernment, Call, Service How may we distinguish the voice of the Self from the cacophony of voices within? What are its hallmarks? Why do we feel so alive when we respond to that which lies deepest within? Where do we find the strength and perseverance to serve and actualize the Self when the call we discern runs counter to dominant cultural values? We will explore these questions and engage with examples of seeking, living, and “doing the Self” in everyday life.	
	12:30-13:30	Lunch	
CHOICE	14:00-16:00	<ul style="list-style-type: none"> • Penelope Yungblut (SoL) For This I was Born: Discernment, Call, Service • Brigitte Egger, Dr. sc. nat. ETH (L&S) <i>Labora orando, ora laborando—Listening to the Call of the Self in the Ecological Crisis</i> Nowadays, “do the self” is a call that beckons not only from within ourselves, but also from our outer ecological crisis. Our needed response echoes traditional spiritual practices and even religious vows. Indeed, the ecological crisis is a psychic crisis that reveals a deficient worldview and a loss of embeddedness in a dimension larger than ourselves. Both the inner and outer crises call for revivifying our mystical relationship to earth and soul. A symbolic exploration of the symptoms of ecological (and societal) issues unveils meaningful images of the unlived soul life of our time—yet it also helps develop deeply grounded perspectives for this doubly needed turnaround. No individuation without ecological concern. • Jody Schlatter, Dr. med. (L&S) The Uncertain Times of Julian of Norwich Much like our world today, fourteenth century England was beset by war, epidemics, and religious intolerance. Yet, the woman mystic Julian of Norwich managed to avoid persecution while she reflected upon her profound visions and wrote candidly about them. We will explore her remarkable path of individuation during these most difficult times. 	
	18:30-19:45	Dinner	
	20:00-21:35	<i>I Confess!</i> • A Film by Alfred Hitchcock (1953) • A must-see for attendees of Richard Blennerhassett’s combined lecture and seminar (Tues, May 28)	

**TUESDAY
MAY 28**

	7:15-7:45	Meditation with Lisa Holland	
	7:30-9:00	Breakfast	
	9:00-10:15	Catherine Cox, BA (L) “Run, while you have the light of life—lest the darkness of death overtake you!” To paraphrase Jung, “Individuation separates the individual from collectivity, leaving a tragic guilt that must be redeemed. We must offer a ransom in place of ourselves, a realizable equivalent value for society. Without this production of values, final individuation is immoral and—more than that—suicidal” (CW18, §1095). Today the “lament of the dead” is heard around the world in increasingly extreme events. Jung urged the “build[ing] of community so that the living and the dead images will become one and the past will live on in the present” (<i>The Red Book</i> , Sonu Shamdasani, Ed., Philemon Series, W.W. Norton & Co., 2009, p.342). The liminal experience of <i>communitas</i> offers a vibrant dialectic. How can we respond to the call for solitude, individuation, <i>and</i> community in a way that is deeply transformative?	
	10:15-10:45	Coffee Break Book Sales	
	10:45-12:00	Patricia G. Michan, MA (L) The Dynamic Equilibration of Opposites—Mattering Spirit and Inspiring Matter: The Doing of the Self Strikingly, Jung’s personal experience of the dynamic separation and synthesis of opposites became apparent already when he was 12 years old, in his vision of the turd smashing the cathedral. The process is evidenced as well as in his experiences recorded in <i>The Red Book</i> , and in his alchemical studies. In my lecture, I map core concepts of this theoretical unfolding: the recognition, separation, and dynamic equilibration of opposites. This aspect of Jung’s foundational thought richly supports our understanding of the dynamics of virtually any pair of opposites, including the highly elaborated monastic practice of <i>ora et labora</i> .	
	12:30-13:30	Lunch	
CHOICE	14:00-16:00	<ul style="list-style-type: none"> • Catherine Cox (W) “Run, while you have the light of life—lest the darkness of death overtake you!” • Patricia G. Michan (SoL) The Dynamic Equilibration of Opposites—Mattering Spirit and Inspiring Matter: The Doing of the Self • Richard Blennerhassett, MB, FRCPI, FRCPsych (L&S) Suspended Between Heaven and Earth: The Spirituality of Alfred Hitchcock Alfred Hitchcock was raised a Catholic. As a boy, he attended St. Ignatius, a Jesuit college in London. In an interview he once said that the Jesuits taught him “organization, control, and to some degree analysis.” A Catholic imagination influenced Hitchcock’s compassionate treatment of the darker aspects of our human nature. This combined lecture and seminar explores his search for the “God within us” as it manifests in two of his most personal films: <i>I Confess</i> (1953), which with its central Christ like figure, affirms a traditional view of faith; and <i>Vertigo</i>, in which the protagonist, enthralled by the obsession of romantic love, ends up experiencing a personal Calvary looking out over a world devoid of meaning. 	
	17:00-18:00	Yuriko Sato, MD, Director of Studies • International Program An Information Meeting: Continuing Education & Training at ISAPZURICH	
	18:30-19:45	Dinner	

WEDNESDAY

MAY 29

7:15-7:45	Meditation with Ann Chia-Yi Li	
7:30-9:00	Breakfast	
9:00-10:15	Ann Chia-Yi Li, MA (L) The Rain-Maker for Our Time In this lecture, we will explore the Daoist Wei Wu-Wei wisdom embodied in the story of the rainmaker and elaborate the story further as both a symbolic expression of the ego-Self axis, and as a living expression of the alchemical Pelican for the circumambulation of the individuation process.	
10:15-10:45	Coffee Break Book Sales	
10:45-12:00	Murray Stein, PhD (L) with Lena Måndotter, Singer, Song-Therapist Chanting the Rebirth of a God: The Incantations in Jung's <i>Red Book</i> The search for soul in the 21st century goes on. This presentation consists of a lecture by Murray Stein on Jung's Orphic incantations in <i>The Red Book</i> and the rebirth of spirituality for postmodern times. The lecture is followed by a performance of enchanting songs by Lena Måndotter. We will conclude with audience discussion.	
12:30	All: Pick-up Your Box Lunch (whether you join an excursion, or not)	
CHOICE Excursion	<ul style="list-style-type: none"> • Advance sign-up required • Train schedule subject to change <p>12:45 All: Gather at the monastery main entrance to depart for the train station.</p> <p>Option #1 • Cog Rail Ride, Devil's Bridge, & Museum Tour 13:14 Train to Andermatt 14:22 Arrival, Andermatt Loop-Walk to Devil's Bridge (ca. 1 hour) Cog Rail Return to Andermatt 16:15 Talmuseum Ursern Guided Tour (45 minutes) 17:28 Train to Disentis 18:39 Arrival, Disentis</p> <p>Option #2 • Hike from Sedrun to Disentis 13:14 Train to Sedrun Hike from Sedrun to Disentis (ca. 3-4 hours) 18:00 Approximate Arrival, Disentis</p>	
19:15-20:30	Dinner (at the monastery)	

"The spirit of the holy has fallen into the unconscious, and we can no longer find this light by the official means, but only by arduous and difficult dialogue with the unconscious [...]. It is as if the sun had been extinguished and instead of Apollo or Phoebus, we have a new kind of radiance, a galaxy of little lights, a night sky of stars. To see these lights we must learn to see in the dark, discern glimmers of myth in dream and moments of grace in the ordinariness of our lives. The divine light has been humbled and we have to humble ourselves to recover it."

- David Tacey, *The Darkening Spirit: Jung, Spirituality, Religion* (Routledge, 2013, p. 4)

**THURSDAY
MAY 30**

<p>7:15-7:45 7:30-9:00</p>	<p>Meditation with Susanna Bucher</p> <p>Breakfast</p> <p>Experiential Workshops • A Day of Intense Immersion</p> <ul style="list-style-type: none"> • Morning coffee break: time to be announced • Lunch 12:30-13:30 	
<p>CHOICE 9:00-16:00</p>	<ul style="list-style-type: none"> • Lena Måndotter, Singer, Song-Therapist (W) The Song of the Soul—A Voyage into the Mystery of the Imaginal Realm of Psyche and Sound This workshop offers a journey into the artistic, therapeutic, and transpersonal dimensions of sound, song, and music. No previous experience with music or singing is required! We will playfully explore the psyche's landscape through vocal expression by combining creative approaches to sound, symbol, image, breath, and movement. While releasing and reclaiming our own authentic voices, we also deepen our knowledge of the psychological aspects of sound. So we learn what it can mean to embody devoted attention and presence, and how to listen from a deep place, in sound and in silence. • Katharina Casanova, lic. phil. & Ilsabe von Uslar, lic. phil. (W) To Whom and to What Do I Pray—and How? Using a guided imagination technique, we will approach the divine, the numinous—be it inside or outside of ourselves. The images arising will come to life as we work creatively with paint, clay, and other creative materials. Art supplies are provided—but feel free to also bring your own. • Deborah Egger, MSW (L&W) The Proof is in the Pudding: Do Your Relationships Withstand the Test of Individuation? This combined L&W develops a modern monastic approach to intimate relationships: praying and working to reveal each partner's fullness of being. We will explore in detail what it means to individuate in our most personal relationships, taking into account our weaknesses and strengths, our wounds and potentials. • Nancy van den Berg Cook, PhD, PsyD (L&W) "Right Action": A Jungian Alchemical Approach According to Jung, only the Self knows what we need to do in the world and what our own unique contributions can be. "Right action" in the outer world (<i>labora</i>) requires what Jung calls "meticulous attention" to our inner world (<i>ora</i>). In this combined L&W, we explore Jung's understanding of alchemy and its psychological meanings related to "ora" and "labora". For example, the alchemical stage of <i>calcinatio</i> means "burning up"—but with what? Desire? Anger? Love? Case examples and experiential exercises will enhance our physical and emotional discernment of the alchemical processes that unfold within us, aiming toward healing and wholeness. Recommended reading: Edward F. Edinger, <i>Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy</i> (Open Court Publ., 1999). 	
<p>17:00-18:00 18:30-19:45</p>	<p>Temenos with Grazia Calzà & Lisa Holland</p> <p>Dinner</p>	

"[A]n individual path to spirituality [...] is grounded in personal experiences and lived by reflecting on them using a psychological perspective. It exists outside of all religious and organizational structures."

- Murray Stein, *Minding the Self: Jungian Meditations on Contemporary Spirituality* (Routledge, 2014, p. 4)

**FRIDAY
MAY 31**

7:15-7:45

Meditation with Deborah Egger

7:30-9:00

Breakfast

9:00-10:15

John A. Desteian, JD, DPsy (L)

Doing the Self in Uncertain Times

"Doing the Self in Uncertain Times" expresses the contradictions and difficulties this lecture addresses: the difference between being a self and doing a self, and the tensions manifestly acted out in our present political atmosphere of progression versus regression. In the current situation, one might have to ask if it is possible to do the self without confronting the internal and external dimensions of regression and progression. And, further, can one be a self without doing a self?

10:15-10:45

Coffee Break | Book Sales

10:45-12:00

Peter Ammann, Dr. phil. (L)

Music and Melancholy:

Marsilio Ficino's Archetypal Music Therapy

In this lecture I deal with melancholy (today's depression) as it was understood by the great Renaissance philosopher Marsilio Ficino (1433 – 1499). Among his remedies was music, whereby he proposed to temper the melancholic influence of Saturn with songs addressed to the more benign planets. Further, he prescribed the construction of a vaulted chamber in the bowels of one's house, where the afflicted should sleep and also spend most waking hours: *ora et labora*! In Jungian terms, Ficino's remedies amount to a conscious attempt, using active imagination, to reestablish emotional relatedness. As his ideas point to Jung's rehabilitation of the feeling function in particular, I translate the doctrine of this "Renaissance doctor of the soul" into modern psychological language and convey the importance of his message for us today.

12:30-13:30

Lunch

14:00-15:00

Grazia Calzà & Lisa Holland (S)

Reflections on the Week

15:15-18:15

Special Offer • Hike to the Village of Disla

Photo: Disla and Cavardiras Near Disentis, ©Albifon, Own Work, July 25, 2014, Creative Commons Attribution Share-alike 4.0 International License (Wiki Media Commons, downloaded Nov. 10, 2024)



- Hike duration: ca. 2.5 hours
- Disla elevation: 1,051 meters (3,448 feet)
- Sign-up at the Odyssey

Join Susanna Bucher for a loop-hike along the Rhine River to the tiny historical artisan village of Disla (still ca. 90 inhabitants). See old wooden homes with charming gardens and other buildings with traditional picturesque facades. Further attractions: a flour mill, weaving

mill, and cheese dairy; and the octagonal St. Luzius Chapel, held to be among the most beautiful

Baroque buildings in Switzerland. This hike is rated as medium-level, ascending and descending 150 meters (500 feet).

Wear hiking boots or sturdy walking shoes. No sandals or street shoes!

No Cost • More Information: info@jungianodyssey.com

18:30-24:00

Gala Closing

18:30-19:00 • Wine Reception

19:00-24:00 • Dinner

**SATURDAY
JUNE 1**

7:00-8:00

Hotel Check-Out & Breakfast

8:00

Bus Check-in

8:30

Bus Departs for Zürich

11:15

Approximate drop-off at Zürich Airport, Departures

11:45

Approximate arrival at the Zürich Bus Station

Your Stay in Zürich

For your connecting overnights in Zürich—and/or for your stay during the Prelude—we suggest the hotels below. All are centrally located, within walking distance from the main train station and bus station, and close to public transportation. All serve breakfast and have free wireless LAN. For other convenient options, see: <https://isapzurich.com/en/about/directions/>

Fred Hotel Zürich • Limmatstrasse 5, 8005 Zürich ****
(Formerly Walhalla) Directly opposite the bus station
Tel: +41 (0)44 446 5400
Email: hauptbahnhof@fredhotels.ch
Website: <https://fredhotels.ch/en/fred-hotel-zurich-hauptbahnhof/>

Hotel Montana • Konradstrasse 39, 8005 Zürich ****
Tel: +41 (0)43 366 6000
Email: reservation@hotelmontana.ch
Website: <https://hotelmontana-zurich.com>

Hotel Limmathof • Limmatquai 142, 8001 Zürich ***
Tel: +41 (0)44 267 60 40
Email: info@limmathof.com
Website: <https://limmathof.com/en/>

Group Travel Information

Saturday, May 25 • Bus • Zürich to Disentis



The Zürich Bus Station (CarPark Ausstellungsstrasse)

- **Car/Taxi Entry:** Ausstellungsstrasse 15, 8005 Zürich
- **Pedestrian Entry:** Opposite Starbucks and Fred Hotel on Limmatstrasse 5, 8005 Zürich
- **9:00 AM check-in & luggage loading.** Look for a white bus marked “Kopf”, or find us in or near the covered seating area.
- **9:30 AM departure**

The above photo shows the *pedestrian entry* to the bus station, opposite Starbucks and Fred Hotel. It is but a short walk from the Zürich Main Train Station and Hotel Montana. The same entry can be reached on tram #4, #13, or #17. Get out at Sihlquai/HB; walk ca. 3 minutes.

Prelude • May 21-24, 2024

Consider coming early to Zürich, to attend the ISAP Prelude on your way to the Odyssey! This is a chance to experience our on-campus life and historically protected home, the erstwhile post office built in 1911, with an Art Nouveau design. At this occasion you are welcome to:

- **Attend the 3-day academic program** with a package discount for lectures
- **Join our spring semester excursion** Museum C.G. Jung House on the lakeside in Küsnacht, Zürich; at cost for the entry fee and round-trip transportation
- **Celebrate with us** Semester closing with music, wine, and generous appetizers (Apéro riche)—no cost
- **Attend analysis or supervision** Costs and payment methods vary according to the analyst.

To arrange appointments, consult our [List of Analysts](#), or send an online request to our [Counseling Service](#).

Kindly make appointments with the Counseling Service and individual analysts well ahead of your arrival.

Attendance of the Prelude requires separate registration and payment directly with ISAP:

Prelude Details & Registration

Jungian Odyssey Committee

info@jungianodyssey.com

Academic Co-Chairs

Maria Grazia Calzà, Dr. phil.
Lisa M. Holland, MS

Committee Co-Chairs

Susanna Bucher, Dr. sc. nat. ETH
Isolde Kunerth, dipl. päd.
Stacy Wirth, MA

Photo Albums & Programs

To view photos and programs of Jungian Odysseys dating back to the first, in 2006, click on the link below:

Jungian Odyssey Archives

We heartily thank the volunteer ISAP students who photograph the Odyssey from year to year.

Tentative Overview • Jungian Odyssey 2024

KEY: L = Lecture • S = Seminar • SoL = Seminar on Lecture • L&S = Lecture & Seminar • W = Experiential Workshop

Rooms															
Room		Room		Room		Room		Room							
Sat, May 25		Sun, May 26		Mon, May 27		Tues, May 28		Wed, May 29		Thurs, May 30		Fri, May 31		Sat, June 1	
		Meditation w/Yungblut		Meditation w/Calzà		Meditation w/Holland		Meditation w/Ann Li		Meditation w/Bucher		Meditation w/D. Egger		7:00-8:00 Hotel Check-out & Breakfast	
7:15-7:45		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		8:00 Bus Check-in	
7:30-9:00		Guggenbühl (L)		Sartorius (L)		Cox (L)		Li (L)		vdBerg (L&W)		Desteian (L)		8:30 Bus Departure	
9:00-10:15		9:00 Bus Check-in		Coffee Book Sales		Coffee Book Sales		Coffee Book Sales		Coffee Book Sales		Coffee Book Sales		ca. 11:15 Arrival	
10:15-10:45		9:30 Bus Departure		Yungblut (L)		Michan (L)		Stein/Måndotter (L)		Måndotter (W)		Ammann (L)		Zürich Airport, Departure Terminal	
10:45-12:00		ca. 12:15 Arrival & Apéro		Panel: Young-Eisen, Dunlea w/Yungblut (S)		Yungblut (L)		Michan (L)		Måndotter (W)		Lunch		ca. 11:45 Arrival, Zürich Bus Station	
12:30-13:30		Lunch		Lunch		Lunch		Lunch		12:30 Pick up Box Lunch		Lunch			
14:00-16:00		14:00-15:00 Hotel Check-in		Young-Eisendrath (SoL)		Dunlea (W)		Guggenbühl (SoL)		Blennerhassett (L&S)		Cox (W)		van den Berg Cook (L&W)	
		15:15-18:30: 15:15-15:45 Welcome Calzà & Holland 15:45-17:00 Young-Eisen (L) 17:00-17:15 Break 17:15-18:30 Dunlea (L)		Young-Eisendrath (SoL)		Dunlea (W)		Guggenbühl (SoL)		Blennerhassett (L&S)		Cox (W)		D. Egger (L&W)	
17:00-18:00				Temenos w/Calzà & Holland		Info Mtg w/Sato: Training at ISAP		Cog Rail to Sedrun Hike Sedrun to Disentis Return ca. 18:00		12:45 Main Entrance Meet for Excursions 13:14 Cog Rail to Andermatt, Walk to Devil's Bridge & Museum Tour Return 18:39 - or - 13:14 Cog Rail to Sedrun Hike Sedrun to Disentis Return ca. 18:00		Casanova/von Uslar (W)		14:00-15:00 Reflections on the Week (S)	
										15:15 Main Entrance Meet for Hike to Disla Return ca. 18:15					
18:30-19:45		Dinner		Dinner		Dinner		Dinner		19:15-20:30 Dinner		Dinner		18:30-19:00 Apéro	
20:00-21:00		Who's Who?		20:30-21:10 Organ Recital in the Church		20:00-21:35 Hitchcock Film: "I Confess"								19:00 Gala Dinner	

Presenters' Biographies

KEY Asterisk (*) = Analyst/Member of the Faculty, ISAPZURICH (ISAP)
AGAP = International Association of Graduates in Analytical Psychology (founder of ISAP)
CGJI-ZH = C.G. Jung Institute Zürich, Küsnacht
IAAP = International Association for Analytical Psychology
JOS = Jungian Odyssey Series, Published by Spring Journal and Books

GUEST SPEAKERS

Catherine Cox, BA is a Jungian Analyst (BJAA) working in private practice in London. Her early background in theology, pastoral theology (Jesuit-affiliated Heythrop College at the University of London) and ministry (inner city parish and prison chaplaincy) gave way to her career as a lawyer in an international law firm, before the two opposites came together in her vocation as an analyst. Her training in Sensorimotor Psychotherapy, with its neuroscientifically-informed techniques, opened the door to working with the body, whilst *The Red Book* nurtured the spiritual dimension. Catherine's passion for community and her interest in inter-generational trauma (especially what Jung perceived as the "lament of the dead") are currently reflected in her work with the #WithUkrainianJungians project (see <https://aras.org/wui>).

Marian Dunlea, MSc IAAP, ICP, is a Jungian analyst and Somatics practitioner who has been teaching and leading workshops internationally for the past 30 years, integrating body and soul. She is the creator of BodyDreaming®, an embodied practice, and is director and teacher of the BodyDreaming Training Program. She is head of the BodySoul Europe training program, sister organization of the Marion Woodman Foundation, where she is core faculty. With the development of her unique approach BodyDreaming®, Marian incorporates developments in neuroscience, trauma therapy, attachment theory with Jungian psychology, and the phenomenological standpoint of interconnectedness. Her book, *Body-Dreaming in the Treatment of Developmental Trauma—An Embodied Therapeutic Approach* (Routledge), won the Gradiva Award in 2019 for best book with National Association for the Advancement of Psychoanalysis (NAAP) and is Co-Winner of The International Association for Jungian Studies Best Book Award, 2019. www.mariandunlea.com

Patricia G. Michan, MA, is a Jungian analyst certified by the IAAP (in 1995) with private clinical practice in Mexico City (since 1982). Founder and director of Centro Mexicano C.G. Jung. Assistant editor for the JAP's Editorial Board. Member of IAAP and IRSJA. She has researched and published widely about the relationship between Analytical Psychology, ancient indigenous mythologies from Mexico, current cultural paradigms, and parallel patterns and dynamics in the individual psyche, including: "Reiterative Disintegration: Historical and Cultural Patterns and the Contemporary Mexican Psyche," in Gudaite and Stein, Eds., *Confronting Collective Trauma: Jungian Approaches to Treatment and Healing* (IASJ); "Analysis and Individuation in the Mexican Psyche: Culture and Context," *Journal of Jungian Theory and Practice*; "Analysis and Individuation in Latin Cultures and Contexts: The Mexican Psyche," in *Proceedings of the Fifteenth International Congress for Analytical Psychology* (2003); and "Dismemberment and Reintegration: Aztec Themes," *Journal of Analytical Psychology*.

Polly Young-Eisendrath, PhD is a teacher, author, speaker, psychologist, and Jungian analyst with a full-time practice in central Vermont (USA) who has published 19 books (and many chapters and articles) including *The Cambridge Companion to Jung* (edited with Terence Dawson); *The Self-Esteem Trap: Raising Confident and Compassionate Kids in an Age of Self-Importance*; and *Love Between Equals: Relationship as a Spiritual Path*. She is the co-author, with Jean Pieniadz, of a new book: *Dialogue Therapy for Couples and Real Dialogue for Opposing Sides: Methods Based on Psychoanalysis and Mindfulness*. Polly also directs the non-profit Center for Real Dialogue and co-hosts two popular podcasts: *ENEMIES: From War to Wisdom*; and *Waking Up Is Not Enough: Flourishing in the Human Space*. She is a lifelong Buddhist practitioner and a Mindfulness teacher.

FACULTY* & FRIENDS, ISAPZURICH

Peter Ammann, Dr. phil.* studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAP, maintaining his private practice in Zürich. He has lectured internationally. Peter is an avid documentary filmmaker, having discovered this path in the 1960's after apprenticing in Rome with Federico Fellini. Among his documentaries are: *Hlonipa: Journey into Wilderness*; *Sandplay with Dora Kalff*; *Spirits of the Rocks*, and *Mabi's Feast: Sangomas Celebrating San*. His most recent films, released in 2022, are recordings of anniversary lectures held at

ISAP and/or CGJI-ZH: "*What My Power Figures Tell Me [...]*," and *A Visit to Jung—Revisited*.

Dr. Richard Blennerhassett, MB, FRCPI, FRCPsych is a Consultant Psychiatrist in private practice in Dublin. He graduated from University College Dublin (1984) and completed post-graduate studies in General Medicine. Drawn to the theories of C.G. Jung, he trained as a psychiatrist in Dublin and the U.K. He is a former Clinical Director of Saint Ita's Hospital, Dublin and Saint John of God Hospital, Dublin. The insights of Analytical Psychology have shaped his clinical practice and he has, over the years, given lectures and workshops in Dublin and at ISAP. His passion for cinema has fueled his research on the films of Alfred Hitchcock, which he has presented at film conferences celebrating his work.

Katharina Casanova, lic. phil.* clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor, and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

John A. Desteian, JD, DPsy* is a diplomate Jungian psychoanalyst who recently moved to Zürich after having practiced in St. Paul, Minnesota since 1983. He authored the book *Coming Together—Coming Apart: The Union of Opposites in Love Relationships* (SIGO 1990; Chiron 2021). His many articles and book reviews appear in professional journals and anthologies that focus on interpersonal (object) relations, gender, creativity, and politics. His published essays include "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedah" (JOS Vol. III, 2011). John is the founder and former chairman and executive director of the US foundation, Jungian International Training Zurich (JITZ). For many years he was a member of AGAP's ExCo, serving from 2010-2013 as its co-president and delegated member of the IAAP ExCo. Currently he is the treasurer of AGAP and ISAP.

Brigitte Egger, Dr. sc. nat. ETH* is a scientist with a private analytic practice in Zürich and serves as a training analyst and supervisor at ISAP. As an ecologist she introduces to the field of environmental protection the psychic and symbolic dimensions of collective matters related to such phenomena as energy, water, predators, market globalization, and dance. She lectures and publishes regularly in four languages, e.g., "Dante's Cosmogonic Love Moves the Stars: May It Move Me!" (JOS Vol. V, 2013); "Reading Collective Events: Ecological Issue of Energy and Globalization of the Market;" "La sacralità dell'acqua;" and "Raubtiere, mythologisch und tiefenpsychologisch betrachtet."

Deborah Egger, MSW* is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her diploma in Analytical Psychology from CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus? [...]" (JOS Vol. I, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a past president of AGAP, she served on the IAAP ExCo. She has two grown children and holds American and Swiss citizenship.

Allan Guggenbühl, Dr. phil.* is the son of the Swiss psychiatrist and Jungian analyst Adolf Guggenbühl Craig and the Scottish artist and folk singer Anne Craig. He spent his childhood in Omaha, USA and Zürich, Switzerland. An avid guitarist, he taught music in various Swiss schools and later received his doctoral degree in Psychology and Education from the University of Zürich. He served as a school psychologist in Frick before becoming Director of the Dept. of Group Therapy at the Educational Counseling Center in Bern (1987–2017) and Professor of Education at the University of Zürich (1997–2017). Since 1997 he has been the Director of the Institute for Conflict Management and Mythodrama in Zürich (www.ikm.ch). Guggenbühl has authored several books and articles, and is well known as a specialist in conflict management and youth issues. Private Practice in Zürich. www.allanguggenbuehl.com

Ann Chia-Yi Li, MA* is originally from Taiwan, where she studied both English and Chinese literature. She is an ISAP training analyst and supervisor, now serves as ISAP's vice-president, and maintains a private practice in Zürich. Ann served on ISAP's Program Committee from 2013-2023. In 2015, she initiated the international Mu-Shuei Jung Conference and Retreat in Taiwan. In 2016, she co-founded a Jungian study program through the establishment of the Analytical Psychology School SG in Singapore. She has lectured widely on Daoist alchemy, *The Red Book*, active imagination, and Zen meditation.

Lena Måndotter, Singer/Song-Therapist,* born in 1959, graduated from ISAP in 2022. She is a Swedish singer and song-therapist (dipl. RSA London), who is also involved in the worlds of film, music, poetry, painting, photography, and Marion Woodman's BodySoul Rhythms®. Her film, "Letters to a Young Singer," was shot in the Cretan mountains of Greece, where Lena lived for many years. She has published several books, exhibited her photography, released a series of music albums, and has toured nationally and internationally since 1990. For more than 25 years, she has offered workshops and individual sessions in song-therapy, focusing on the spiritual and therapeutic aspects of sound and psyche, song and soul. She has taught at The Royal Academy of Music in Stockholm and in a number of different Jungian settings. <https://lenamandotter.com/bio.html>

Bernard Sartorius, lic. theol.* received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zürich. He is a training analyst and supervisor at ISAP. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/ou on meurt," in *Vouivre, Cahiers de psychologie analytique, Pèlerinages*, Numéro 11, 2011; and his book on the Orthodox Church, *L'Eglise orthodoxe, Grandes religions du monde*, Vol. 10 (Edito-Service, 1982).

Yuriko Sato, MD,* born in Kyoto, studied medicine in Osaka. She graduated from the CGJI-ZH in 2005, and in 2007 returned to live in Switzerland. She is a training and supervising analyst at ISAP, where she also offers lectures and seminars, and serves as the Director of Studies for the International Program. Currently, she serves as well on AGAP's ExCo. She conducts her private analytic practice in Zürich and Bern.

Jody Schlatter, Dr. med.,* born in Canada, studied Medicine in Vancouver and Zürich, and trained in psychiatry in Zürich. She has practiced as a psychotherapist since 1992, and as a Jungian analyst since 1996. She is a training analyst and supervisor with ISAP, and served previously as a member of the Board of Advisors to the Jung Center in Bangalore, India. Her special interests include the *I Ching* and mysticism. Her publications include articles on Julian of Norwich, individuation, and life after death. She lives with her husband and grown-up children in the Zürich Oberland.

Murray Stein, PhD,* ISAP training analyst and supervisor, and served previously as ISAP's co-president and president of the IAAP. His published works include the essay, "On Synchronizing Time and Eternity," in *International Journal of Jungian Studies* (Taylor and Francis Online, Oct. 2015). His many book publications include *In Midlife: A Jungian Perspective* (Chiron, 2014); *Minding the Self: Jungian Meditations on Contemporary Spirituality* (Routledge, 2014); and re-published in 2018: *The Principle of Individuation* (Chiron); and *Practicing Wholeness* (Chiron). With Steve Buser he is co-editor of the *Zürich Lecture Series in Analytical Psychology* (Chiron), which is published following the weekend lecture series co-hosted each autumn by Chiron and ISAP.

Nancy van den Berg Cook, PhD, PsyD* is a Jungian analyst and clinical psychologist with 27 years of private practice in the Netherlands. She was a bio-med research scientist with a PhD from University of California Berkeley, when she decided to change careers to become a Jungian analyst. After many years of study and re-training she was certified by the IAAP in 2004, then continued to earn a PhD in psychology. For 8 years she was president of the former Netherlands Association of Jungian analysts. She has written articles on archetypal cultural movements and teaches a variety of Jungian subjects for both the general public and Jungian training institutes, including ISAP.

Isabe von Uslar, lic. phil.* is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor, and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

Penelope Yungblut, MA,* ISAP training analyst, is a graduate of Harvard College, the Guild for Spiritual Guidance, and CGJI-ZH, and conducts her private practice in the USA. She offers lectures, seminars, and workshops at ISAP, focusing on the journey to the Self; healing emotional wounds; discovering the transformative potential of active imagination; working with dreams and images; deepening one's sense of self and agency; and living a creative life. She aspires to integrate recent ideas from other schools of thought with Jungian understanding. She is the director of the non-profit Touchstone, Inc. which serves those who aspire to respond to what lies deepest within, to find purpose and meaning, and to become more authentic and alive.

JUNGIAN ODYSSEY COMMITTEE

Susanna Bucher, Dr. sc. nat. ETH* is an environmental scientist, graduated from ISAP in 2019. She has a private analytic practice in Zürich, while also serving on ISAP's Jungian Odyssey and Program Committees. Susanna offers lectures and seminars at ISAP and elsewhere. In 2022, she published two articles in the *Journal of Analytical Psychology* (#67/5), including "The Spiral of Plastic Pollution: A Compensatory Urge from the Collective Unconscious for an Ecological-Psychological Transformation of Civilization." She is a board member of the Zürich-based charitable foundation, Sustainability in Agriculture, Health, Education and Environment (sahee). Her interests include development cooperation, ecology, nature, music, and mysticism.

Maria Grazia Calzà, Dr. phil.* grew up under the olive trees of northern Italy. Before earning her diploma at ISAP (2017), she received her PhD in Medieval History, Theology, and Psychology at the Albert-Ludwigs-Universität in Freiburg (DE). She authored a book on the role of the body in the mysticism of Marie d'Oignies, the first Beguine, and has published various articles (e.g., "The Thinking Heart: The Individuation Process in Late Medieval Mystic Women," in *Jung Journal Culture & Psyche*, 10:3, 3-14, 2016). Grazia lectures internationally and conducts her private practice on Lake Garda, Italy, working as a Jungian analyst and philosophical/existential counselor.

Lisa M. Holland, MS,* a licensed clinical counselor and Jungian analyst, graduated from ISAP in 2014. She trained in mindfulness-based somatic psychotherapy, and practices and consults on the Central Coast of California. More recently, Lisa has incorporated neurofeedback into her practice to support physiological regulation, thereby supporting clients' availability to analytic work. Her areas of interest include trauma recovery, creativity, embodiment, and group process. She delights in the study of fairy tales, regularly teaches at ISAP, presents at various international conferences, and gratefully spends several months a year in Italy. www.lisahollandtherapy.com

Isolde Kunerth, Dipl.-Päd.* originally studied graphic design. She graduated from ISAP in 2014 and is licensed in Switzerland for the practice of Psychological Psychotherapy. As a licensed Child and Adolescent Psychotherapist (Germany), she works with children and their families in the educational and therapeutic fields. She also received training in dance/movement therapy, psychodrama, sand play, expressive painting, and meditation. Isolde currently lives in Tübingen, Germany.

Stacy Wirth, MA* was born and raised in the USA and has lived in Switzerland since 1979. Previously a dancer, she received the Zürich Mayor's Award in 1991 for her experimental, "obstinate choreography" and her co-founding of the non-profit foundation, Seefeld-Tanzprojekt. In 1997, she completed her master's studies in The Psychology of Art with Emphasis in Movement (Antioch University) and graduated from CGJI-ZH in 2003. Since 2004, she has served on AGAP's ExCo and participated actively as an ISAP co-founder and faculty member. She joined the Jungian Odyssey Committee in 2005. In 2021 she retired from her private analytic practice but continues to teach at ISAP, focusing mainly on the Word Association Experiment. Stacy has edited and/or translated a number of Jungian publications, including *The Jungian Odyssey Series* and Paul Brutsche's *Creativity: Patterns of Imagination as Seen Through Art* (Spring Journal Books, 2018).

"May my mind come alive today / To the invisible geography / That invites me to new frontiers, / To break the dead shell of yesterdays, / To risk being disturbed and changed. / [...] • John O'Donohue, "A Morning Offering," in *Walking on the Pastures of Wonder: In Conversation with J. Quinn* (Dublin: Veritas Publ., 2015, p. 114)

The International School of Analytical Psychology Zürich

was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 400 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP-accredited institute offering full-time analytic training that incorporates every year two full semesters (each 12 – 14 weeks) of lectures and seminars. We adhere to Jung's interdisciplinary outlook by admitting candidates with advanced degrees in any field of study. Candidates with advanced degrees in clinical psychology or medicine—and with adequate skills in German, French, or Italian—may qualify to receive a Swiss federal title and cantonal license for the practice of psychotherapy. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP's faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a many other languages as well.



Community Outreach ISAP reaches out by opening to the general public its regular lectures and special programs such as the *Jungian Odyssey*, the *Zürich Lecture Series*, *Basic Jung*; and the *Märztagung*. These and other continuing education programs are designed for general interest, as well as for professionals within and outside of the field of psychology. Our Counseling Service holds confidential, cost-free consultations leading to referrals for analysis, psychotherapy, or counseling in many different languages and at reasonable rates.

Become a Donor To continue flourishing, ISAP relies on the support of friends. Donations and legacy bequests made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland. Donations and legacy bequests made through JITZ—the Foundation for Jungian International Training Zurich—are eligible for tax exemption in the USA. To find out about our special projects and needs and how to donate, contact:

treasurer@isapzurich.com -or-
president@isapzurich.com

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Samstag, 16. März 2024

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maerztagung@isapzurich.com

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The Jungian Odyssey Series, Volumes I-VII

Published by Spring Journal and Books (2009-2016)

Available at the ISAP Library and some online bookstores