

The 15th Jungian Odyssey  
Annual Conference & Retreat



“I thought and spoke much of the soul. I knew many learned words for her. I had judged her and turned her into a scientific object. [...] Therefore the spirit of the depths forced me to speak to my soul, to call upon her as a living and self-existing being. I had to become aware that I had lost my soul.”

• C.G. Jung, *The Red Book: A Reader's Edition*, Phil-  
emon Series (NY: Norton & Co., 2009), p.128 [2].

**ISAP**ZURICH  
INTERNATIONAL SCHOOL OF  
ANALYTICAL PSYCHOLOGY ZURICH  
AGAP POST-GRADUATE JUNGIAN TRAINING

*Rescheduled from 2020 & 2021*

# Searching for Soul in Times of Anxiety

**May 28 – June 4, 2022**  
**Grandhotel Giessbach**  
**Brienz, Switzerland**

**Keynote Speaker**

**Prof. Fanny Brewster, PhD**

**Special Guest**

**Prof. Monica Luci, PhD**

**With Faculty of ISAPZURICH**

Peter Ammann, Dr. phil.

Galina Angelova, M.Theol.

Katharina Casanova, lic. phil.

Diane Cousineau Brutsche, PhD

John A. Desteian, JD, DPsy

Deborah Egger, MSW

Andrew Fellows, PhD

Gary Hayes, lic. phil.

John Hill, MA

Lisa Holland, MS

Ann Chia-Yi Li, MA

Bernard Sartorius, lic. theol.

Judith A. Savage, MSW

Kristina Schellinski, MA

Ilisabe von Uslar, lic. phil.

Ursula Wirtz, Dr. phil.

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Photo: Grandhotel Giessbach, Courtesy of the Hotel

## Rescheduled to 2022

In 2020 and 2021, the world-wide spread of COVID-19 forced us to cancel the Jungian Odyssey in Zermatt. For 2022, we are delighted to be at Grandhotel Giessbach, a stunningly beautiful locus situated amidst forests, meadows, and gardens, with living space for humans and animals alike. Since 2006 our annual conference and retreat has opened ISAPZURICH's post-graduate program to all with interest in C.G. Jung and Analytical Psychology. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is this, the particular *genius loci*, that infuses each Odyssey as it leads us to a different place in Switzerland each year and inspires each Odyssey's topic. So, too, this spirit imbues our presenters' analytic views on contemporary research in a variety of fields, and as well, their handling of traditional areas of Jungian interest—fairy tale, dream, myth, art, religion, personal and collective experience, clinical practice.

## Searching for Soul in Times of Anxiety



Giessbach Waterfall by Fanny88 & Sheepy86 ©2014

This historical and beloved locus re-inspires our reflections on the realms of soul. In today's life—riddled with so many kinds of anxiety—we seem to experience an acute splitting of two archetypally coupled realities: the outer objective world and the interior world of soul. We seem to suffer collectively from alienation of soul and even soul murder. With soul in exile, do we risk los-

ing touch with an inner immortal part of ourselves? Might a re-summoning of soul provide an antidote to anxiety?

Our search for this "untethered" part needs to begin with our (re-)attunement to soul's secret dwelling places, i.e. places that resonate with poetry, beauty, remoteness, ambiguity, brokenness, pain, paradox, mystery. Some apt starting points can be found in nature and in the imagery of fairy tale, myth, dream, literature, dance, music, and other arts. What can we learn from alchemy and metaphysics about the soul's autonomy? What other stones might we turn?

A unique feature of the Odyssey 2022 is our offer of one day of full-day courses that afford intense and creative immersion in your choice of work with the body, dreams, fairy tales, calligraphy, or hiking (weather permitting).

### Retreat Setting Grandhotel Giessbach above Lake Brienz

Alpine peaks in the near distance, the grounds nestle in a secluded park above Lake Brienz and are connected to the lake by the hotel's own funicular (Europe's oldest—141 years old!). The Giessbach Waterfall tumbles right past the hotel in 14 tiers, plunging 400 meters into the depths in thunderous cascades of white. Lush gardens, on-site bee-keeping, use of on-site well water, and the outdoor natural, non-chlorinated swimming pool are only small signs of Giessbach's historical commitment to nature and environmental protection. The staff and superb cuisine are widely praised. The comfortable bedrooms reflect a touch of the Belle Époque charm that characterizes the entire place. All rooms are equipped with shower, telephone, and free wireless LAN. *Early registration is recommended, as our space is limited and the Odyssey typically books out. Also, early birds receive a price advantage!*

Located near the village of Brienz in Canton Bern, the 4-star [Grandhotel](#) opened its doors in 1875. Towering



Grandhotel Giessbach by qwesy qwesy ©2015

**Odyssey Packages Include** • Group bus travel Zürich/Brienz/Zürich • 4-star hotel • room & full board (excluding two dinners), incl. fresh well-water & coffee at all meals • morning meditation • mid-morning coffee breaks • 2 wine receptions • 7-day academic program with one opt-in excursion day (extra cost) • **Exception Package #3:** The academic program is excluded for the non-attendee partner (apart from the Saturday keynote address and the Thursday excursion, which she/he is welcome to attend). • **Exception: Package #4** is a limited "taster" program for residents of the Brienz area (*group bus travel, hotel overnights, and hotel amenities are not included*).

### Limited Enrollment • Unparalleled Value

Register soon to ensure your place and save on your Odyssey package!

**FINAL REGISTRATION DEADLINE MARCH 15**

### Package Costs • Registration by Feb. 1 • in CHF

- #1 1 Attendee • 3500.00
- #2 2 Attendees, 1 double room, per person • 3290.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 4790.00
- #4 Odyssey Taster, per person: 250.00

### Package Costs • Registration after Feb. 1 • in CHF

- #1 1 Attendee • 3800.00
- #2 2 Attendees, 1 double room, per person • 3590.00
- #3 1 Attendee & 1 Non-Attendee, double room • Total 5270.00
- #4 Odyssey Taster, per person: 280.00

*ISAP students are subject to other Terms & Conditions, including other costs and deadlines, provided by the FO.*

### To Register, click on the links below

- [General Terms & Conditions](#)
- [General Registration: Packages #1, #2, #3](#)
- [Taster Registration: Package #4](#)

## Special Events • Odyssey Packages #1, #2, #3

### Mon: Hexenkinder (Witch Children) | Film | No Extra Cost

*In Swiss-German with English subtitles.* After dinner on Monday, we invite you to view this 2020 film by the awarded Swiss director Edwin Beeler, whom some of you might remember from the Odyssey 2015. *Hexenkinder* is a documentary centered on interviews with victims and witnesses of child abuse perpetrated in the name of religion by Swiss churches and their orphanages during the 20th Century. The traumatic fate of these individuals—most of them still living—resonates to this day, conjuring up a medieval history in which the young victims of such abuse were tortured and sometimes executed in the belief that this treatment alone would redeem their souls from their alleged evil doings. Edwin Beeler will be with us to answer questions after the film showing.



### Thurs: Excursion Choices

#### • Ballenberg Open-Air Museum | Cost: CHF 73.00

*Includes transport, 2-hour guided tour, and lunchbox.* At this spectacular open-air museum—opened in 1978 in Hofstetten near Brienz—you can visit over 100 restored historical structures from all over Switzerland. Magnificent farmhouses, humble workers' quarters, alpine huts and stalls, barns, storehouses, washhouses, and drying ovens provide architectural as well as socio-historical testimony to the everyday life and rural culture of the past. See traditional craftsmen at work, watch how cheese is made, visit the beekeeper, and explore the world of livestock and other animals at home here. Relax in the gardens, fields, and meadows or in one of several restaurants on the grounds. [Explore Ballenberg](#)



#### • The Village of Brienz | Guided Tour | Cost: CHF 40.00

*Includes transport, guided tour, and lunchbox.* Join our private guided tour of the village and stroll around on your own through romantic cobblestone alleys and along the lake promenade. Directly across from Giessbach, Brienz snuggles idyllically on the lakeshore at the foot of the Brienz Rothorn. Brienz goes by the well-earned epithet, “the woodcarving village.” Historically, their own carvers and others from the Bernese Oberland were the first in the Swiss Alpine region to make a living from the craft. Thus they lifted the community from abject poverty to the start of a more prosperous life. The history echoes in abundant wood sculptures along the streets and in lovingly decorated chalets. Moreover, Brienz boasts Switzerland's only wood-carving school (founded 1884), a violin-making school, and a woodcarving museum that displays antique and modern sculptures, carvings, and music boxes. There are many restaurants, some with outdoor seating. Menus range from simple café fare and pizza to high-rated European cuisine. [Explore Brienz](#)



### Fri: Gala Closing | Wine Reception, Music & Banquet

*No extra cost.* After your full-day immersion course, rest and get ready for our traditional gala closing! A wine reception with Robert Ingram on the piano will get us started. We will progress to an exquisite dinner prepared in the hotel's custom of cooking in harmony with the seasons, often using produce from their own gardens. In the course of the evening Robert will cook up for us his unique mélange of blues and gospel, country and R&B, classical and ragtime, soul and jazz. Returning to us from earlier Odysseys (2018/2019), Robert has performed his improvisational music in a variety of other settings as well, from churches to bars, in concert halls and prisons, festivals and private parties, in the spotlight and in background shadows. Simply described as a piano man, Robert is a natural!



**Photo Credits • Top to Bottom** • *Hexenkinder*, Poster at <https://www.hexenkinder.ch>

- Ballenberg Farmhouse, Courtesy of the Museum
- Ballenberg Cheese-Making, Ibid.
- Village of Brienz on the Lake, by [Adrian Michael](#), ©2007
- Robert Ingram, by Stefan Posti, ©2016



# Jungian Odyssey Program • 2022

## Searching for Soul in Times of Anxiety

Hotels for Your Stay in Zürich p.11 • Important Group Travel Details pp.10 & 11

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*We appreciate your understanding that the program may be subject to change, within limits.*

### SATURDAY

**MAY 28**

#### Schedule • Group Bus • Zürich to Brienz

*For the return trip, see p.10.*

<b>10:00</b>	Check-in at the Zürich Bus Station, locally known as "Carpark Shilquai;" near the main train station <ul style="list-style-type: none"> <li>• Car/Taxi Entry: Ausstellungsstrasse 15, 8005 Zürich</li> <li>• Pedestrian Entry: Opposite Starbucks and Hotel Walhalla on Limmatstrasse 5</li> <li>• Look for a white bus marked "Kopf"</li> </ul>
<b>10:30</b>	Bus Departs
<b>12:00</b>	Arrival at the Grandhotel Giessbach, Wine Reception, Lunch
<b>14:00-16:00</b>	Hotel Check-in

#### Opening Program

<b>16:30-17:00</b>	<p><b>Welcome to the Jungian Odyssey</b>  <b>Ursula Wirtz, Dr. phil.</b>  <b>Academic Chair, Jungian Odyssey</b></p>
<b>17:00-18:15</b>	<p><b>Keynote Address</b>  <b>Prof. Fanny Brewster, PhD</b>  <b>Agonies of the Soul: Race, Racism, and Cultural Complexes (L)</b>          As we encounter increasingly higher levels of conflictual racial tensions based on cultural complexes, it appears valuable to consider C.G. Jung's original idea of a "color complex." How can we develop a deeper understanding of psychological and sociological elements that influence how we are with one another in our collective? Ethnic and cultural differences can be evident. Recognition of unconscious racial complexes is not as obvious, and yet requires much of us, aimed at psychological healing.</p>
<b>18:30-19:45</b>	<b>Dinner</b>
<b>20:00-21:30</b>	<p><b>Who's Who?</b>          An informal gathering for getting acquainted</p>

#### KEY

**L = Lecture**

**S = Seminar**

**SoL = Seminar on Lecture**

**W = Workshop**

**W+ = Experiential Workshop**

**Confidentiality** is to be strictly observed for all experiential workshops (W+), for our temenos and for seminars that deal with personal and/or case material.

**Experiential workshops (W+)** entail self-exploration and sharing aspects of one's personal life. Therefore, for the protection of personal boundaries, attendance is excluded for analysts of ISAPZURICH and any others who might anticipate encountering or do encounter analysands, patients, and/or supervisees at these events.

7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:00-10:15	<p><b>Fanny Brewster, PhD</b>  <b>The Healing Work of Shadow Integration (L)</b>          Reflections on the racial complex, its features and the potential for "be-friending" our complexes. If the center of this complex is Shadow, then the anticipated psychological work might suggest engagement on an archetypal as well as an ego level.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Peter Ammann, Dr. phil.</b>  <b>In Search of the Re-Enchanted World (L)</b>          My presentation expands on Jung's recognition of synchronicity, a divinatory technique used in the <i>I Ching</i>. I see Jung's work as a critical step toward a "re-enchantment of the world," a rehabilitation of a Weltanschauung in which the ancient concept of <i>anima mundi</i> can re-find its place. Divinatory techniques have always played an important role in indigenous traditional healing systems, in particular on the entire African continent. They represent a unique corpus of empirical material supporting Jung's understanding of synchronicity and a crucial contribution to the re-enchantment of our world and the rehabilitation of the ancient concept of <i>anima mundi</i> or the "World Soul." With documentary films by Peter Ammann.</p>
12:00-14:00	<b>Lunch</b>
CHOICE 14:00-16:00	<p>&gt; <b>Fanny Brewster, PhD (SoL)</b>  <b>The Healing Work of Shadow Integration</b></p> <p>&gt; <b>Peter Ammann, Dr. phil. (SoL)</b>  <b>In Search of the Re-Enchanted World</b></p> <p>&gt; <b>John Hill, MA (L&amp;S)</b>  <b>Inconvenient Twins: Balancing Anxiety and Aggression</b>          Aristotle was the first to describe this balancing act, which he formulated as the Golden Mean. If there is too much anxiety there is too little aggression; if there is too much aggression there is too little anxiety. Fear can paralyze you and prevent an authentic unfolding of life, but fear enables you to recognize dangers, read expressions in people's faces and plays a huge role in social behaviour. Aggression can destroy what you most cherish in life, but with a healthy aggression you make yourself known and gain presence in the world. Examples from dreams and active imagination show how the balance can be restored.</p>
17:00-18:00	<p><b>Temenos</b> For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following C.G. Jung's metaphorical use of the image for all who wish to join, our temenos offers a protected space for the sharing of personal experience, insights, and questions related to the conference. Facilitated by Ursula Wirtz and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Tuesday and Wednesday.</p>
18:30-19:45	<b>Dinner</b>

*“There is no greater agony than bearing an untold story inside you.”*  
 • Maya Angelou, *I Know Why the Caged Bird Sings* (Random House, 1969/2009)

7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:00-10:15	<p><b>Deborah Egger, MSW</b>  <b>Anxiety as a Pathway to Soul (L)</b>            In this lecture I explore anxiety's role in normal development, in dealing with trauma, in boundary formation/separation, and in intimacy and "being seen." Viewing such dynamics through the lens of individuation, I touch as well on the idea that the suffering of anxiety may be necessary for re-connecting to soul. Poetry and vignettes will help to illustrate.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Kristina Schellinski, MA</b>  <b>Death Anxiety—A Summons for the Soul (L)</b>            Fear of annihilation, or death anxiety, is prevalent both in individuals and in our collective. Clinical case material illustrates how death anxiety can initiate a self-search and processes of change, which lead toward new connections with soul and individuation. At the same time, I ask if, within the collective, we might find ourselves in near-revolutionary process of change. Is it the beginning of a new era, as Jung posits in <i>Aion</i>? If so, the outer and the inner worlds can feel especially polarized and anxiety-provoking. In such circumstances gentle summonings of soul may not suffice. Rather, soul-seekers may be called to submit to initiation rites, to a rebirthing of soul, such as Jung describes in his vision of sacrificial murder in <i>The Red Book</i>.</p>
12:00-13:30	<b>Lunch</b>
<b>CHOICE</b> 13:30-15:30	<p>&gt; <b>Deborah Egger, MSW (SoL)</b>            In this seminar I will refer to clinical case material to deepen the exploration of personal work on anxiety in intimate relationships.</p> <p>&gt; <b>Kristina Schellinski, MA (SoL)</b></p> <p>&gt; <b>Gary Hayes, lic. phil. (S)</b>  <b>Maybe There is Another Version of You</b>            In this seminar we will explore what anxiety and panic attacks are trying to communicate to us—messages which, otherwise, we most likely would never heed.</p>
	<p><b>Free Evening</b>  <b>Dinner on Your Own (Out-of-Pocket)</b>            For dining at one of the restaurants at Hotel Giessbach and elsewhere, <i>be sure to make advance reservations</i>. Consult the hotel concierge for recommendations and transportation tips.</p>

**“The problem still remains:** how to overcome or escape our anxiety, bad conscience, guilt, compulsion, unconsciousness, and instinctuality. If we cannot do this from the bright, idealistic side, then perhaps we shall have better luck by approaching the problem from the dark, biological side.” • Jung, *Memories, Dreams, Reflections*, Ed. Aniela Jaffé, Trans. Richard & Clara Wilson, Reissue Edition (Vintage: 1989), p.152.

7:15-7:45	<b>Meditation</b>
7:30-8:45	<b>Breakfast</b>
9:00-10:15	<p><b>Prof. Monica Luci, PhD</b>  <b>The Search for Soul: Can Analytical Psychology Contribute to Heal Human Rights Violations? (L)</b>          Humanity, affected or not by the COVID-19 pandemic, continues to experience serious violations of human rights. Indeed, the current pandemic seems to have intensified the occurrence of violations like gender-based violence, torture, enforced disappearances, and human trafficking, all taking place in secrecy and with the suffering and helplessness of the victims. Can analytical psychology make a significant contribution to the prevention, treatment, and remedying such violations, from the individual level to the most macro level of socio-political systems? I will support the thesis that the Jungian concept of <i>soul</i> has a special role in such an endeavor. The challenges are to understand the processes that pose obstacles to soul-making in societies that sustain so many forms of social violence, and how to reverse the course.</p>
10:15-10:45	<b>Coffee Break   Book Sales</b>
10:45-12:00	<p><b>Bernard Sartorius, lic. theol.</b>  <b>Dead Souls (L)</b>          From the ancient Egyptians' concerns about the afterlife, to Gogol's novel <i>Dead Souls</i>, soul and death were in many ways deeply connected. Our core reflections will circle around the question, is this still the case today? If so, in what ways?</p>
12:00-14:00	<b>Lunch</b>
<b>CHOICE</b> 14:00-16:00	<p>&gt; <b>Monica Luci, PhD (SoL)</b>  <b>Refugees: Re-Finding Soul After Severe Trauma</b>          What does it mean for refugees to find their souls after having lived sometimes dehumanizing experiences? Clinical cases of severely traumatized refugees will be presented but the perspective will be not just clinical but psycho-social, as it will analyze all the aspects involved in rehabilitation, the purpose of which is exactly to find a person's soul in its uniqueness. Which processes described by Jung can be traced in these paths? This seminar is meant to be interactive and to benefit from the dialogue with participants.</p> <p>&gt; <b>Galina Angelova, M.Theol. (S)</b>  <b>Finding the Precious Pearl: Religious Experience and the Soul</b>          Jung stressed the importance of religious or spiritual experience for one's inner development, individuation, and connection with the soul and <i>anima mundi</i>. In this seminar we will explore some of Jung's ideas on authentic spiritual experience and ways to foster the connection with the transcendent. We will also address the relationship between institutionalized religion/culture and religious experience as such. Readings from religious texts, mysticism, and poetry will support our exploration.</p> <p>&gt; <b>Katarina Casanova, lic. phil. &amp; Ilisabe von Uslar, lic. phil. (W+)</b>  <b>An Encounter with Soul—Part 1</b>  <i>Attendance of Part 1 is prerequisite to attendance of Part 2 (Wednesday).</i> Our experiential workshop begins with a question: How do we define soul, in theory? With which words, concepts, ideas? After a short discussion, we will "feel" our way toward answers with our own hands: Working with clay or other modelling materials, we will open the way for images of soul to emerge—a certain figure, perhaps, or an abstract shape, or a mask...?</p>
17:00-18:00	<p><b>Temenos</b>          Our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference.</p>
18:30-20:00	<b>Dinner</b>
20:00-22:00	<b>Film • <i>Hexenkinder</i> (Witch Children) • Q&amp;A with Edwin Beeler, Director</b>

JUNE 1

7:15-7:45	Meditation
7:30-8:45	Breakfast
9:00-10:15	<p><b>John A. Desteian, JD, DPsy</b>  <b>Meaning in the Age of Anxiety (L)</b>          Anxiety is not fear, eagerness, or worry. Anxiety does not know its object, and so, cannot know its meaning. We live in The Age of Anxiety, personal, cultural, and existential. The current epoch follows on the Age of Definition, and now runs concurrently with the Age of Anxiety. This is where depth psychology comes in, and to which we can be grateful for disclosing the meaning of anxiety. My lecture will examine the interplay between personal, cultural, and existential anxiety, from both archetypal and psychological perspectives.</p>
10:15-10:45	Coffee Break   Book Sales
10:45-12:00	<p><b>Judith A. Savage, MSW</b>  <b>Resolving the Deepest Split: Jung and Active Imagination (L)</b>          Anxiety signals too great a split between the inner and outer realms. As psychosomatic symptom, anxiety exposes the vulnerability of an overvalued ego state defensively twisting its own interiority into a rejected and irrational shadow. Following his break with Freud, Jung suffered from just such anxiety that initiated a decade long search for his “lost soul.” As unconscious symbols spontaneously expressed themselves in his fantasy, play, and images, he eventually realized the healing method of “active imagination.” My lecture will explore how active imagination may help resolve psychic splits and foster individuation as told through the creative lens of Jung’s <i>Red Book</i>, the building of his tower at Bollingen, and as illustrated by the drawings of some of his earliest analyses.</p>
12:00-14:00	Lunch
CHOICE 14:00-16:00	<p>&gt; <b>Judith A. Savage, MSW (SoL)</b>          In this seminar we will draw on many images to deepen our discussion of the lecture topic.</p> <p>&gt; <b>John A. Desteian, JD, DPsy (SoL)</b></p> <p>&gt; <b>Katarina Casanova, lic. phil. &amp; Ilsabe von Uslar, lic. phil. (W+)</b>  <b>An Encounter with Soul—Part 2</b>  <i>Attendance of Part 1 is prerequisite to attendance of Part 2!</i> Part 2 begins with the soul images that emerged on the previous day. We will share our reflections on their personal meanings, and how the meanings might relate to others—be they in our closer or wider circles, in our families, or in our social groups and cultures. This dialogue will be followed by a relaxing meditation that guides each of us toward a vision of our soul image located within a certain place, a house, or some other context. Time and materials will be provided to draw these new images or to “picture” them in writing.</p>
17:00-18:00	Temenos
18:30-19:45	Dinner

*“I am indeed convinced that creative imagination is the only primordial phenomenon accessible to us, the real Ground of the psyche, the only immediate reality. Therefore I speak of *esse in anima*, the only form of being we can experience directly.” • Jung, “To Kurt Plachte, January 10, 1929” in *C.G. Jung Letters Vol. 1: 1906-1950* (Routledge: 1973/1992), p.60.*



	7:15-7:45	<b>Meditation</b>
	7:30-8:45	<b>Breakfast</b>
<b>Excursion Day</b>	<b>Lunch</b>	<b>Lunchbox for All</b> <i>Lunchbox on this day is for everyone, with or without excursion. If you prefer full dining at the hotel or a local restaurant (out-of-pocket), be sure to make advance reservations.</i>
	<b>Excursion Choice</b>	<ul style="list-style-type: none"> <li>• <b>Ballenberg Open-Air Museum</b> Departure &amp; Return   Times to be announced</li> <li>• <b>Brienz Village Tour</b> Departure &amp; Return   Times to be announced</li> <li>• <b>Prefer to go your own way?</b> See our suggestions below and ask the hotel concierge about the many other local excursions—e.g., hikes, a boat cruise to Interlaken or around the lake, or a trip to the summit of the famous <u>Jungfrau</u> (3,454 meters/11,322 feet) • Even for easy walks and hikes, wear solid walking shoes and watch for slippery trails, especially around the waterfalls.</li> </ul>
	<b>On your own?</b>	
	<b>Dinner</b>	<b>Free Evening • Dinner on Your Own (Out-of-Pocket)</b> Whether you dine at one of the restaurants at Hotel Giessbach or in the village of Brienz or elsewhere, <i>be sure to make advance reservations</i> . Consult the hotel concierge for recommendations and transportation tips.



Giessbach Waterfall, by Erich von Allmen, ©2014

**Giessbach Waterfall** Set out on foot from the hotel on your own or arrange with the concierge for a guide. Bring a poncho or other rain gear to shield off the water spray. Depending on how far you want to go, the trails vary in length and steepness, and can range from rather easy to rather challenging. Along the way, stretches of stone and dirt stairways help the ascent. The hike to the top of the falls is advised only for the sure-footed. The perhaps most popular one takes ca. 40 minutes and leads to a bridge behind the falls, where water gushes down toward the hotel, and Lake Brienz and the Brienz Ridge come into view. A very short trail (ca. 20 min-walk) ascends to a vantage point overlooking the lake at ca. 200 meters/656 feet. Looking out from the nearly vertical rock face here, the village of Brienz appears across the lake.



Iseltwald, by Andrew Langdal, ©2010

**The Village of Iseltwald**, first mentioned by this name in 1146, is a designated Swiss Heritage Site on a peninsula near Giessbach. The village can be reached by boat from the hotel or by walking along an easy footpath hugging the lakeshore (ca. 6 kilometers/3.7 miles; ca. 90-minute walk). The small picturesque Iseltwald, with 435 inhabitants (2010), is said to be a hidden gem treasured especially by seekers of serenity. There is only one shop—a tiny grocery store with limited opening hours. Stroll around to take in the lake and mountain views, the chalets and lush gardens; relax at a lakeside park or restaurant or in the village square; have a look at Schloss Seeburg, a small castle built in 1907 at the tip of the peninsula. After several changes of purpose over decades,

the castle today is privately owned but can be admired from the outside. At the castle's shore lies tiny Snail Island (Schnäggeninsel), famed in medieval times as a perfect snail-breeding ground. Public restrooms are located in the parking lot at the village entrance. There are no ATMs, so bring cash if you think you might need it.



Cruising by Giessbach, Courtesy of the Hotel

<b>FRIDAY JUNE 3</b>	7:15-7:45	<b>Meditation</b>
	7:30-8:45	<b>Breakfast</b>
	9:30-15:00	<b>A Day of Intense Immersion • Advance Sign-up Required</b> <ul style="list-style-type: none"> <li>• Coffee break at the discretion of each group, 10:15-10:45</li> <li>• Lunch as usual, 12:00-14:00* • Final book sales</li> </ul> <p>*Exception: Lecture &amp; Hike w/Andrew Fellows—Lunchbox</p>
	<b>CHOICE</b>	
	10:30-17:30	<b>Andrew Fellows, PhD</b> <b>Reconnecting with the World Soul: Necessity and Experience</b> We need to reconnect with the world soul to accept willingly the material frugality without which imminent ecological and social breakdown are now inevitable. This assertion will be explained in my lecture, with emphasis on Jung's theories, plus the new sciences. The lecture will be complemented by an optional hike and dialogue with each other and with nature. Maximum number of hikers: 7; roundtrip transport cost: CHF 16.00 per person (pay in cash on site). Suitable clothing, footwear, and a reasonable degree of fitness are required. Hikers are responsible for their own water, extra snacks and other provisions, accident insurance, and safety. Should the hike be cancelled due to bad weather, we will conduct our dialogue in a seminar setting at Hotel Giessbach. If you have questions about the hike, don't hesitate to contact me. On request, I will supply further information when it is available: <a href="mailto:andrew.fellows@me.com">andrew.fellows@me.com</a>
	9:00-16:00	<b>Ann Chia-Yi Li, MA</b> <b>The Dance of the Reed: Cultivating Quietude in Times of Anxiety</b> Can harmony with Tao contribute to our gaining of strength in times of anxiety? My lecture includes readings from <i>The Secret of the Golden Flower</i> , considering them from the perspectives of Daoist alchemy and analytical psychology. We will limit our focus to the role of the ego, studying examples from the practice room and everyday life. In the workshop, we will put our understandings from the lecture into practice, by experimenting with Chinese calligraphy. Materials will be supplied, and discussion will follow our practice with calligraphy.
	9:00-16:00	<b>Diane Cousineau Brutsche, PhD</b> <b>Listening to the Voice of the Soul: Unearthing Buried Treasures in Our Dreams</b> Dreams often leave us bewildered. To welcome these messages from the soul is to leave aside our habitual ways of thinking and enter the symbolic, imaginal realm. For those unfamiliar with it, I will provide an introduction to the basic Jungian approach to dreams. Then, with the help of relaxation and guided imagery, we will explore this other reality. For this purpose, I will supply some dreams. But participants are welcome and encouraged to bring their own dreams. Send your contributions by email attachment, marked "confidential," <b>no later than May 14:</b> <a href="mailto:dianecousineau@gmx.net">dianecousineau@gmx.net</a>
	9:00-16:00	<b>Lisa Holland, MS</b> <b>Skin: Barrier and Bridge in the Intersubjective Field</b> Our skin constitutes a liminal space where "I and Thou," inner and outer, unconscious and consciousness meet in the cells and tissues of our beings. In this lecture and experiential workshop, we will explore the symbols and practicalities of skin and touch, referring to fairy tales, clinical material, and personal experience. Who "gets under our skin"? Who or what causes "goose bumps" to rise on our arms?
	19:00	<b>Gala Closing Reception, Banquet, Music Solo Piano and Song by Robert Ingram</b>
<b>SATURDAY JUNE 4</b>	7:30-8:45	<b>Breakfast</b>
	8:45	Load Baggage for Bus Transport
	9:00	Bus Departs for Zürich
	11:15	Approximate Drop-Off at Zürich Airport
	11:45	Approximate Arrival at the Zürich Bus Station

## Your Stay in Zürich

For your connecting overnights in Zurich—and/or for your stay during the Prelude—we recommend the two hotels below. Both are centrally located, within walking distance from the main train station and bus station, close to public transportation. Both include breakfast and free wireless LAN. For other convenient options, click here:

<https://isapzurich.com/en/about/directions/>

**Hotel Walhalla • Limmatstrasse 5, 8005 Zürich**  
**Directly opposite the bus station**

Tel: +41 (0)44 446 5400

Email: [info@walhalla-hotel.ch](mailto:info@walhalla-hotel.ch)

Website: <https://walhalla-hotel.ch/en/>

**Hotel Montana • Konradstrasse 39, 8005 Zürich**

Tel: +41 (0)43 366 6000

Email: [reservation@hotelmontana.ch](mailto:reservation@hotelmontana.ch)

Website: [http://hotelmontana-zurich.com/en\\_UK/](http://hotelmontana-zurich.com/en_UK/)

## Group Travel Information

**Saturday, May 28 • Bus • Zürich to Brienz**



**The Zürich Bus Station (CarPark Ausstellungsstrasse)**

- Car/Taxi Entry: Ausstellungsstrasse 15, 8005 Zürich
- Pedestrian Entry: Opposite Starbucks and Hotel Walhalla on Limmatstrasse 5, 8005 Zürich
- Gather at 10:00 for 10:30 departure. Look for a white bus marked “Kopf.”

The above photo shows the *pedestrian entry* opposite Starbucks and Hotel Walhalla. It is but a short walk from the Zürich Main Station and Hotel Montana. The same entry can also be reached on tram #4, #6, or #13. Get out at Sihlquai/HB; walk ca. 3 minutes.

**Our gathering on this day at 10:00 am** allows us to ensure that you are checked-in for the trip, that your bags are marked with our special tags, and that we board the bus on time for departure promptly at 10:30. *If you find yourself delayed beyond 10:20, call or send a text message to (+41) (0)79-338-9840.*

## Prelude • May 25–27, 2022

Consider coming early to Zürich, to attend the ISAP Prelude on your way to the Odyssey! This is a chance to experience our on-campus life and historically protected home, the erstwhile post office built in 1911, with an Art Nouveau design. At this occasion you are welcome to:

- **Attend the 3-day academic program** with a package discount for lectures & seminars
- **Join our spring semester excursion** to the Marie Louise von Franz Tower in Bollingen; at cost for round-trip transportation
- **Celebrate with us** Semester closing with music, wine, and generous appetizers (Apéro riche)—no cost
- **Attend analysis or supervision** Costs and payment methods vary according to the analyst.

To arrange appointments, consult our [List of Analysts](#). Or write to: [counselingservice@isapzurich.com](mailto:counselingservice@isapzurich.com)

Kindly make appointments with the Counseling Service and individual analysts well ahead of your arrival.

**Attendance of the Prelude requires separate registration and payment directly with ISAP.**

**For program details & registration, write to: [office@isapzurich.com](mailto:office@isapzurich.com)**

## Jungian Odyssey Committee

[info@jungianodyssey.com](mailto:info@jungianodyssey.com) • Fax +41 (0)43 268 5619

Academic Chair: Ursula Wirtz, Dr. phil.

Co-Chairs:

Stacy Wirth, MA

Katarzyna Wach, Mgr. Psych., Soc. Psych.

Susanna Bucher, Dr. sc. nat. ETH

### Past Odysseys

To see pictures of our most recent Jungian Odyssey, in 2019, click on the link below:

[Rupture and Repair:  
Minding Crippling Emotions](#)

Hotel Flora Alpina  
Vitznau, Switzerland

Photos by ISAP Student Enid Madaras ©2019

# Tentative Overview • Jungian Odyssey 2022

KEY • L=Lecture • S=Seminar • SoL=Seminar on Lecture • W=Workshop • W+=Experiential Workshop

ROOMS	Plenum Room		Room		Room		Room		Room		
	Sat May 28	Sun May 29	Mon May 30	Tues May 31	Wed June 1	Thurs June 2	Fri June 3	Sat June 4			
7:15–7:45	Group Travel from Zürich 10:00 Check-in Bus Depot 10:30 Departure 12:00 Hotel Arrival Wine Reception & Lunch Hotel Check-in 16:30–18:15 Welcome Ursula Wirtz Keynote Address Fanny Brewster	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation				
7:30–8:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
9:00–10:15		Brewster (L)	Egger (L)	Luci (L)	Desteian (L)	Excursion Day Lunchbox Pick-up		Li (L&W)			
10:15–10:45		Coffee, Book Sales	Coffee, Book Sales	Coffee, Book Sales	Coffee, Book Sales	Departure & Return Times to be Announced	Cousineau (W+)	Fellows (L)		Group Travel from Giesbach 8:45 Load baggage 9:00 Bus Departure	
10:45–12:00		Ammann (L)	Schellinski (L)	Sartorius (L)	Savage (L)	Choice: Ballenberg Open-Air Museum - or - Brienz Village Tour	Holland (L&W+)	Lunch & Book Sales	Fellows (Hike w/Lunchbox)		11:15 Approx. Airport Drop-Off 11:45 Approx. Arrival Bus Depot Zürich
12:00–14:00		Lunch	Lunch until 13:30	Lunch	Lunch	Lunch	Lunch				
14:00–16:00	Hill (L&S)	13:30-15:30 Hayes (S)	Angelova (S)	Desteian (SoL)	Desteian (SoL)		Li (continuing)				
	Ammann (SoL)	13:30-15:30 Schellinski (SoL)	Casanova & von Uslar (W+)	Casanova & von Uslar (W+)	Casanova & von Uslar (W+)		Cousineau (continuing)				
	Brewster (SoL)	13:30-15:30 Egger (SoL)	Luci (SoL)	Savage (SoL)	Savage (SoL)		Holland (continuing)				
17:00–18:00	Temenos Wirtz	Free Evening Dinner on Your Own, Out-of-Pocket	Temenos Wirtz	Temenos Wirtz	Temenos Wirtz		Free Evening Dinner on Your Own, Out-of-Pocket				
18:30–19:45	Dinner	Dinner on Your Own, Out-of-Pocket	Dinner	Dinner	Dinner		19:00 Gala Closing Wine Reception, Banquet, Music				
20:00–21:30	Who's Who?		20:00-22:00 Film: <i>Hexenkinder</i> w/English Subtitles Followed by Q&A								



## Presenters' Biographies

KEY \* = Member of the Faculty, ISAPZURICH

CGJI-ZH = C.G. Jung Institute Zürich, Küsnacht

JOS = Jungian Odyssey Series, published by Spring Journal and Books

### SPECIAL GUESTS

**Fanny Brewster, PhD** I first came to Jungian Psychology through a wish to study dreams and the dreaming life. My dreams had been influential from an early age. When I decided to change my profession from that of a Speech Pathologist to one of Psychologist, I wanted the focus to be about dreamwork as an essential aspect of soul, consciousness, and creating change in my life and that of others. I arrived at Pacifica Graduate Institute to study dreams, which I did, and left with a PhD in Clinical Psychology. My engagement with dreams was equal to my interest in writing. An underpinning of my interest in dreams has been spirituality and seeking to find ways to deepen my understanding for not only human behavior but also the more important unconscious dynamics of being. The path for this was ever-changing, grew larger at times, and in some instances seemed to just disappear. Those periods of darkness were lit by my dreams. They guided me. On the journey I have studied writing, obtaining an MFA in Creative Nonfiction, studied the Enneagram with Helen Palmer and worked in public schools as an Educational Psychologist. My inner work has led to Zen Buddhist practice as well as the Church of Religious Science. Each of these experiences and more have deepened me as a Jungian analyst. My most recent writings, including *The Racial Complex: A Jungian Perspective on Culture and Race*, have provided me with a psychological lens that hopes to better understand our consciousness regarding race, racism and the deconstruction of ideas that support us in embracing the fullness of ourselves as both human and divine. I'm intrigued by how we do this as individuals, and how we can invoke this through our passionate engagement with each other in our collective.

**Prof. Monica Luci, PhD**, clinical psychologist, Jungian and relational psychoanalyst, works in private practice in Rome. She completed her Jungian training at AIPA (Italian Association for Analytical Psychology) and her doctoral studies in Refugee Care at the Center for Psychoanalytic Studies (now Dept of Psychosocial and Psychoanalytic Studies) of University of Essex (UK). She collaborates with NGOs and national and international institutions in the fields of research and psychotherapy with vulnerable migrants, especially survivors of torture, trafficked women and unaccompanied minors, lecturing at professional and academic levels. She is author, translator, and editor of publications on the themes of trauma, torture, displacement, dissociation and collective violence, among which the monographs *Torture, Psychoanalysis & Human Rights* (Routledge, 2017) and *Torture Survivors in Analytic Therapy* (provisional title, in press, Routledge, 2022).

### FACULTY, ISAPZURICH

**Peter Ammann, Dr. phil.\*** studied music (cello) and musicology. He later trained at the CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAPZURICH, maintaining his private practice in Zurich. He has lectured internationally. Peter is moreover an avid documentary film-maker, having discovered this path in the 1960's, after apprenticing in Rome with Federico Fellini. Peter's documentaries include: *Hlonipa: Journey into Wilderness*; *Sandplay with Dora Kalff*; *Spirits of the Rocks*, and *Mabi's Feast*:

*Sangomas Celebrating San*. Anticipating the commemoration of Marie-Louise von Franz's 100th birthday in 2015, Peter contributed along with others to produce a new edition of the documentary film by Françoise Selhofer (1982/2015), *Marie-Louise von Franz*, which now has been released with subtitles and voice-overs in several languages.

**Galina Angelova, M.Theol.\*** born in Bulgaria, studied theology in Switzerland and at Union Theological Seminary in New York City, where she deepened her interest in Analytical Psychology working with Ann Ulanov. Galina is an ordained pastor of the Swiss Reformed Church, working in a local parish and in palliative care. Her areas of interest include ritual, feminist theology, spiritual care, and the relationship between religion and psychology. She is a graduate of ISAPZURICH and conducts a private practice in Zürich.

**Katarina Casanova, lic. phil.\*** is a clinical psychologist and Jungian analyst, and received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

**Diane Cousineau Brutsche, PhD\*** was born in Montreal, Canada. She earned a doctorate in French literature from the University of Paris and a Diploma in Analytical Psychology from the CGJI-ZH. She has a private practice in Zurich and is a training analyst, supervisor, and lecturer at ISAPZURICH. Among her publications are the essays, "Even Fairy Godmothers Can Fail" (JOS Vol. VII, 2015); "Betrayal of the Self, Self-Betrayal, and the Leap of Trust: The Book of Job, a Tale of Individuation" (JOS Vol. III, 2011); "Lady Soul," in *Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82, 2009*; and her book, *Le paradoxe de l'âme. Exil et retour d'un archétype* (Georg Editeur, 1993).

**John A. Desteian, JD, PsyD\*** is a diplomate Jungian psychoanalyst and has been in private practice in Saint Paul Minnesota since 1983. He authored the book *Coming Together—Coming Apart: The Union of Opposites in Love Relationships* (SIGO 1990; Chiron 2021). His many articles and book reviews appear in professional journals and anthologies that focus on interpersonal (object) relations, gender, creativity, and politics. His published essays include "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedad" (JOS Vol. III, 2011). John is the founder and former chairman and executive director of the US foundation, Jungian International Training Zurich (JITZ). From 2004 to 2013 he was a member of the AGAP Executive Committee, serving from 2010-2013 as AGAP co-president and member of the IAAP Executive Committee.

**Deborah Egger, MSW\*** is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her Diploma in Analytical Psychology from the CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus? [...]" (JOS Vol. 1, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a



past president of AGAP, she served on the IAAP Executive Committee. She has two grown children and holds American and Swiss citizenship.

**Andrew Fellows, PhD\*** holds a Doctorate in Applied Physics, and enjoyed many years of international professional engagement with renewable energy and environmental policy. He is a Training Analyst with ISAPZURICH, has private practices in Zürich and Bern, and has lectured in many countries about aspects of his book, *Gaia, Psyche and Deep Ecology* (Routledge, 2019). His academic interests include the impact of new sciences on Jungian psychology and application of the resulting insights to the ecological crisis. Andrew lives over 3,000 feet above sea level in rural Switzerland without a car or television, and enjoys making music and being in nature.

**Gary R. Hayes, lic. phil.\*** is a native of Western New York where he grew up on the boarder to Canada. His first degree is from SUNY, the State University of New York. After marriage at the age of 27, he moved to Zürich with his Swiss wife. His graduate degree in German, English, and Linguistics is from the University of Zürich. In 1990 he received his Diploma in Analytical Psychology from CGJI-ZH, where he was appointed as a Training Analyst and Supervisor in 1998. In 2004 Gary moved to ISAPZURICH, where he has been actively involved ever since. As a lecturer and seminar leader there, he teaches in his special fields of interest which include: dreamwork, the role and function of the father, narcissism, fear, anxiety and panic attacks and the psychological meaning of myths and folk tales. Gary has also been active in presenting to various groups of Chinese students who come to ISAP for incremental training.

**John Hill, MA\*** received his degrees in philosophy at the University of Dublin and the Catholic University of America. He trained at the CGJI-ZH, has practiced as a Jungian analyst since 1973, and is a training analyst at ISAPZURICH. His special interests have extended to the association experiment, Celtic myth, James Joyce, dreams, and Christian mysticism. His recently published works include the essay, "Fairy Tale Drama: Enacting Rituals of Play, Laughter, and Tears," in *Jung and Moreno: Essays on the Theatre of Human Nature*, ed. Craig E. Stephenson (Routledge, 2014), and his book, *At Home in the World: Sounds and Symmetries of Belonging*, Zurich Lecture Series in Analytical Psychology (Spring Journal Books, 2010).

**Lisa Holland, MS, LPCC\*** is a Jungian Analyst, practicing and teaching on the Central Coast of California, USA. She is trained in mindfulness-based, somatic (body-centered) psychotherapy and has recently begun offering Neurofeedback training to support physiological regulation, thereby enabling clients to be more available to analytic work. Lisa's areas of interest include trauma recovery, creativity, women's empowerment and embodiment, and group process. She delights in the study of fairy tales, regularly offers seminars at ISAPZURICH, and gratefully spends several months a year in Italy.

**Ann Chia-Yi Li, MA\*** is originally from Taiwan, where she studied Chinese Literature and English Literature. She is a training analyst of ISAP and maintains a private practice in Zurich. Ann has served on the ISAP Program Committee since 2013. In 2015, she initiated the international MuShuei Jung Conference and Retreat in Taiwan. In 2016, she co-founded a systematic Jungian study program through the establishment of the Analytical Psychology School SG in Singapore. She has lectured widely on Daoist alchemy, *The Red Book*, active imagination, and Zen meditation.

**Bernard Sartorius, lic. theol.\*** received his degree in theology from University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytical practice first in Geneva, and since 1997 in Lucerne and Zurich. He is a training analyst and supervisor at ISAPZURICH. Among his publications are the essays, "Failure is the End" (JOS Vol. VII, 2015); "The Silence of 'God'" (JOS Vol. VI, 2014); "La Mecque où/ou on meurt," in *Vouivre, Cahiers de psychologie analytique, Pèlerinages*, Numéro 11, 2011; and his book on the orthodox church, *L'Eglise orthodoxe, Grandes religions du monde*, Vol. 10 (Edito-Service, 1982).

**Judith A. Savage, MSW\*** completed her post-graduate studies in analytical psychology at the C.G. Jung Institute in Zurich and the Inter-regional Society of Jungian Analyst in 1987. As a long-time member of the Interregional Society she served as a member of its Training Committee and its Executive Committee as its Secretary and Vice President. She lectures internationally at Jungian training seminars and associations and is a faculty member of the Minnesota based Prairie Care Psychiatric Hospital Mentorship Program. She is the author of *Mourning Unlived Lives: A Psychological Study of Childbearing Loss*, Chiron Monograph Series Vol. III (Chiron, 1989/2013) as well as several articles in analytic journals. She is a faculty member at ISAP and a member of the international Association of Graduates in Analytical Psychology (AGAP). She is in private practice with her husband John Desteian in St Paul, Minnesota (Psychoanalytic Consultants).

**Kristina Schellinski, MA** is a Jungian analyst in private practice in Geneva. She is a Training Analyst and Supervisor at CGJI-ZH. She most recently authored the book, *Individuation for Adult Replacement Children* (Routledge, 2019). Her other publications include: "When Psyche Mutters Through Matter: Reflections on Somatic Counter-Transference," in JOS, Vol. IV, 2012; "Who Am I," in *Journal of Analytical Psychology* 2014; "A Cause for Home: How the Repeatedly Uprooted in a Global Society May Find a Home in the Soul," in *The Guild of Pastoral Psychology* 2014; and "The 'Ghosts' of Two World Wars: Is the Replacement Child Complex a Layer in the Cultural Complex of the European?" in *Europe's Many Souls: Exploring Cultural Complexes and Identities*, Eds. Jürg Rascher, Thomas Singer (Spring Journal: 2016).

**Ilisabe von Uslar, lic. phil.\*** is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

**Ursula Wirtz, Dr.phil.\*** holds a doctorate in literature and philosophy from the University of Munich, and a degree in clinical and anthropological psychology from the University of Zurich. She graduated from the CGJI-ZH in 1982. Today she is academic chair of the Jungian Odyssey Committee, and a lecturer, training analyst, and supervisor at ISAPZURICH, internationally active in teaching and training. Her recently published works are her book, *Trauma and Beyond: The Mystery of Transformation*, Zurich Lecture Series in Analytical Psychology (Spring Journal and Books 2014; Routledge 2000); and her essays: "The Power of the Unconscious: Descent into Madness or Spiritual Emergence?" (JOS Vol. II, 2010); "Yearning to be Known: Individuation and the Broken Wings of Eros" (JOS Vol. I, 2009), and "The Symbolic Dimension in Trauma Therapy," in *Spring: A Journal of Archetype and Culture, Symbolic Life*, Vol. 82, 2009.

# Recommended Reading

## Searching for Soul in Times of Anxiety

### Presenters' Recommendations

- Peter Amman  
Lecture/Seminar**
- Peter Ammann, "The Musical Theory and Philosophy of Robert Fludd," in *Journal of the Warburg and Courtauld Institutes*, 30:2198-227 (1967).
- C.G. Jung, "Synchronicity: An Acausal Connecting Principle," in CW8.
- Wolfgang Pauli, "The Influence of Archetypal Ideas on the Scientific Theories of Kepler," Trans., Priscilla Silz, in Jung and Pauli, *The Interpretation of Nature and the Psyche* (Routledge & Kegan Paul: 1955).
- Philip M. Peek, Ed., *African Divination Systems – Ways of Knowing* (Indiana University Press, 1991).
- Galina Angelova  
Seminar**
- C.G. Jung, "The Undiscovered Self: Present and Future," and "The Spiritual Problem of Modern Man," in CW10.
- Andrew Fellows  
Lecture & Hike**
- Andrew Fellows, *Gaia, Psyche, and Deep Ecology: Navigating Climate Change in the Anthropocene* (Routledge, 2019).
- M. Sabini, Ed., *The Earth Has a Soul: The Nature Writings of C.G. Jung* (North Atlantic Books, 2002).
- Steve Taylor, *Spiritual Science: Why Science Needs Spirituality to Make Sense of the World* (Watkins, 2019).
- Ann Chia-Yi Li  
Lecture & Workshop**
- Richard Wilhelm, Trans., *The Secret of the Golden Flower: A Chinese Book of Life*, with C.G. Jung, "Commentary," Trans., Cary F. Baynes (Harcourt Brace & Co., 1969).
- Monica Luci  
Lecture**
- Monica Luci, *Torture, Psychoanalysis and Human Rights* (Routledge, 2017).
- Ibid., "Understanding the Socio-Political Phenomenon of Torture: A View from Analytical Psychology," in *The Analyst in the Polis, Vol. II*, Eds. S. Carta, A. Adorasio, R. Mercurio (Ebook, 2017).
- Ibid., "Inner and Outer Travels: Analytical Psychology and the Treatment of Refugees," in *Quadrant, Vol. XLVI:2, Fall* (2016).
- Luci  
Seminar**
- Ibid., *Torture Survivors in Analytic Therapy* (provisional title, in press, Routledge, 2022).
- Ibid. & M. Kahn, "Analytic Psychotherapy with Refugees: Between Silence and Embodied Narratives," in *Psychoanalytic Inquiry*, 41:2, 2021, DOI <https://doi.org/10.1080/07351690.2021.1865766>.
- Luci, "Displacement as Trauma and Trauma as Displacement in the Experience of Refugees," in *Journal of Analytical Psychology*, April 2020, 65(2), DOI <https://doi.org/10.1111/1468-5922.12590>.
- Ibid., "The Mark of Torture and the Therapeutic Relationship," in *International Journal of Psychoanalysis and Education*, Vol. X, n1, 2018.
- Ibid., "Disintegration of the Self and Regeneration of the Psychic Skin in the Treatment of Traumatized Refugees," *Journal of Analytical Psychology*, 62(2) (April 2018), DOI <https://doi.org/10.1111/1468-5922.12304>.
- Judith A. Savage  
Lecture & Seminar**
- C.G. Jung, *Jung on Active Imagination*, Ed., Joan Chodorow (Princeton University Press, 1997).

### Suggestions from the Jungian Odyssey Committee

- Fanny Brewster**
- The Racial Complex: A Jungian Perspective on Culture and Race* (Routledge, 2019).
- Ibid., *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss* (Routledge, 2018).
- Ibid., *African Americans and Jungian Psychology* (Routledge, 2017).

- E. Brodersen and P. Amezaga, Eds.** *Jungian Perspectives on Indeterminate States: Betwixt and Between Borders* (Routledge, 2020).
- C. Michael Smith** *Jung and Shamanism in Dialogue: Retrieving the Soul/Retrieving the Sacred* (Paulist Press, 1998).
- Murray Stein** *Jung's Map of the Soul: An Introduction*, 5th Ed. (Open Court, 2003).  
Ibid. and Thomas Arzt, Eds., *Jung's Red Book for Our Time: Searching for Soul Under Post-Modern Conditions*, 2 Volumes (Chiron, 2017/2018).
- Craig E. Stephenson** *Ages of Anxiety: Jung's Types as Inspiration for Poetry, Music and Dance*, The Zurich Lecture Series in Analytical Psychology (Spring Journal and Books, 2016).  
Ibid., *Possession: Jung's Comparative Anatomy of the Psyche*, Rev.Ed. (Routledge, 2016).  
Ibid., Ed., *Jung and Moreno: Essays on the Theatre of Human Nature* (Routledge, 2013).
- Peter Tyler** *The Pursuit of Soul: Psychoanalysis, Soul-making, and the Christian Tradition* (Bloomsbury, T&T Clark, 2016).
- Ursula Wirtz** *Trauma and Beyond: The Mystery of Transformation*, The Zürich Lecture Series in Analytical Psychology 2012 (Spring Journal and Books, 2014; Routledge, 2020).

### ***More About the Grandhotel Giessbach***

A brief glance at Giessbach's "anamnesis" reveals an archetypal trajectory of flourishing development disrupted by collectively traumatizing and anxiety-evoking turns of fate. See how the life and soul of the place were brought back from the brink of death. Once upon a time...

"In 1874/75, a grand hotel of incomparable charm was built on an equally incomparable spot at the famous Giessbach Falls above Lake Brienz in the Bernese Oberland, Switzerland. It exerted a powerful allure for visitors from far beyond the country's borders.

By the outbreak of the First World War in 1914, the Giessbach had become a meeting point for crowned heads of state, their entourages, statesmen, diplomats and celebrated artists, who spent their time recuperating strength, making plans and exchanging gossip.

Two world wars with disastrous consequences for the Swiss hotel industry, as well as a new approach to tourism, faded the glory of the Giessbach. In 1979, after years of decline, the hotel closed its doors. In its place were plans to build a modern concrete building in the style of a "jumbo chalet."

Rescue came at the last minute in 1983. The internationally renowned environmental campaigner, animal welfare activist and heritage protector Franz Weber worked a miracle. Thanks to his remarkable fundraising campaign and his establishment of the Giessbach Foundation for the Swiss People (Giessbach Stiftung dem Schweizervolk), he acquired the Giessbach domain with its 22-hectare land property and registered it as a protected monument.

His idea to "gift" the Giessbach to the Swiss people, thereby preserving it for all times, met with great enthusiasm among the public. To finance the necessary renovations and operating costs of the hotel, Franz Weber founded a shareholder company, the Parkhotel Giessbach AG. In May 1984 he re-opened the hotel with a new restaurant, the "Parkrestaurant," and a small number of un-renovated rooms. Complete renovation of the hotel took place over several stages. Today, Giessbach is one of the most beautiful and renowned hotels in the Swiss hospitality industry.

#### The Goals

To preserve the Giessbach for all time;  
to care for, maintain, and enhance the unique natural area;  
to promote cultural events;  
to return the park to its historical state."

***History recounted at*** <https://www.ffw.ch/en/projects/grandhotel-giessbach/>

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was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 500 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

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