PUBLIC PROGRAM • ÖFFENTLICHES PROGRAMM

ISAP ZURICH

INTERNATIONALES SEMINAR FÜR ANALYTISCHE PSYCHOLOGIE
INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY
AGAP POST-GRADUATE JUNGIAN TRAINING

Lectures and Seminars
Vorträge und Seminare

SPRING • 2026 • FRÜHLING

ISAPZURICH
INTERNATIONALES SEMINAR FÜR ANALYTISCHE PSYCHOLOGIE
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Information Day • Spring 2026

Tuesday, 24 March
~~12:00–13:30 &~~ 18:00–19:30✲

Live on Zoom only!
Registration via our website

Learn more about the training programs in Analytical Psychology at ISAPZURICH

International Program (Full or Part Residency)
The International Diploma is recognised by the International Association of Analytical Psychology (IAAP)

Other than full training programs, ISAP offers:
- Certificate Program in the Fundamental Theory of Analytical Psychology
- Public lectures, open seminars, and special events

✲ *The mid-day Information Day session has been cancelled. We invite you to attend the evening session at 18:00 Zurich time.*

Dienstag, 24. März
~~12:00–13:30 &~~ 18:00–19:30✲

Nur auf Zoom!
Anmeldung über unsere Website

Erfahren Sie mehr über die Ausbildungsprogramme in Analytischer Psychologie am ISAPZURICH

Internationales Programm (Voll- oder Teilresidenz)
Das Internationale Diplom ist von der Internationalen Vereinigung für Analytische Psychologie (IAAP) anerkannt.

Neben den vollständigen Ausbildungsprogrammen bietet ISAP:
- Zertifikat Theoretische Grundlagen in Analytischer Psychologie
- Öffentliche Vorträge, offene Seminare und Sonderveranstaltungen

✲ *Die mittägliche Session des Informationstages wurde abgesagt. Wir laden Sie ein, an der abendlichen Session um 18:00 Uhr Zürcher Zeit teilzunehmen.*

www.isapzurich.com • office@isapzurich.com • +41 (0)43 344 00 66

Erläuterungen — Information

Vorlesungen & Offene Seminare

Ohne Voranmeldung
Barzahlung an der Kasse

Eintritt pro 2 x 45 Minuten*:
- Regulär – CHF 40
- Studierende & AHV vor Ort – CHF 30

*Ausser Jungian Keynotes & Jungian Odyssey Prelude

Lectures & Open Seminars

Registration not required
Payment in cash at the door

Entrance fee for 2 x 45 minutes*:
- Regular – CHF 40
- Students & Over 65 on-site – CHF 30

*Except Jungian Keynotes & Jungian Odyssey Prelude

Semesterpause / Break
06.12.25 – 19.12.25
12.01.26 – 02.03.26

Öffnungszeiten				Opening Hours
Auskunft Studiensekretariat Buchhaltung	Di	09:30–12:00 13:30–16:30	Tue	Front Office Studies Secretary Accounting
	Oder nach Vereinbarung / Or by appt.			
Bibliothek	Do	13:30–18:30	Thu	Library
	Oder nach Vereinbarung / Or by appt.			

Betriebsferien / Closedown
20.12.25 – 11.01.26

Büros geschlossen — **Offices closed**

Semester
03.03.26 – 06.06.26

Öffnungszeiten				Opening Hours
Auskunft	Di–Fr	09:30–12:00 13:30–16:30	Tue–Fri	Front Office
Studiensekretariat	Di, Mi, Fr	09:30–12:00 13:30–16:30	Tue, Wed, Fri	Studies Secretary
Buchhaltung	Di & Do	09:30–12:00 13:30–16:30	Tue & Thu	Accounting
Bibliothek	Di, Mi, Fr	11:30–16:30	Tue, Wed, Fri	Library
	Do	13:30–18:30	Thu	

Es gehört zum Wesen politischer Körper, dass sie das Böse immer bei anderen sehen, ebenso wie der Einzelne die fast unausrottbare Neigung hat, sich alles dessen, was er von sich nicht weiss und nicht wissen will, dadurch zu entledigen, dass er es dem anderen zuschiebt.
— C.G. Jung, *GW* 10, §576

It is in the nature of political bodies always to see the evil in the opposite group, just as the individual has an ineradicable tendency to get rid of everything he does not know and does not want to know about himself by foisting it off on somebody else.
— C.G. Jung, *CW* 10, §576

Stampfenbachstrasse 115

Auskunft	Claire Ironside • Erzhena Ulanova office@isapzurich.com +41 (0)43 344 00 66	Front Office
Studiensekretariat	Korine Bolt studies@isapzurich.com	Studies Secretary
Buchhaltung	Paulina Nerko accounting@isapzurich.com	Accounting
Bibliothek	Carol McGinty • Catherine McBroom library@isapzurich.com	Library

Änderungen vorbehalten, jeweils im März: Bitte informieren Sie sich auf www.isapzurich.com/de über die aktuellen Mitglieder.

Subject to change annually in March: Please check www.isapzurich.com/en for current members.

ISAP-Leitung		ISAP Council
Präsident	John Desteian, J.D., DPsy john.desteian@isapzurich.com	President
Vizepräsidentin	Ann Chia-Yi Li, MA annchiayi.li@isapzurich.com	Vice President
Sekretärin	Ursula Ulmer ursula.ulmer@isapzurich.com	Secretary
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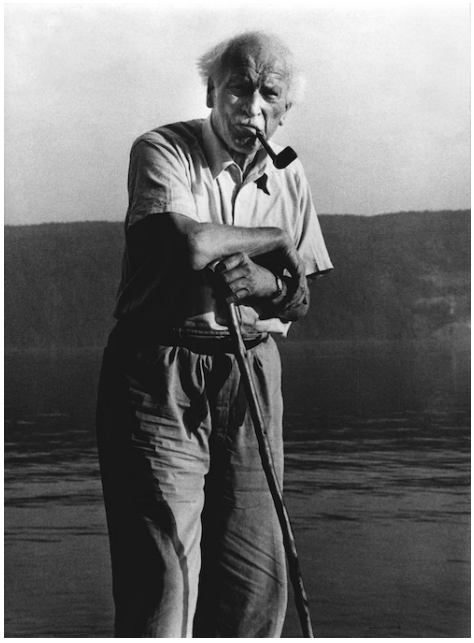
Studienleiterin	Yuriko Sato, MD yuriko.sato@isapzurich.com	Director of Studies
Aufnahmeleiterin	Lucienne Marguerat, lic. phil. lucienne.marguerat@isapzurich.com	Director of Admissions
Programmleiter	Gábor Majdán, MSc gabor.majdan@isapzurich.com	Director of Program
Ombudsstelle	Jürg Vetter jvetter@datacomm.ch +41 78 746 38 80	Monique Wulkan mowu@bluewin.ch +41 79 382 67 42	Ombudspersons

Studierendenvertretung		Student Representation
Studierendenvereinigung	Aslı Duru asliduru@proton.me Megan Holm meganholm@protonmail.com	Student Association



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- **The Complete Lecture Series**
  General Entry – CHF 400
  Students & Over 65 on-site – CHF 320
  Includes Confirmation of Attendance
- **Per Lecture**
  General Entry – CHF 50
  Students & Over 65 on-site – CHF 40
  Refugees on-site with proof of refugee status – CHF 10
- **Gratis for ISAP Students and Analysts**
  Register and pay via our website or cash at the door
  Stampfenbachstr. 115, 8006 Zürich
  Tram 17, 50 or 51 to Beckenhof
  On-site & on Zoom – check www.isapzurich.com for Zoom pricing and up-to-date information.

Jungian Keynotes • Spring 2026
In-depth explorations of key aspects of Analytical Psychology

The Relationship between Ego and Self

Tue, 3 Mar
13:00–14:45 **Andrew Fellows, PhD**
08 01 | The Stages of Life: Individual and Collective

15:00–16:45 **Judith Savage, DPsy**
09 02 | The Divine Spark: How Psychic Energy Becomes Symbol

Wed, 4 Mar
13:00–14:45 **Nancy Krieger, PhD**
01 03 | Jung: From the Bottom Up

15:00–16:45 **Yuriko Sato, MD**
01 04 | What is "I"?

Thu, 5 Mar
13:00–14:45 **Penelope Yungblut, MA**
01 05 | Foundational Steps in the Unfolding of the Ego-Self Relationship

15:00–16:45 **Lisa Holland, MS**
12 07 | The Dance of the Ego and Self in the Analysis

Fri, 6 Mar
13:00–14:45 **Paul Brutsche, Dr. phil.**
04 08 | The Relationship between Ego and Self as Expressed in Pictures: Studying Paintings of Analysands in Reference to the Ego-Self Axis

15:00–16:45 **Ursula Wirtz, Dr. phil.**
11 09 | Wisdom's Roots: Exploring the Ego-Self Connection

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ISAPZURICH • INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY ZURICH
ISAPZURICH OFFERS AGAP'S IAAP-ACCREDITED ANALYTIC TRAINING AND CONTINUING EDUCATION
AND IS AN ASSOCIATE MEMBER OF THE ASSOCIATION OF SWISS PSYCHOTHERAPISTS (ASP).

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Chats with Analysts • Spring 2026

Thursday, 19 March • 17:00–18:45

Katharina Casanova, lic. phil.

Encounters with Carl Jung and Jungians in my Life

From a young age Jungians crossed my way and were important for my development. I will share important points in my history of becoming a Jungian Analyst and practising for more than 30 years...

In these casual talks each semester, ISAP analysts offer glimpses into their personal approaches to Jungian analysis.

General Entry – CHF 40
Students & Over 65 – CHF 30
Refugees with proof of refugee status – CHF 10
Register and pay via our website or cash at the door
Gratis for ISAP Students (not credited for training) and Analysts
This event is on-site only!

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Tram 17, 50 or 51 to Beckenhof

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ISAPZURICH

Traumgruppe

Schöpferische Arbeit an den eigenen Träumen

Fünf bis sieben 2-stündige Sitzungen
Jeweils Dienstags • 18:30–20:30 Uhr
24.03., 31.03., 07.04., 14.04., 21.04., 28.04., 05.05.2026
Bis 6–7 Sitzungen gem. Anzahl Teilnehmender

Keine Vorkenntnisse nötig
Maximal 7 Teilnehmende

Unsere Spielregeln sorgen für ein Klima des gegenseitigen Respekts und Vertrauens.

Gruppenleiterin

Lucienne Marguerat, lic. phil.
Eidg. anerk. Psychotherapeutin ASP/AGAP
Lehranalytikerin, Supervisorin ISAPZURICH

Ort

ISAPZURICH
Stampfenbachstrasse 115, 8006 Zürich
Tram 17, 50 oder 51 bis Haltestelle Beckenhof

Zahlung in bar

Fünf 2-stündige Sitzungen CHF 250.–
CHF 50.– pro zusätzliche Sitzung
Zahlung an der Tageskasse, 24.03.2026

Verbindliche Anmeldung

Bis 10.03.2026
Per Email od. Telefon

Anmeldung • Weitere Infos

- Email: info@lmarguerat.ch
- Tel: 076 378 68 38
- www.lmarguerat.ch

Traumdeutung nach C.G. Jung

- Träume überbringen uns Botschaften, die verstanden werden wollen. Sie reagieren auf Erleben und Gedanken aus dem Wachleben. Sie berichten von Gefühlen, die im Moment nicht wahrgenommen werden. Sie machen uns auf die tiefen Gründe für unser Verhalten aufmerksam.
- Ob bedrückend, verwirrend oder wunderschön, Träume sind eine heilsame und reichhaltige Quelle an Erkenntnissen über uns selbst.
- Die Träume haben ihre eigene Sprache; sie sprechen in Bildern ähnlich wie Märchen, Sagen und Religionen aller Zeiten. Wenn wir ihren Hinweisen und unseren Einfällen dazu nachgehen, werden verborgene Kräfte freigelegt.
- Welche Anregung will mir der Traum geben? Warum gerade jetzt?

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- **The Complete Lecture Series**
  General Entry – CHF 350
  Jungian Odyssey Attendees – CHF 175
  Students & Over 65 on-site – CHF 280
  Includes Confirmation of Attendance
- **Per Lecture**
  General Entry – CHF 50
  Students & Over 65 on-site – CHF 40
  Refugees on-site with official proof of refugee status – CHF 10

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  Register and pay via our website or cash at the door.
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  Tram 17, 50 or 51 to Beckenhof

On-site & on Zoom - check www.isapzurich.com for up-to-date information.

The Prelude offers three rich days of lectures, an excursion and participation in ISAP's graduation ceremony just before the start of the Jungian Odyssey — a special time for Odyssey guests to experience time at ISAP in Zurich before leaving for the Jungian Odyssey.

Jungian Odyssey Prelude • 2026

A Festive Prelude

Tue, 26 May	**Heike Weis Hyder, FMH Psychiatrie/Psychotherapie**
10:00–11:45	10 60 | Living in Resonance with the Soul – Visions in the *Red Book* of C.G. Jung in Connection with a Clinical Case Study of Severe Trauma [Part 1 of 2]
13:00–14:45	Part 2 of above lecture
15:00–16:45	**Dariane Pictet, Ad. Dip. Ex. Psych**
	06 61 | A Journey into the "Hell Realms" with Kali, Ereshkigal and Baba Yaga
Wed, 27 May	**Excursion: C.G. Jung – The Basel Years: A**
8:45–18:00	**Walking Tour***
Thu, 28 May	**Maria Anna Bernasconi, lic. phil.**
10:00–11:45	05 63 | New Animism and Jungian Psychology
13:00–14:45	**Peter Ammann, Dr. phil.**
	02 64 | Crossroad Dreams: Signposts towards Identity and Individuation
Fri, 29 May	**Marco Della Chiesa, lic. phil.**
10:00–11:45	12 65 | Dignity – A Core Value: Dignity in Therapy and Dignity Therapy
13:00–14:45	**Peter Ammann, Dr. phil.**
	05 66 | "Spirits of the Rocks" – Showing and Discussion of my Documentary Film
17:00	**Graduation & Apéro**

* Excursion information: Limited attendance
Registration via ISAP website; use QR code ⟶
Registration deadline 17.05.26 • Travel costs not included

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Spring Excursion • 2026

C.G. Jung – The Basel Years: A Walking Tour

Wednesday, 27 May • 8:45–18:00 (or later)

A walking tour led by ISAP analyst Kathrin Schaeppi
Duration: 10:00–16:00
Bring your own bag lunch or register for self-paid restaurant lunch.
Expect to take a train back to Zürich around 17:06 or 17:33 or stay longer in Basel individually.

Limited Attendance!

Please register using the QR code to reach the event webpage or via this link: www.isapzurich.com/qr/spring-excursion
Registration deadline 17 May 2026

Costs: CHF 40, to be paid upon registration

Meeting time: Wednesday 27 May at 8:45
Meeting place: Zürich main train station, below the Niki de Saint Phalle angel in the main entrance hall
Bring a water bottle, snack, lunch and wear good walking shoes.
More detailed information will be sent upon registration.

Please buy your own train ticket to Basel, including a City Ticket, in advance.
- 8:59 DEPARTURE Zürich Hauptbahnhof (main station)
- 9:50 ARRIVAL in Basel SBB Hauptbahnhof

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The 19th Jungian Odyssey
Annual Conference & Retreat

"[T]he frightening spectacle of an apocalyptic world situation", as Jung writes (*CW 10, §727*), taking shape within and around us, can paralyze us with anxiety, even despair (*Lat. desperare*, "away from hope"). Despair, fear, and hope are all emotions with which we might approach our future. Yet only hope offers consolation, even inspiration, and a glimpse of something "beyond" and yet to be revealed. Traveling the course of hope, navigating the flight which this "thing with feathers" traverses, is at times arduous. In a sermon (of unknown date) exploring the theme of acceptance versus fatalism, Martin Luther King, Jr. captures it in this way: "We must accept finite disappointment but never give up infinite hope." Tolerating uncertainty allows us to hope, and hope allows us to tolerate what is yet unknown. We can cultivate hope through connecting with our own vast inner world of ancient but living symbols, and conversely it is hope that gives us the space and courage to imagine the transformation that is poised to take place both within and around us.

"Authentic hope requires clarity – seeing the troubles in this world – and imagination, seeing what might lie beyond these situations that are perhaps not inevitable and immutable."

• Rebecca Solnit, *Hope in the Dark: Untold Histories,* 2016

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"Hope is the thing with feathers"

Imagination in Times of Despair

May 30 – June 6, 2026
Hotel Schweizerhof
Flims, Switzerland

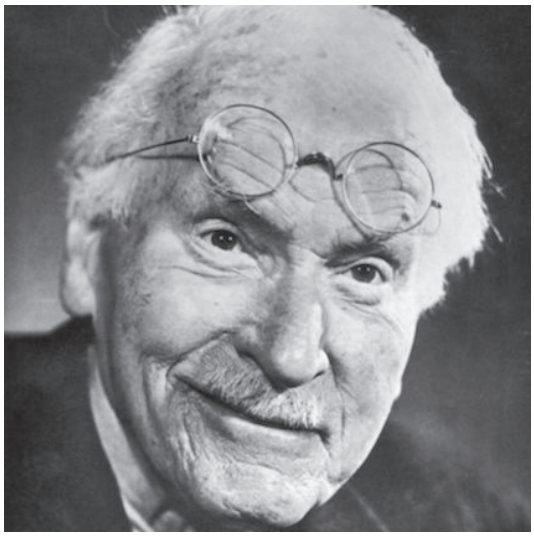
Guest Speakers
Daniela Boccassini, PhD (Italy/Canada)
Joseph Cambray, PhD (USA)
Catherine Cox, BA (UK)

With Friends & Faculty of ISAPZURICH
Peter Ammann, Dr. phil.
Maria Anna Bernasconi, lic. phil.
Richard Blennerhassett, MB, FRCPI, FRCPsych
Maria Grazia Calzà, Dr. phil.
Katharina Casanova, lic. phil.
Brigitte Egger, Dr. sc. nat. ETH
Deborah Egger-Biniores, MSW
Ilaria Franchi, Movement Medicine Teacher
Alan Guggenbühl, Dr. phil.
Lisa M. Holland, MS
Scott William Hyder, lic. phil.
Elia Khalaf, PhD, LMHC, ATR-BC
Lena Mändotter, MA
Bernard Sartorius, lic. theol.
Judith Savage, DPsy
Kathrin Schaeppi, MS, MFA
Murray Stein, PhD
Nancy van den Berg Cook, PhD, PsyD
Ilsabe von Uslar, lic. phil.
Katarzyna Wach, Mgr. Psych., Soc. Psych.
Heike Weis Hyder, Dr. med.
Penelope Yungblut, MA

Program Details
www.jungianodyssey.com
info@jungianodyssey.com

Photo: *Hotel Schweizerhof and View. © Hotel Schweizerhof, Flims*
Quote: *"Hope is the thing with feathers." Emily Dickinson*

C.G. Jung
65th Memorial Day • 65. Gedenktag



Lecture & Apéro
Saturday, 6 June 2026

Vortrag & Apéro
Samstag, 6. Juni 2026

18:00–19:30 Uhr
Entry gratis • Eintritt frei

Ursula Brasch, MA

Jung's Ego Concept and the Confucian Concept of "the Superior Person": a Cross-Cultural Reflection

Vortrag in englischer Sprache • schriftliche Zusammenfassung auf Deutsch

ISAPZURICH
Stampfenbachstr. 115, 8006 Zürich

On-site & Live on Zoom! • Vor Ort & Live über Zoom!
Registration required • Anmeldung ist erforderlich
office@isapzurich.com

ORGANIZATION
C.G. Jung-Institut Zürich, Küsnacht
Internationales Seminar für Analytische Psychologie Zürich - ISAPZURICH

CG Jung Institut Zürich

ISAPZURICH
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INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY
AGAP POST-GRADUATE JUNGIAN TRAINING

Frühlingssemester 2026
Dienstag, 3. März – Samstag, 6. Juni

Alle Angaben in diesem Programmheft sind korrekt bei Drucklegung. Voraussichtlich werden alle Kurse vor Ort im Hauptsaal des ISAP-Gebäudes stattfinden. Zusätzlich werden ausgewählte Kurse via Zoom übertragen, was ebenfalls in der Kursbeschreibung aufgeführt ist. Informationen zu Zoom-Veranstaltungen werden auf der ISAP-Website angezeigt. Wir ermutigen Sie, Rückmeldungen über unser Online-Formular einzureichen.

Kursänderungen werden auf der ISAP-Website (https://www.isapzurich.com/de) bekannt gegeben. Konsultieren Sie diese Website vor jeder Veranstaltung im Hinblick auf allfällige Änderungen.

Öffentliches Semesterprogramm

Rückmeldeformular

Spring Semester 2026
Tuesday, 3 March – Saturday, 6 June

All dates in this booklet are correct at the time of issue. It is planned that all courses take place live at ISAP, in the main lecture hall. Additionally, some courses have been selected to be broadcast (Zoomed out). This is also indicated in the course description. Zoom information will be on the ISAP website. We encourage you to submit feedback through our online form.

Course changes will be indicated on the ISAP website (https://www.isapzurich.com/en). Check this site before each course for the latest changes.

Public Semester Program

Feedback Form

Bitte informieren Sie sich auf www.isapzurich.com/de über den aktuellen Kursstatus.

08 01 Lecture - Developmental Psychology

Andrew Fellows, PhD
Tuesday
3 March | 13:00–14:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

The Stages of Life: Individual and Collective
In his famous "Stages of Life" essay, Jung postulates the emergence of ego from fusion with the unconscious at birth to their union at death. He contrasts the first half of life, in which outer developmental goals are to be achieved, with the second, in which adaptation to the inner world is more important. I will pay special attention to the challenges of the mid-life transition when the centre of the psyche begins this shift from the ego towards the Self, and conclude by elaborating the potential for scaling this model up to understand some dynamics of the collective.

09 02 Lecture - Comparison of Psychodynamic Concepts

Judith Savage, DPsy
Tuesday
3 March | 15:00–16:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

The Divine Spark: How Psychic Energy Becomes Symbol
Jung viewed psychic energy as inherently transformative, stating as early as 1921, that "Fantasy as imaginative activity is identical with the flow of psychic energy" (*CW* 6, 1921, p. 722). This lecture will explore this underlying process which we have come to identify as the activity of the Self.

01 03 Lecture - Fundamentals of Analytical Psychology

Nancy Krieger, PhD
Wednesday
4 March | 13:00–14:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

Jung: From the Bottom Up
This is a very basic lecture on Jungian theory. What is a complex? What is the ego complex? What is an archetype? What is the relation between an archetype and a complex? What is the relation between an archetype and the Self? And why do we care about all this? What does this have to do with working as a Jungian analyst?

01 04 Lecture - Fundamentals of Analytical Psychology

Yuriko Sato, MD
Wednesday
4 March | 15:00–16:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

What is "I"?
According to Analytical Psychology, in the Western psyche, the ego is the centre of consciousness and the Self is the unifying centre of the whole psyche. However, Jung mentioned consciousness without an ego in the psyche of the East. We will examine the concepts of the ego and the Self through the lens of a non-Western psyche.

No audio or video recording or transcription of any ISAP course is permitted.

01 05 Lecture - Fundamentals of Analytical Psychology

Penelope Yungblut, MA
Thursday
5 March | 13:00–14:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

Foundational Steps in the Unfolding of the Ego-Self Relationship
We will explore key achievements, stages, and processes in the lifelong encounter between the ego and Self. What does Jung mean by postulating two centers of authority within? How do they relate to one another? When are they in tension? We will examine the role that differentiation, integration, and discernment play in the ego-Self interaction in our journey toward individuation.

12 07 Lecture - Practical Case

Lisa Holland, MS
Thursday
5 March | 15:00–16:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

The Dance of the Ego and Self in the Analysis
What drives and what guides us in the analyst's chair? How do we know when to act and when to wait? How do we choose the moment to speak and the moment to hold silence? And when might a tearful description of a spontaneous image or an outburst driven by frustration be precisely the right medicine?

04 08 Lecture - Psychological Interpretation of Pictures

Paul Brutsche, Dr. phil.
Friday
6 March | 13:00–14:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

The Relationship between Ego and Self as Expressed in Pictures: Studying Paintings of Analysands in Reference to the Ego-Self Axis
We will carefully look at paintings made by analysands and study the question how Ego and Self are represented on them and what they reveal about the relationship between the two.

11 09 Lecture - Individuation

Ursula Wirtz, Dr. phil.
Friday
6 March | 15:00–16:45
On-site & Live on Zoom

Jungian Keynotes Lecture Series

Wisdom's Roots: Exploring the Ego-Self Connection
Wisdom is framed as part of the individuation process, a journey towards integrating the demands of the Ego with the call from the Self.

Audio- oder Videoaufnahmen oder Abschriften von ISAP-Kursen sind nicht gestattet.

Bitte informieren Sie sich auf www.isapzurich.com/de über den aktuellen Kursstatus.

08 12 Lecture - Developmental Psychology

Penelope Yungblut, MA
Tuesday & Thursday
10 March | 13:00–14:45
12 March | 13:00–14:45
17 March | 13:00–14:45
19 March | 13:00–14:45

On-site only at ISAP

What Does Individuation Ask of Us?
We will explore foundational tasks and stages in a life well lived. Navigating the first half of life includes cultivating ego consciousness, encountering external reality, committing to a work, and developing fulfilling relationships. Moving into the second half of life involves engaging with the unconscious, finding meaning and purpose, and honoring our depths, creativity, and uniqueness.

11 14 Lecture - Individuation

Yamini Deen, BA, PG Dipl.
Thursday
12 March | 10:00–11:45

On-site only at ISAP

Decoloniality and Individuation: Reconciling the Archetypal Wound
Colonialism is not only historical but also archetypal, shaping psyche, culture, and relations of power. I argue that decoloniality is an essential dimension of individuation: as Jung wrote, to individuate is to "gather the world to oneself." This lecture explores how we each inhabit colonizer and colonized roles, and how everyday embodied decolonial practices – listening, restoring connection, questioning norms, reclaiming silenced parts – open the way to wholeness and authentic narrative.

10 26 Lecture - Psychopathology & Psychiatry

Barbara Strahm, Dr. rer. nat.
Wednesday
25 March | 15:00–16:45

On-site only at ISAP

What is a Psychosis?
We will set out on a journey that will lead us to an understanding of psychosis as a fundamental psychic phenomenon in humans. We will learn about the preconditions of its materialization, about potentially vulnerable life cycle phases and the reasons for that. We will come to an understanding of psychotic symptoms on a general and individual level, illustrated by examples from clinical and private practice. And we will understand how the Jungian concept of structure and functioning of what we call "psyche" furthers our understanding and blends in with recent results in science.

03 28 Lecture - Psychological Interpretation of Myths & Fairy Tales

Susanna Bucher, Dr. sc. nat. ETH
Ulrike Bercher Baumgartner, MSc
Friday
27 March | 10:00–11:45

On-site only at ISAP

A Kaleidoscope of Approaches to Fairy Tale Interpretation
In this session, two ISAP analysts each present their own interpretation of the same fairy tale. Part 1: Ulrike Bercher Baumgartner and Susanna Bucher interpret the fairy tale "The Piper and the Púca."

No audio or video recording or transcription of any ISAP course is permitted.

03 29 Lecture - Psychological Interpretation of Myths & Fairy Tales

Ursula Ulmer, MA
Yuriko Sato, MD
Wednesday
1 April | 15:00–18:45

On-site only at ISAP

A Kaleidoscope of Approaches to Fairy Tale Interpretation
In this session, two ISAP analysts each present their own interpretation of the same fairy tale. Part 2: Yuriko Sato and Ursula Ulmer interpret the fairy tale "The Snail Choja."

04 30 Lecture - Psychological Interpretation of Pictures

Xiao You, PhD
Tuesday
7 April | 10:00–11:45

On-site only at ISAP

The Application of Intuitive Painting in a Psychiatric Inpatient Ward
Art therapy is regarded as a therapeutic approach based on non-verbal methods, encompassing multiple modalities. The aim is to promote health and recovery through active or receptive participation in expressive activities. Since March 2024, I have been leading weekly group sessions of intuitive painting with inpatients at a psychiatric hospital. The patients engage in intuitive painting based on the images and feelings that arise; afterwards they share their experiences. This lecture will discuss patients' participation processes as well as analyses of their paintings – the initial painting and the series of paintings.

06 24 Lecture - Religion & Psychology

Susanna Bucher, Dr. sc. nat. ETH
Tuesday
14 April | 10:00–11:45

On-site & Live on Zoom

"Surrender to Ultimate Reality": An Exploration of Mysticism in World Religions
This lecture offers an introduction to mysticism, with examples from Christianity and other world religions. Evelyn Underhill's classical definition of mysticism implies a "surrender... to ultimate Reality... from an instinct of love" (*Mysticism*, 1911).
Jung wrote his major work *Mysterium Coniunctionis* about the alchemical union, the "central mystical experience of enlightenment ... aptly symbolized by Light in most of the numerous forms of mysticism" (*CW* XI, §828). What does this mean for the relevance of mysticism to Jungian psychology?

Audio- oder Videoaufnahmen oder Abschriften von ISAP-Kursen sind nicht gestattet.

01 36 Open Seminar - Fundamentals of Analytical Psychology

Gary Hayes, lic. phil.
Luis Moris, Dr. phil.
Wednesday
15 April | 17:00–20:45
22 April | 17:00–20:45
29 April | 17:00–20:45

On-site only at ISAP

"Drawing Projections," Jung and Films
This seminar aims at exploring psychological themes through the visual narratives of selected films. This semester we will be focusing on the theme of individuation. We will be using three films to focus on the theme of how the concept of individuation can be explored and discussed through the film material we have selected. The films will be shown at ISAP. The viewing will be followed by discussions led by the presenters. We wish to provide our students with the opportunity for the collective experience of viewing the films together, followed by the chance to share our impressions.

07 37 Lecture - Theory of Complexes & the Association Experiment

Lavinia Iuliana Țânculescu-Popa, PhD
Thursday
16 April | 10:00–11:45

On-site only at ISAP

Exploring the Attachment Complex: Teleological Perspectives on Longing and Loss
This course examines the intersection of analytical psychology and object relations theory in understanding attachment as both an archetypal pattern and a trauma-based complex. Drawing on the work of Jung, Bowlby, Kohut, and Neumann, this exploration examines the formation of complexes, the role of early relational experiences, and the teleological dimension of the psyche, highlighting implications for love relationships and the transformation of relational patterns. The course is followed by a seminar with clinical vignettes for applied analysis.

06 39 Lecture - Religion & Psychology

Josephine Evetts-Secker, Professor Emerita, Rev.
Thursday & Friday
16 April | 15:00–16:45
17 April | 10:00–11:45

On-site only at ISAP

"Is Life No More Than This?" – Meaning and Mattering in, and a Problematic of, the Twenty-First Century
The category of meaning is so vital in Jung's thought that I would like to explore it as a problematic contemporary issue in literature, art, fairy tale and dream. We will reflect on both Jung's own personal and collective experience and on therapeutic practice. My experience of the word and category/phenomenon of meaning is like St. Augustine's experience of time: I know what it is until I have to explain or define it. Is it myth (Jaffe) and how does it relate to purpose (Mathers)? As a twenty-first century problematic, how does it relate to past human experience?

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02 44 Lecture - Psychology of Dreams

Douglas Whitcher, PhD
Friday
24 April | 13:00–14:45
8 May | 13:00–14:45

On-site only at ISAP

The Badder the Better: Why Bad Dreams are Good
Bad dreams are not pleasant, but things would be worse if we didn't have them. This understanding of bad dreams is not at all intuitive; in fact, most pre-scientific approaches view dreams as bad omens. That is why it is imperative that we share our knowledge of why bad dreams are so important.

07 53 Lecture - Theory of Complexes & the Association Experiment

Anahit Khananyan, Ph.D in Psychology
Tuesday
19 May | 10:00–11:45

On-site only at ISAP

Repression of Animus in Women in the Collectivist Culture
This seminar explores C.G. Jung's concept of the Animus within the feminine psyche, focusing on the cultural "repression of manifestation of Animus" and its role in individuation. Formulated as a new cultural complex, the repression of manifestation of Animus is reflected in fairy tales and legends such as "Cinderella" and "Mulan." The phenomenon will be illustrated in a clinical case.

11 56 Lecture - Individuation

Anahit Khananyan, Ph.D in Psychology
Thursday
21 May | 10:00–11:45

On-site only at ISAP

The Shadow: A Powerful and Influential Archetype of the Collective Unconscious
This seminar explores the role of the Shadow in Jungian analysis as a central archetype shaping individual and collective psyche. Special attention is given to guilt and shame that hinder the awareness of shadow projections. Clinical cases will illustrate the dynamics of acceptance of Shadow, as well as the influence of the cultural and collective Shadow (*Umbra Mundi*) on individuation.

01 57 Open Seminar - Fundamentals of Analytical Psychology

Julia Ovchinnikova, Dr. phil.
Thursday
21 May | 13:00–16:45

On-site only at ISAP

Multicultural Analysis: Bridging Worlds
In the analytic setting an encounter with cultural trauma is intertwined with the patient's personal history and traumas, shadow dynamics and the cultural complexes of both the patient and the analyst. The latter is the culturally affected transference and countertransference. The participants will be invited to look at various meanings and images that an analyst from another culture may have for their patients. I will explore how multicultural and multilingual therapy is a patient's unconscious choice, and how the Wounded Healer archetype is activated, illustrating it with references with clinical material.

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Bitte informieren Sie sich auf www.isapzurich.com/de über den aktuellen Kursstatus.

10 60 Lecture - Psychopathology & Psychiatry

Heike Weis Hyder, FMH Psychiatrie/Psychotherapie
Tuesday
26 May | 10:00–11:45
26 May | 13:00–14:45

On-site & Live on Zoom

Jungian Odyssey Prelude

Living in Resonance with the Soul – Visions in the *Red Book* of C.G. Jung in Connection with a Clinical Case Study of Severe Trauma

This lecture describes the essential step in psychotherapy of entering into a direct inner and initiatory experience with the psyche as a living, self-existing entity within oneself. This humbling process transforms the individual into a more self-aware and differentiated human being, and can shape a new kind of therapist. I will present the therapeutic process of a severely traumatised woman, interweaving her material with the unfolding of the visions in the *Red Book*.

06 61 Lecture - Religion & Psychology

Dariane Pictet, Ad. Dip. Ex. Psych
Tuesday
26 May | 15:00–16:45

On-site & Live on Zoom

Jungian Odyssey Prelude

A Journey into the "Hell Realms" with Kali, Ereshkigal and Baba Yaga

Facing the dark feminine is part of a soul retrieval process. We will explore the stories that illustrate the shadow world as a pathway to soul recovery and transformation.

05 63 Lecture - Ethnology & Psychology

Maria Anna Bernasconi, lic. phil.
Thursday
28 May | 10:00–11:45

On-site & Live on Zoom

Jungian Odyssey Prelude

New Animism and Jungian Psychology

The concept of animism was activated by contemporary ethnologists: they show us that people worldwide have a certain worldview: all is animated, even stones and brooks and the like. They all belong to the same community. This way of thinking is surprisingly quite compatible with many concepts of C.G. Jung: the archetypes, the transcendent function, but, above all, the attitude towards these entities. In the lecture I will present an overview of these parallels.

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02 64 Lecture - Psychology of Dreams

Peter Ammann, Dr. phil.
Thursday
28 May | 13:00–14:45

On-site & Live on Zoom

Jungian Odyssey Prelude

Crossroad Dreams: Signposts towards Identity and Individuation
Crossroads are places where we can or must make life-changing decisions; they can be crucial situations of conflict in which we do not know which path to take. Crossroad dreams might appear when we, confronted with such a divide, are hesitant, afraid or even desperate to make a choice. Such dreams can be signposts on the path of individuation, leading us to find our true identity. One well-known example is Jung's dream in which he had to kill Siegfried and consequently renounce pursuing his ambitious academic career as a university professor in favor of his own individuation process.

12 65 Lecture - Practical Case

Marco Della Chiesa, lic. phil.
Friday
29 May | 10:00–11:45

On-site & Live on Zoom

Jungian Odyssey Prelude

Dignity – A Core Value: Dignity in Therapy and Dignity Therapy
What is human dignity? How can it be defined? What role does dignity play in therapy? The focus is on M. Chochinov's Dignity-Centered Therapy.

05 66 Lecture - Ethnology & Psychology

Peter Ammann, Dr. phil.
Friday
29 May | 13:00–14:45

On-site & Live on Zoom

Jungian Odyssey Prelude

"Spirits of the Rocks" – Showing and Discussion of my Documentary Film
What is it about the Bushpeople (San) that touches something deep in us? With this question in mind, we set off to South Africa, Botswana and Namibia. Their extraordinary rock paintings lead us back into the world of our ancestors, the hunters and gatherers; they conjure up the early man in us, which – externally at least – has long been repressed and destroyed. Yet our journey also takes us to the Bushpeople who are still alive today. They share with us their myths and invite us to take part in their healing dance. In so doing, the Bushpeople restore our links with a way of life we have lost.

Audio- oder Videoaufnahmen oder Abschriften von ISAP-Kursen sind nicht gestattet.

Kalender-Zeichenerklärung

Calendar Key

Vor Ort und live über Zoom
Sonderveranstaltung

On-site & live on Zoom
Special event

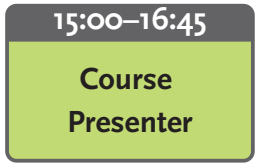
Vor Ort und live über Zoom

On-site & live on Zoom

Nur vor Ort
Sonderveranstaltung

On-site only
Special event

Nur vor Ort



On-site only

Alle Kurse finden im Hauptsaal S1 statt, sofern nicht anders vermerkt.

All courses take place in the main lecture hall S1 unless otherwise noted.

Bitte informieren Sie sich auf www.isapzurich.com/de über den aktuellen Kursstatus.

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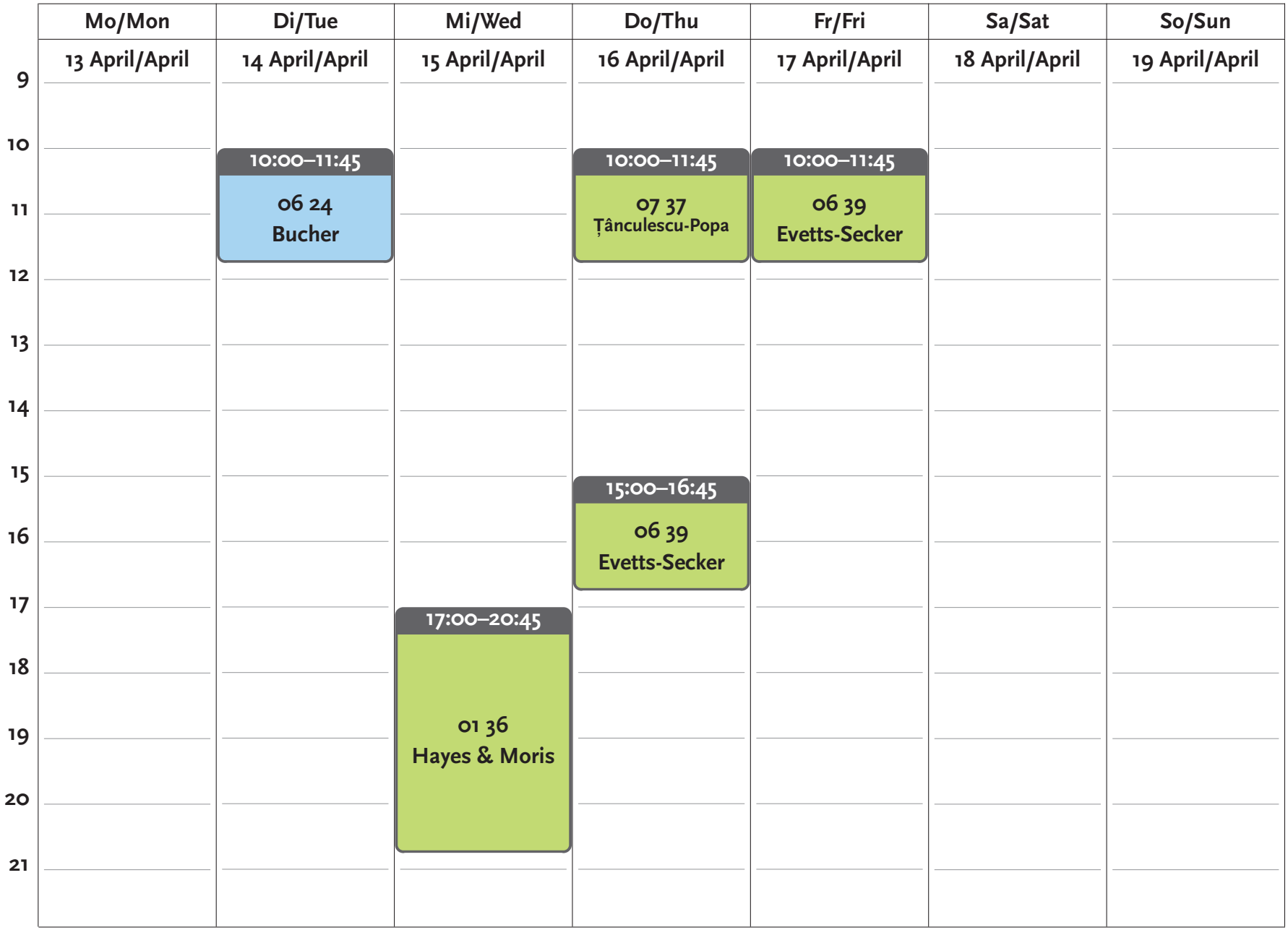

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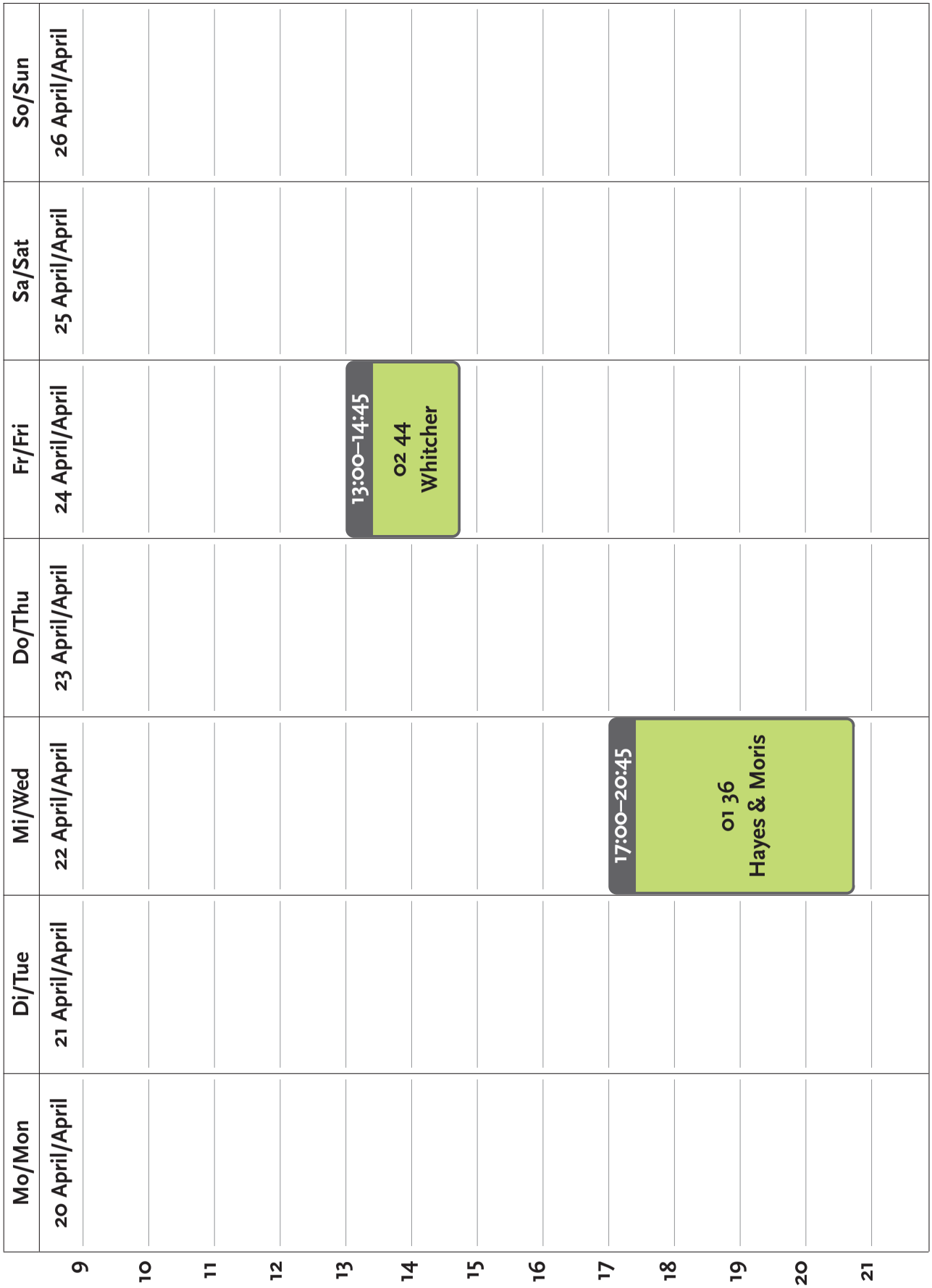

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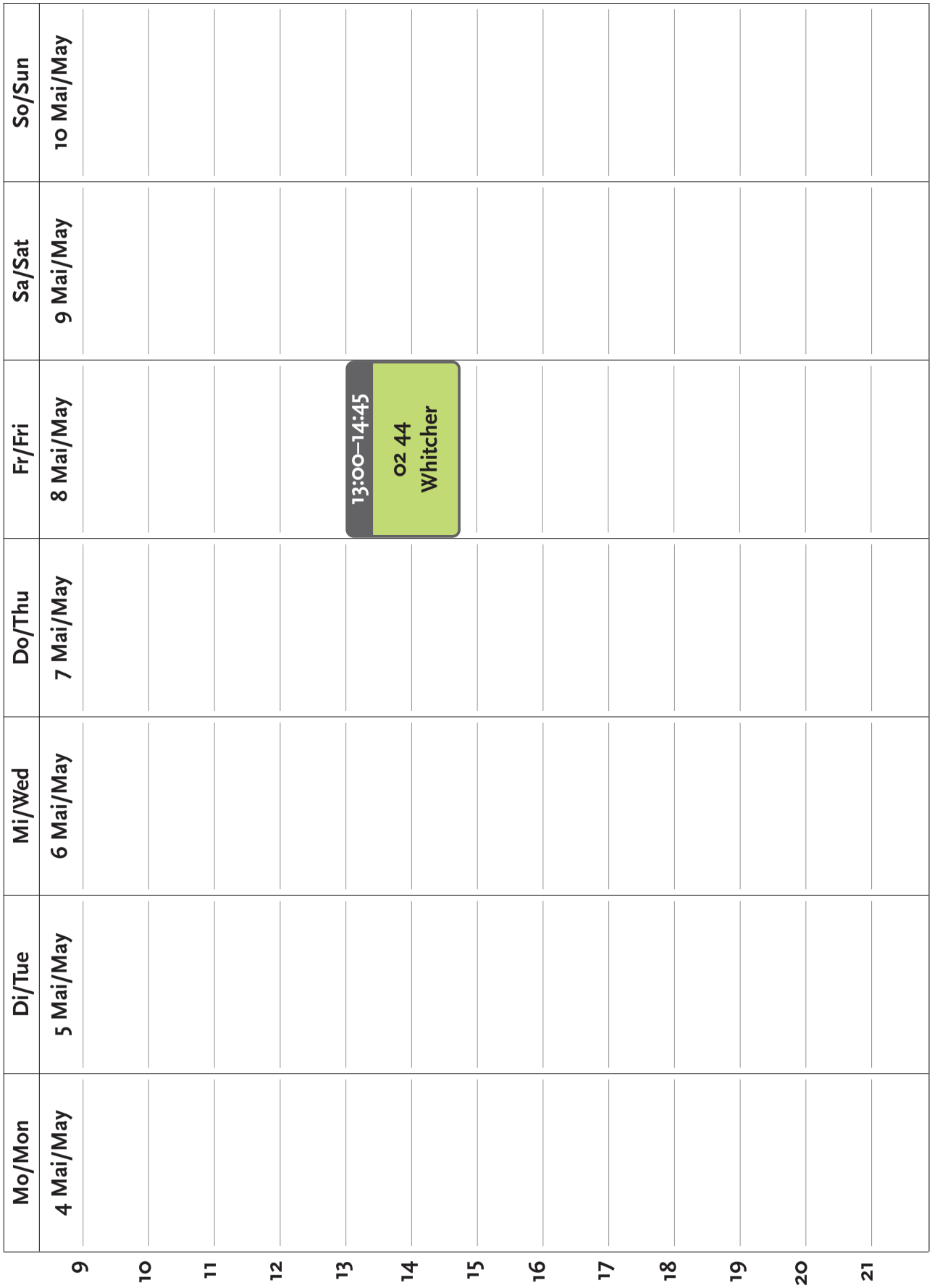

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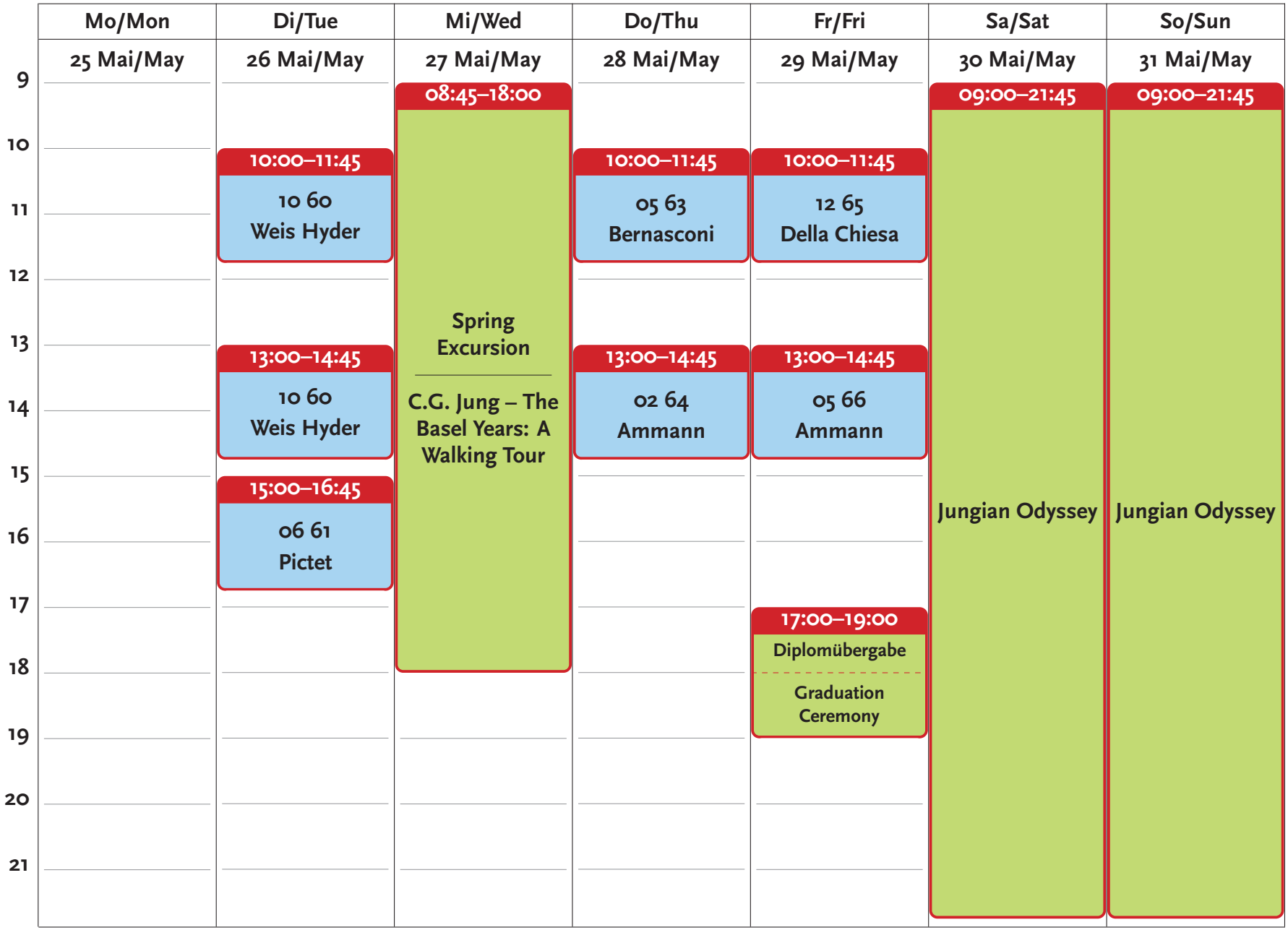

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INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY
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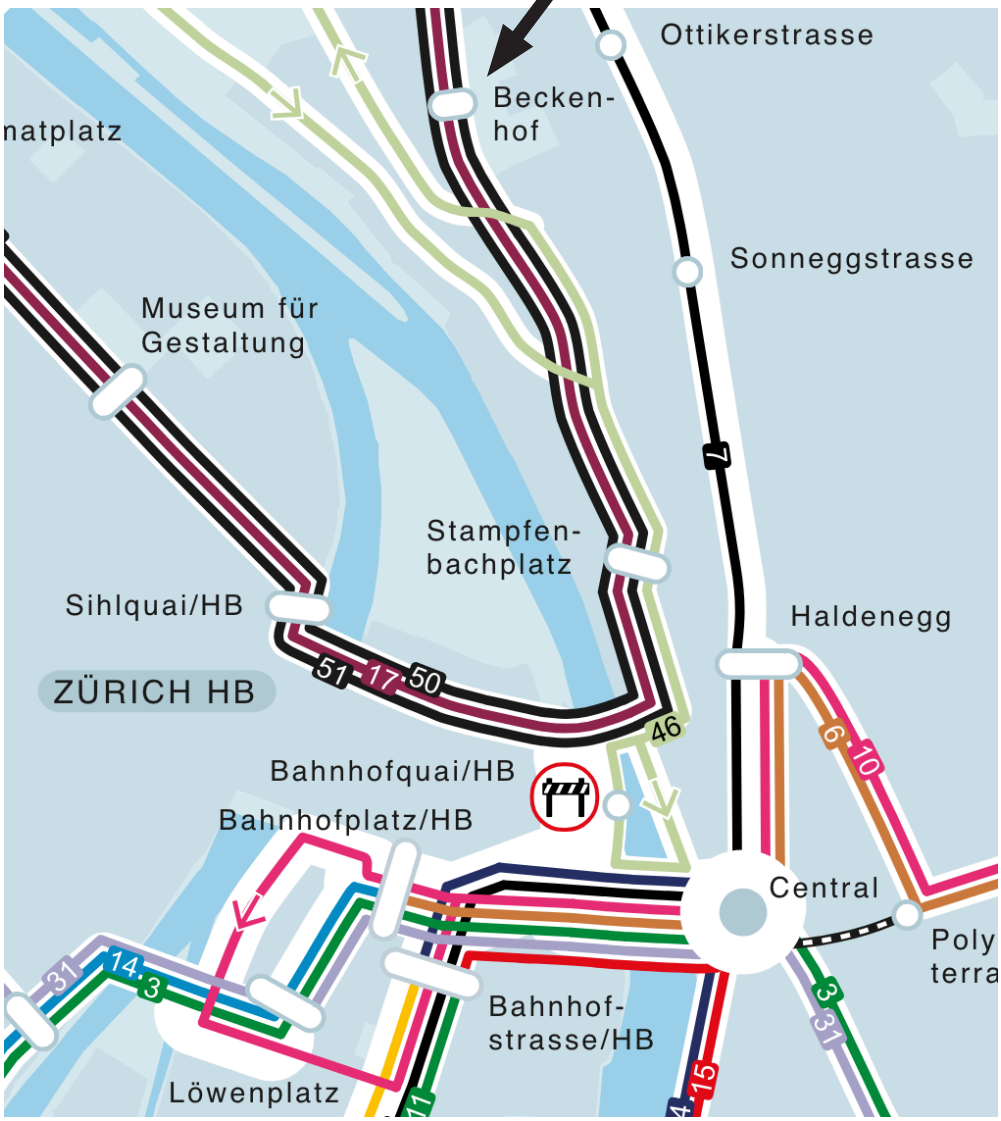
New for 2026:
Tram Stop **Beckenhof**
2 stops from Sihlquai HB
on tram 17, 50, or 51



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