

The 14th Jungian Odyssey
Annual Conference and Retreat



Hotel Flora Alpina, Photo Courtesy of the Hotel

“There is no change from darkness to light or from inertia to movement without emotion.” C.G. Jung (CW 9i, §179)

Presented by

ISAPZÜRICH

International School of Analytical Psychology Zürich
AGAP Post-Graduate Jungian Training
www.isapzurich.com | office@isapzurich.com

Rupture and Repair

Minding Crippling Emotions

May 18-25, 2019

Hotel Flora Alpina, Lake Lucerne
Vitznau, Switzerland

Keynote Speaker

Prof. Ann Belford Ulanov, PhD (USA)

Special Guests

John A. Desteian, JD, DPsy (USA)

Judith A. Savage, MSW (USA)

With Faculty of ISAPZÜRICH

Peter Ammann, Dr. phil.

Kathrin Asper, Dr. phil.

Katharina Casanova, lic.phil.

Diane Cousineau Brutsche, PhD

Deborah Egger, MSW

Christa Gubler, lic.phil.

Prof. Allan Guggenbühl, Dr. phil.

John Hill, MA

Lisa Holland, MS, LPCC

Nancy Krieger, PhD

Ann Chia-Yi Li, MA

Bernard Sartorius, lic.phil.

Ilisabe von Uslar, lic.phil.

Ursula Wirtz, Dr. phil.

www.jungianodyssey.com
info@jungianodyssey.com

The Jungian Odyssey 2019

level program with our faculty and guest scholars. Soul-seekers, life-long learners, professionals looking for continuing education—all are welcome to join and share in the atmosphere of intimate, cross-cultural exchange. Basic knowledge of C.G. Jung's Analytical Psychology could be helpful, but is by no means required. "The earth has a spirit of her own," Jung mused, and elsewhere he called it the *genius loci*, the spirit of the place. It is the particular *genius loci*—and the current Zeitgeist—that lead us each year to a new place in Switzerland, inspiring each new conference topic.



Lake Lucerne from Weggis, by Markus Bernet, Own Work, 2005, Creative Commons Share Alike Lic. 2.0

Be it external or internal, such conflict often fuels mounting insecurity, crippling anxiety, and overwhelming fears of annihilation. Guilt and shame, with their archetypal roots, are familiar emotions associated with the induced trauma, where we desperately attempt to regulate and repair debilitating emotions. But such emotions can also dominate in intimate relationships that become shattered, for instance, by infidelity or lost desire. Shame can entrench itself toxically in the certainty that we are unseen or unlovable, throwing us into abysses of despair and meaninglessness. Reasonable blame and self-reproach can transmogrify into compulsive, deadening feelings of worthlessness, incompetence, self-

Venue, Cost, Registration

"Where palm trees grow and grapevines flourish, right in the heart of Switzerland; where Lake Lucerne is but a stone's throw away and the peak of Mount Rigi towers above—this is where you'll find Hotel Flora-Alpina, nestled among beautifully designed parkland [...]." The 3-star hotel, formally a trade union retreat, has been serving guests for some 75 years. A five-minute walk down from its hilltop perch leads to FloraAlpina's own lakeside beach, grotto, and boat pier. Other complementary amenities: WiFi; outdoor heated swimming pool and jacuzzi, a garden area with breath-taking views of the lake and mountains.

Odyssey Packages Cover • Chartered bus Zürich/ Vitznau/Zürich • 3-star hotel • room & full board (excluding dinners on the two excursion dates and beverages at all meals) • morning meditation • morning coffee breaks • two wine receptions • 7-day academic program, special events • opt-in excursions (extra cost) • **Exception Package #3:** the academic program is excluded for the non-attendee partner (apart from the Saturday keynote address, which she/he may attend). • **Exception: Package #4** is a limited "taster" for residents of the Vitznau/Lucerne area; see the downloadable registration information.

- We are unable to provide discounts or refunds for partial use of any of the offered Odyssey packages.
- Ask us about limited scholarship funds.
- Students of ISAPZURICH are subject to other terms and deadlines, provided with the spring semester registration packet.

Limited Enrollment • Unparalleled Value
Register by March 30 to ensure your place and save 12% on your Odyssey package!

Since 2006, participants world-wide have acclaimed the Jungian Odyssey—ISAPZURICH's annual spring semester retreat that opens to the general public our post-graduate

Rupture and Repair

The Jungian Odyssey 2019 invites your immersion in the landscape and spirit of Vitznau at the Lake of Lucerne. This is the famous terrain where, according to legend, fractured relations with foreign rulers spawned the Swiss freedom fighter (or assassin!) Wilhelm Tell, the Rütli Oath, and the birth of the Old Swiss Confederacy. It is little wonder that the region allured visionaries like Friedrich Nietzsche, Richard Wagner, James Joyce and C.G. Jung himself. Here, the *genius loci* calls us to reflect on *Rupture and Repair: Minding Crippling Emotions*.

In today's collective and personal relationships, feelings of betrayal, abandonment, hate, rage, and revenge seem to be enflamed especially by severe political turmoil connected with conflict thriving in the petri dishes of culture, religion, race, gender, and sexual orientation.

doubt, disgrace, and self-loathing. In our consulting rooms we may face breakdown in the analytic dyad, for instance, in the form of withdrawals and empathic failures. How do we balance inner and interpersonal skills so that the analytic dance can become a healing experience on the path of individuation?

In all such realms, we may be haunted—perhaps unconsciously—by our failures to forgive and reconcile, or to respond to the whole-making call of the Self. Might the descent into our own darkness help us to contemplate such ruptured existence and find pathways to repair and peace with ourselves and others?



Hotel FloraAlpina, dvrld from Trip Advisor

Registration by March 30, 2019 • Prices in CHF

- #1 1 Attendee incl. Room & Board
Forest View Room 3,230.00 • Lake View 3,300.00
- #2 2 Attendees incl. Room & Board, *Per Attendee*
Forest View Room 2,915.00 • Lake View 3,100.00
- #3 1 Attendee +1 Non-Attendee incl. Room & Board
Lake View Room Only, *Total* 4,590.00
- #4 Odyssey Taster, Per Person: 250.00

Registration after March 30, 2019 • Prices in CHF

- #1 1 Attendee incl. Room & Board
Forest View Room 3,620.00 • Lake View 3,700.00
- #2 2 Attendees incl. Room & Board, *Per Attendee*
Forest View Room 3,265.00 • Lake View 3,475.00
- #3 1 Attendee +1 Non-Attendee incl. Room & Board
Lake View Room Only: *Total* 5,145.00
- #4 Odyssey Taster, Per Person: 280.00

Final Registration Deadline: April 15, 2019

Registration Details • Download or Write to Us:

www.jungianodyssey.com • info@jungianodyssey.com

Special Events & Excursions



Sat May 18 | Arrival Toast

Included • Odyssey Packages 1, 2, 3, & ISAP Students

On arrival, we will enjoy a wine reception and lunch on the hotel's delightful terrace and listen to a short history of the venue. After lunch we will check into our rooms and rest a bit before the formal welcome and the keynote address, beginning at 16:00.



Sun May 19 | *The Divine Order* | Film by Petra Volpe

Included • Odyssey Packages 1, 2, 3, & ISAP Students

"*The Divine Order* [2016] is set in Switzerland in 1971 where, despite the worldwide social upheavals of the previous decade, women were still denied the right to vote. When [...] dutiful housewife Nora [...] is forbidden by her husband to take a part-time job, her frustration leads to her becoming the poster child of her town's suffragette movement. Her newfound celebrity brings humiliation, threats, and the potential end to her marriage, but [...] she convinces the women to strike...and makes startling discoveries about her own liberation." (CeDe Films)



Tues May 21 | Cogwheel Train to Rigi Kulm | Picnic

Opt-in • Odyssey Packages 1, 2, 3, & ISAP Students • CHF 70.00

Known as Queen of the Mountains, Mt. Rigi is an impressive Alpine massif, nearly surrounded by three lakes: Lake Lucerne, Lake Zug and Lake Lauerz. The peak summit Rigi Kulm towers above sea level at 1,798 meters (5,899 feet). In 1878 Mark Twain ascended the majestic Rigi, only to fall in "sodden exhaustion" and miss the sunrise he had set out to see. He later wrote, "I dropped a line to inform [my Swiss travel advisor] that when he said the foot-journey from Weggis to the summit was only three hours and a quarter, he missed it by just about three days."¹

In his boyhood, C.G. Jung was sent by his father to ride alone in the train to Rigi Kulm, and was filled with wonder: "Yes, I thought, this is it, the real world, the secret, where there are no teachers, no schools, no unanswerable questions, where one can be, without having to ask anything. I kept carefully to the paths, for there were tremendous precipices all around. It was all very solemn, and I felt one had to be polite and silent up here, for one was in God's world. [...] This was the best and most precious gift my father had ever given me."²

We will ride from Vitznau to Rigi Kulm on Europe's first and still highest mountain rack railway and from there, follow in Jung's footsteps to enter this awe-inspiring terrain. Take a stroll, see the breath-taking panoramas, and enjoy your picnic lunch or have a respite in the mountain top restaurant. Return by train, or hike back, accompanied by a member of the Odyssey Committee.



Thurs May 23 | Boat to Rütli Meadow | Picnic | Alphorn

Opt-in • Odyssey Packages 1, 2, 3, & ISAP Students • CHF 60.00

Our trip begins with a chartered boat ride across Lake Lucerne to Canton Uri (90 mins., picnic onboard). A fairly steep but short walk leads up to Rütli Meadow. Here, we will hear a brief history of legendary events that date to 1291 and that make of the Meadow a celebrated stage for the annual commemoration of the Old Swiss Confederacy. On this trip, too, we will be treated to alphorn music played by Josef Marti, a Jungian analyst and native of Lucerne.

Our return boat cruises by the Schillerstein, also known as the Mythenstein. The 30-meter-high natural stone obelisque, jutting up dramatically from the lake, is reachable only by water. As early as 1470, it was mentioned as a landmark pointing the way to the famed Rütli Meadow. In 1859 the Ur-Cantons dedicated the rock to the renowned Friedrich Schiller for his authoring of *Wilhelm Tell*, a drama based on the iconic Swiss freedom fighter, who lived in this region.

Fri May 24 | Gala Closing

Included • Odyssey Packages 1, 2, 3 & ISAP Students

Our Gala Closing begins with a wine reception on the hotel terrace. We will progress to a banquet featuring a four-course dinner (beverages excluded). During the meal we will segue to music and song, with returning Jungian analyst Robert "Bobby" Ingram on the piano, cooking up for us his unique mélange of blues and gospel, country and R&B, classical and ragtime, soul and jazz.

Sources

¹ Mark Twain, *A Tramp Abroad* (1880 / Create Space Independent Publ., 2014), p. 80.

² C.G. Jung, *Memories, Dreams, Reflections*, Rev.Ed. (Vintage, 1989), p. 78.

Photo Credits

Top: FloraAlpina Terrace, by JOCom (2018)

2nd Down: *The Divine Order*, Film Still by Daniel Ammann. Reproduced at globalcitizen.org

3rd Down: *View from the Top of Mt. Rigi* by dokaspar (2010). Published at [Wikimedia Commons](https://commons.wikimedia.org/wiki/File:View_from_the_Top_of_Mt._Rigi) under the GNU Free Documentation License.

Bottom: The Rütli Meadow on Lake Lucerne, by Matthias Kabel, Own Work (2008). Published at [Wikimedia Commons](https://commons.wikimedia.org/wiki/File:Rütli_Meadow) under the GNU Free Documentation License.

Program • Rupture and Repair: Minding Crippling Emotions

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SATURDAY MAY 18

- | | |
|-------------|---|
| 10:45 am | Bus Check-in
Car Park Sihlquai Bus Depot near the Zürich Main Station |
| 11:00 am | Bus Departs for Vitznau |
| 12:00 noon | Arrival in Vitznau, Wine Reception, Lunch, Hotel Check-in |
| 16:00-16:30 | Welcome and Introduction
Ursula Wirtz, Dr. phil.
Academic Chair, Jungian Odyssey |
| 16:30-17:45 | Keynote Address
Prof. Ann Belford Ulanov, PhD
In Trauma, Are We Hurt Beyond Repair? (L) |
| 18:30-19:45 | Dinner |
| 20:00-21:30 | Who's Who?
An Informal Gathering for Getting Acquainted |

KEY

L • Lecture

S • Seminar

W • Experiential Workshop*

Morning Meditation • Led each day by an ISAP analyst. Open to all; no previous experience is required.

Confidentiality is to be strictly observed for all experiential workshops (W), for our temenos, and also for seminars that deal with case material.

* For the protection of personal boundaries, attendance of experiential workshops is excluded for analysts of ISAP-ZURICH and all others who might anticipate encountering analysands, patients, or supervisees in this context.

Proviso We appreciate your understanding that the program may be subject to change, within limits.

“All religious phenomena that are not just Church rituals are bound up with emotions. That is why we observe these religious manifestations chiefly [...] in moments of emergency or under very emotional conditions.”
• C.G. Jung *Speaking: Interviews and Encounters*, W. McGuire, R.F.C. Hull, eds. (Princeton University Press, 1977), p. 454.

“**Emotion**, incidentally, is not an activity of the individual but something that happens to him.”
• C.G. Jung, CW9ii, §15

7:15-7:45	Morning Meditation
7:30-8:45	Breakfast
9:00-10:15	<p>Prof. Ann Belford Ulanov, PhD The Agony of Integrating Dissociated and Split-Off Parts of Ourselves (L) Individuation necessitates integration with the promise to become who we are. This painful work goes on until we die. Why would we do it?</p>
10:15-10:45	Coffee Break
10:45-12:00	<p>John A. Desteian, JD, PsyD Letter to a Young Analyst: On Deference to Crippling (L) The young analyst in the title is the remnant of the idealist still holding onto illusions of transformation and wholeness within the old analyst. The illusions themselves harbor an enmity to the soul's work of facing the reality of traumatic crippling and its relation to being human.</p>
12:00-14:00	Lunch & Book Sales
Choice 14:00-16:00	<p>> Prof. Ann Belford Ulanov, PhD (S on L)</p> <p>> John A. Desteian, JD, PsyD (S on L)</p> <p>> John Hill, MA (W) Introducing Fairy Tale Drama: "Prince Lindworm," Redeeming the Shadow (W) In an experiential workshop we will enact "Prince Lindworm," a dramatic Norwegian tale of encounter with the ruptured, split off, ugly parts of the psyche. The heroine, connected with the wisdom of the crone, succeeds in undoing the scales of defenses that have isolated the soul's soft, vulnerable core from life. A shared discussion follows the enactment.</p>
17:00-18:00	<p>Temenos For the early Greeks a temenos was an area set apart from everyday life, a holy precinct or sacred ground. Following C.G. Jung's metaphorical sense, our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the Odyssey. Facilitated by Ursula Wirtz and contained in mutual respect and confidentiality, this is an open exchange that can deepen our spirit of community. Offered also on Monday and Wednesday.</p>
18:30-19:45	Dinner
20:00-21:30	The Divine Order Film Directed by Petra Volpe (2016)

"Emotions are not detachable like thoughts or ideas, because they are identical with certain physical conditions and are thus deeply rooted in the body. Therefore the emotion of projected contents always form a link, a sort of dynamic relationship, between the subject and the object—and that is the transference. Naturally, this emotional link or elastic string can be positive or negative, as you know." • Jung, CW18, §317

	7:15-7:45	Morning Meditation
	7:30-8:45	Breakfast
	9:00-10:15	Judith A. Savage, MSW The Phenomenology of the Numinous: From Spiritual Ecstasy to Trauma (L) This lecture explores the numinous in light of Jung’s original theory and current research into awe states, including spiritual, psychological, and traumatic aspects.
	10:15-10:45	Coffee Break Book Sales
	10:45-12:00	Prof. Allan Guggenbühl, Dr. phil. Do Break-Ups Help Us Find Our Inner Light? An Archetypal Perspective (L) Break-ups of relationships cause us pain, anger, and often leave us with feelings of failure. Dreams are shattered and lives get complicated. In my lecture, the deeper possible meanings of break-ups are investigated and viewed from an archetypal perspective.
	12:00-14:00	Lunch
Choice	14:00-16:00	> Judith A. Savage, MSW (S on L) > Prof. Allan Guggenbühl, Dr. phil. (S on L) > Kathrin Asper, Dr. phil. Frida: Darkness and Light (S) This seminar explores Frida Kahlo’s transformation of private suffering into archetypal expression. We will reflect on Kahlo’s post-humous arrival as an iconic Mexican artist against the background of her childhood family, her early crippling by polio, the brutal accident at age 18 that spared her life but left her with lifelong pain, and her stormy marriage with the celebrated Mexican artist Diego Rivera.
	17:00-18:00	Temenos
	18:30-19:45	Dinner



Vitznau in the “Rigi Riviera” Behind the small lakeside municipality harboring this year’s Jungian Odyssey there lies a long history. The oldest document containing the name “Vitznau” dates to 1342. However, archaeological discoveries evidence human remains dating to the early Stone Age and point to settlements starting in the Bronze Age. The mild climate of the “Rigi Riviera” is said to have favored such early development. And it seems that this “Riviera,” blended with the Vitznauer’s ingenuity, has continued to favor this little community:

In the mid-19th century the Vitznauers still subsisted primarily on farming, fishing, and cottage industries. The only two hotels—one built in 1685 and the other not until 1867—offered respite and provisions mainly for local religious pilgrims and health-seekers journeying to and from Mt. Rigi. With Vitznau’s 1871 opening of the Rigibahn—Europe’s first and still

highest mountain rack railway—the village joined the new era of international mountain tourism and swiftly transformed itself into a thriving Belle Époque health resort. Both World Wars took tolls on the tourism and economy, yet Vitznau recovered.

The village hotel guest books record many illustrious visitors, such as:

C.G. Jung, Johann Wolfgang von Goethe, Hermann Hesse, Arthur Schopenhauer, Béla Bartok, Richard Strauss, King Ludwig II of Bayern, Queen Victoria of England, Queen Wilhelmine of the Netherlands, and Indira Gandhi

Today the population count is 1,456—and the Vitznauers boast some 11 hotels and restaurants, a leading neurology clinic, a small history museum, a camping site, and some other attractions.

(General reference: “Die Geschichte der Gemeinde Vitznau,” Gemeindevverwaltung Vitznau [2018]. Photo: *Hiking Weggis-Vitznau-Lucerne*, downloaded from Google images; attributed to wvrt.ch)

7:15-7:45	Morning Meditation
7:30-8:45	Breakfast
9:00-10:15	<p>Bernard Sartorius, lic.theol. The Quarter-Tone Interval in Arabic Music: An Audible Symbol Beyond Rupture and Repair (L) The Arabic musical tradition allows intense feelings like misery, yearning, pain, and passion to remain unresolved, to be ahistorical, infused with transcendence. Listening to musical examples, we will try to grasp the symbolic quarter-tone that evokes such experience.</p>
10:15-10:45	Coffee Break Book Sales
10:45-12:00	<p>Christa Gubler, lic. phil. Alchemy of Love in Relationships: Torn Between Rejoicing to High Heaven and Plunging to Depths of Despair (L) We all know the soul-lifting feeling of “being in love” and are challenged in lasting relationships with transformations of this emotion, due to difficult situations or differing expectations of each other. We may develop heartbreaking emotions like disappointment, disinterest, anger, distrust and even sometimes hostility for a (once) beloved person. Why does this happen? How can we apply the alchemy of love to repair these feelings and the relationship itself?</p>
12:45	Box Lunch Pick-Up (for all)
<p>Opt-In Excursion 13:00-17:00</p>	<p>Cogwheel Train to Mt. Rigi Kulm Picnic Opt-in • Package Types 1, 2, 3, & ISAP Students <i>Be sure to pick up your box lunch before leaving the hotel!</i></p> <p>13:00 Walk from the Hotel to the Bus Stop 13:17 Bus Departure to the Vitznau Train Station 14:10 Board the Train to Rigi Kulm 14:47 Arrival at Rigi Kulm • Free Time to Picnic, Wander 16:55 Train Departure from Rigi Kulm to Vitznau 17:40 Arrival at Vitznau Station, 18:04 Bus Return to Hotel</p> <p>Alternative: Hike down from Rigi Kulm to Vitznau, accompanied by a JOCom member and/or stay in Vitznau for dinner on your own...</p>
Dinner on your own... at FloraAlpina or for instance in Vitznau	



Photo: Rigibahnen Weggis-Vitznau-Rigi-Luzern (downloaded from Google images; attributed to fernidee.de)

	7:15-7:45	Morning Meditation
	7:30-8:45	Breakfast
	9:00-10:15	Deborah Egger, MSW Negative Emotions: Another (Royal) Road to the Unconscious (L) By considering sins, mishaps, and mistakes as necessary parts of psychological development, we will explore the transformative power of humility, confession, and forgiveness. I will also underscore the necessity of such personal transformation in the analyst as a pre-requisite for limbic resonance, regulation, and revision.
	10:15-10:45	Coffee Break Book Sales
	10:45-12:00	Nancy Krieger, PhD The Happiness Cult: A New Paradigm for Psychotherapy? (L) Is there anything in Positive Psychology that we should be learning from? Happiness sounds like a good thing, but it can be used by neo-liberalism to put blame on employees who dare to speak up about bad working conditions, or by the military to push all recruits to become super heroes. What might the Jungian theory of complexes say? And ultimately, is/should individual happiness be a life goal?
	12:00-14:00	Lunch
Choice	14:00-16:00	> Christa Gubler, lic. phil. (S on L) > Deborah Egger, MSW (S on L) > Nancy Krieger, PhD (S on L)
	17:00-18:00	Temenos Our temenos offers for all who wish to join a protected space for the sharing of personal experience, insights, and questions related to the conference.
	18:30-19:45	Dinner

“**Conflict engenders fire**, the fire of affects and emotions, and like every other fire it has two aspects, that of combustion and that of creating light. On the one hand, emotion is the alchemical fire whose warmth brings everything into existence and whose heat burns all superfluities to ashes. But on the other hand, emotion is the moment when steel meets flint and a spark is struck forth, for emotion is the chief source of consciousness. There is no change from darkness to light or from inertia to movement without emotion.” • Jung, CW9i, §179

	<p>7:15-7:45 Morning Meditation</p>
	<p>7:30-8:45 Breakfast</p>
	<p>9:00-10:15 Diane Cousineau Brutsche, PhD Mending or Ending? The Grey Zone In-Between (L) Whether caused by a loved one’s death, a betrayal, or the fading away of a cherished bond, a broken heart belongs to being human. An inner healing of soul may lead to a mended relationship—or, it might demand a radical end. Either way, a grey zone of uncertainty and ambivalence marks the pathway from here to there. We will explore these archetypal processes taking examples from fairy tale and individual experience.</p>
	<p>10:15-10:45 Coffee Break Book Sales</p>
	<p>10:45-12:00 Ann Chia-Yi Li, MA Losing Face or Saving Face? Covert Narcissism in Confucian Society (L) Confucianism constructs Chinese society while Daoism leads the flow of Chinese culture, the two systems working at one with each other. However, many cases show that the spirit of Confucianism has been misinterpreted and weaponized for the purpose of controlling individuals. I will illustrate with my observations of covertly narcissistic parents who—in the name of Confucian family rites—have robbed their children of their own voices. “Losing face” thus becomes a special psychic and symbolic phenomenon, as exemplified in the case of a depressed girl, forced to sing without her own voice.</p>
	<p>12:45 Pick Up Box Lunch (for all)</p>
<p>Opt-In Excursion 13:00-17:00</p>	<p>Boat to Rütli Meadow & the Schillerstein Picnic Onboard Opt-in • Package Types 1, 2, 3, & ISAP Students <i>Be sure to pick up your box lunch before leaving the hotel!</i></p> <p>13:00 Walk from the Hotel to the Boat Pier 13:15 Boat Departure 14:45 Arrival at Rütli Meadow • Hear a Brief History • Short Time to Wander 15:30 Boat Departure from the Meadow • Cruise by the Schillerstein 17:00 Arrival at the Hotel Pier, Walk to Hotel</p>
	<p>Dinner on your own... at FloraAlpina or for instance in Vitznau</p>



Underway to Rütli Meadow, Photo Courtesy of A. Käppeli Söhne AG

**FRIDAY
MAY 24**

	7:15-7:45	Morning Meditation
	7:30-8:45	Breakfast
	9:00-10:15	<p>Lisa Holland, MS, LPCC The Ugly Within: Exploring the Dance of Embodied Attachment through the Fairy Tale “Maid Maleen” (L) This Grimm’s fairy tale provides rich insights into how repeated experiences of rupture without needed repair result in dissociated pockets of seemingly unbearable shame, rage, and despair. The tale suggests how the debilitating insecure attachment patterns might be recognized, embraced, and transformed. Peering through the recent research lenses on trauma—Jungian and others—we will interpret this vivid and timely tale and explore the relevance of the insights for present day life, both within and outside of the analytic setting.</p>
	10:15-10:45	Coffee Break Book Sales
	10:45-12:00	<p>Peter Ammann, Dr. phil. When a Way of Losing All Becomes a Way of Winning: The POW Experience of Laurens van der Post (L) My lecture will present the exemplary story of Laurens van der Post, South African writer, man of action and, last but not least, great friend of Jung and his psychology. Serving in the British army and commanding a guerrilla unit on Java, van der Post was captured by the Japanese and consequently spent more than three years as their prisoner of war (POW). The role he played in those camps, with their unspeakably cruel and degrading conditions, shows how a human being can transform desperate rupture into a hopeful vision of repair. I will illustrate with van der Post’s own writings, with excerpts of Oshima’s famous film <i>Merry Christmas Mr. Lawrence</i>, and with testimonies made by van der Post’s co-prisoners.</p>
	12:00-14:00	Lunch
Choice	14:00-16:00	<p>> Lisa Holland, MS, LPCC (S on L)</p> <p>> Peter Ammann, Dr. phil. (S on L)</p> <p>> Katharina Casanova, lic.phil. & Ilsabe von Uslar, lic.phil. Taming the Dragon (W) A brief introduction to taming the dragon will be followed by a guided imaginative voyage into the unconscious and an encounter with inner dragons. Afterward you will be invited to give creative shape to your vision by painting it, making a collage, or working with clay. Please wear comfortable clothing.</p>
	18:30-19:00	Wine Reception on the Hotel Terrace
	19:00	Gala Closing Banquet • Music and Singing with Bobby Ingram

**SATURDAY
MAY 25**

	7:30-8:45	Hotel Check-Out, Breakfast
	9:00	Bus Departure
	10:30	Approximate Arrival, Zürich Airport
	11:00	Approximate Arrival, Zürich Bus Depot

Your Stay in Zürich

For your overnight in Zurich on Friday, May 17—or for your stay during the Semester Interlude at ISAPZURICH—we recommend several centrally located hotels. All are close to ISAP and public transportation. Most are within easy walking distance from the main train station; Walhalla is directly opposite the bus depot. *Due to the busy time of year, we urge your prompt reservation:*

Hotel Walhalla • Limmatstrasse 5, 8005 Zürich 3-star ***

Tel: +41 (0)44 446 5400
Email: info@walhalla-hotel.ch
Website: www.walhalla-hotel.ch/en/welcome/

Hotel Montana • Konradstrasse 39, 8005 Zürich 3-star ***

Tel: +41 (0)43 366 6000
Email: reservation@hotelmontana.ch
Website: http://hotelmontana-zurich.com/en_UK/

Hotel Leoneck • Leonhardstrasse 1, 8001 Zürich 3-star ***

Tel: +41 (0)44 254 2222
Email: info@leoneck.ch
Website: www.leoneck.ch

Hotel Central Plaza • Central 1, 8001 Zürich 4-star ****

Tel: +41 (0)44 256 5656
Email: info@central.ch
Website: <https://central.ch/en/>

Hotel St. Josef • Hirschengraben 64, 8001 Zürich 3-star ***

Tel: +41 (0)44 250 5757
Email: info@st-josef.ch
Website: <http://www.st-josef.ch/en/>

Mark Your Calendar

Saturday, May 18

Bus from Zürich to Vitznau
Departure from the Zürich Car Park

- 10:45 am Check-in
- 11:00 am Departure
- 12:00 Approx. Arrival in Vitznau

Saturday, May 25

Bus from Vitznau to Zürich

- 9:00 am Departure
- 10:30 am Approx. Arrival at Zürich Airport
- 11:00 Approx. Arrival in Zürich

Note: We appreciate your understanding that we are unable to provide discounts or refunds for partial use of Odyssey packages.

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Jungian Odyssey Committee

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Academic Chair: Ursula Wirtz, Dr. phil.

Co-Chairs:

Stacy Wirth, MA

Kathrin Schaeppi, MS, MFA

Katarzyna Wach, Mgr.Psych., Soc.Psych.

Webmaster: Stefan Boëthius, PhD

For pictures of the
Jungian Odyssey 2018
The Labyrinth of Identity
go to www.jungianodyssey.com

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The Identity Album by Kumiko Yamane

Overview • Jungian Odyssey • May 18 – 25, 2019
Key: L = Lecture • S = Seminar • W = Workshop (Experiential)

Rooms	Rigirolle		Alpenaster		Feuerliife		Arnika • Art Atelier open for free use when not occupied by courses	
	Sat May 18	Sun May 19	Mon May 20	Tues May 21	Wed May 22	Thurs May 23	Fri May 24	Sat May 25
7:15–7:45		Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Hotel check-out
7:30–8:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00–10:15		Ann Ulanov (L)	Judith Savage (L)	Bernard Sartorius (L)	Deborah Egger (L)	Diane Cousineau (L)	Lisa Holland (L)	9:00 am Bus Departure
10:15–10:45	10:45 Bus Check-in	Coffee Book Sales	Coffee Book Sales	Coffee Book Sales	Coffee Book Sales	Coffee Book Sales	Coffee Book Sales	10:30 am approx. stop at Zürich Airport
10:45–12:00	11:00 Bus Departure	John Desteian (L)	Allan Guggenbühl (L)	Christa Gubler (L)	Nancy Krieger (L)	Ann Chia-Yi Li (L)	Peter Ammann (L)	11:00 am approx. arrival at Zürich Bus Depot
12:00–14:00	Arrival, Apéro, Lunch	Lunch	Lunch	Box Lunch	Lunch	Box Lunch	Lunch	
14:00–16:00	Hotel Check-in	Ann Ulanov (S on L)	Kathrin Asper (S)	13:00–18:00 Opt-in Excursion to Mt. Rigi Kulm	Christa Gubler (S on L)	13:00–17:00 Opt-in Excursion to Rütli Meadow	Lisa Holland (S on L)	
16:00–17:00	16:00–16:30 Welcome Wirtz		Allan Guggenbühl (S on L)		Nancy Krieger (S on L)		K. Casanova / I. von Uslar (W)	
17:00–18:00	16:30–17:45 Keynote Ulanov		Judith Savage (S on L)		Deborah Egger (S on L)		Peter Ammann (S on L)	
18:30–19:45	Dinner	Temenos	Temenos	Dinner on your own	Temenos	Dinner on your own	18:30–19:00 Wine Reception	
20:00–21:30	Who's Who?	Film: <i>The Divine Order</i>	Dinner		Dinner		19:00 Gala Banquet	

Readings • Rupture and Repair • Jungian Odyssey 2019

Presenters' Suggestions

- Ann Belford Ulanov** Lectures & Seminar A. Ulanov, *The Psychoid, Soul and Psyche: Piercing Space-Time Barriers* (Daimon Verlag, 2007).
- Christa Gubler** Lecture & Seminar Adolf Guggenbühl-Craig, *Marriage is Dead – Long Live Marriage!*, Trans. Murray Stein, 2nd Ed., Rev. (Spring Publications, Inc., 2009).
Verena Kast, *Nature of Loving: Patterns of Human Relationship* (Chiron Publications, 1986/2013).
- John Hill** Workshop "Prince Lindworm," a Norwegian Folktale, at https://www.worldoftales.com/European_folktales/Norwegian_folktale_3.html
- Deborah Egger** Lecture & Seminar Edward Edinger, *The Sacred Psyche: A Psychological Approach to the Psalms*, "Psalm 51, The Miserere" (Inner City Books, 2004).
June Singer, *A Gnostic Book of Hours: Keys to Inner Wisdom*, 1st Paperback Ed. (Nicolas Hayes, 2003).
C.G. Jung, "Marriage as a Psychological Relationship," CW 17.
- Lisa Holland** Lecture "Maid Maleen," in Brothers Grimm, *Household Tales*, at <https://ebooks.adelaide.edu.au/g/grimm/g86h/chapter198.html>
- Peter Ammann** Lecture Laurens van der Post, *The Night of the New Moon* (Hogarth Press Ltd, 1971/2002).
Ibid., *The Seed and the Sower* (Penguin Books Ltd., 1973).
- Katharina Casanova and Ilsabe von Uslar** Workshop K. Casanova, "The Wild Feminine: Reconnecting to a Powerful Archetypal Image," in *Spring: A Journal of Archetype and Culture*, Vol. 82, *Symbolic Life*, 2009, PDF at http://www.praxiskrone.ch/download/katharina_casanova/The%20Wild%20Feminine.pdf

Suggestions by the Jungian Odyssey Committee

- Angelika Apostolopoulou** "A Portfolio on the Therapeutic Relationship, Therapeutic Ruptures and Repairs [...]," Unpublished Doctoral Thesis (City, University of London, 2016), at <http://openaccess.city.ac.uk/16746/>
- Kathrin Asper** "Giovanni Segantini: Darkness—Yearning—Creative Fulfillment," in *Jungian Odyssey 2009*, A/JC Seminar #7, DVD (Asheville Jung Center, 2013); DVD at Amazon.
- Jessica Benjamin** *Beyond Doer and Done To: Recognition Therapy, Intersubjectivity and the Third* (Routledge, 2017).
- Pedro Campiao** "The Alliance, the Relational Turn, and Rupture and Repair: Processes in the Therapeutic Relationship," in *CQ: The Capa Quarterly*, February 2012, PDF at <http://www.integrativecounselling.com.au/wp-content/uploads/2012/08/Campiao-CQ-Alliance-article.pdf>
- John A. Desteian** "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedad," in *Trust and Betrayal, Jungian Odyssey Series Vol. III*, 2011 (Spring Journal and Books, 2012).
Coming Together—Coming Apart: The Union of Opposites in Love Relationships (Sigo Pr., 1989).
- John Hill** "Fairy Tale Drama: Enacting Rituals of Play, Laughter, and Tears," in *Jung and Moreno: Essays on the Theatre of Human Nature*, ed. Craig E. Stephenson (Routledge, 2014).
- J.D. Safran et. al.** "A Relational Approach to Supervision: Addressing Ruptures in the Alliance," Chpt. 7 in *Casebook for Supervision: A Competency-Based Approach*, eds. A. Falender, E.P. Schafranske (APA, 2007): PDF at http://www.safranlab.net/uploads/7/6/4/6/7646935/safran_et_al_supervision.pdf
- Judith A. Savage** "Trust and Betrayal: Four Women Under Jung's Shadow," in *Trust and Betrayal, Jungian Odyssey Series Vol. III*, 2011 (Spring Journal and Books, 2012).
Mourning Unlived Lives: A Psychological Study of Childbearing Loss (Chiron Publications, 1989).
- Ann Belford Ulanov and Barry Ulanov** *Cinderella and Her Sisters: The Envied and the Envyng*, 1st Ed. (Westminster Press, 1983).
- Ursula Wirtz** *Trauma and Beyond: The Mystery of Transformation*, The Zürich Lecture Series in Analytical Psychology (Spring Journal Books, 2014).

Presenters' Biographies

KEY AGAP • Association of Graduates in Analytical Psychology
CGJI-ZH • C.G. Jung Institute Zürich, Küsnacht
IAAP • International Association for Analytical Psychology
ISAP • International School of Analytical Psychology Zurich
JOS • *Jungian Odyssey Series*, published by Spring Journal and Books

Special Guests

Prof. Ann Belford Ulanov, PhD, Keynote Speaker
Ann Belford Ulanov, MDiv, PhD, LHD, is a Jungian analyst in private practice in New York City. She is the Christiane Brooks Johnson Professor of Psychology and Religion Emerita at Union Theological Seminary, and a member of the Jungian Psychoanalytic Association (JPA) and the IAAP. She serves as well as a member of the Editorial Advisory Board of *The Journal of Analytical Psychology*. With her late husband Barry Ulanov she authored six books, among which are *Religion and the Unconscious*; and *Cinderella and Her Sisters: The Envid and the Envy*. She is also the author of many books by herself, such as *Madness & Creativity*; *The Unshuttered Heart*; *Knots and Their Untying*; and *The Psychoid, Soul and Psyche: Piercing Space-Time Barriers*. Her essay, "The Particularity of Love" (JOS Vol. V, 2013), ensued from her keynote presentation at the Jungian Odyssey in 2012.

John A. Desteian, JD, LP, diplomate Jungian psychoanalyst, has been in private practice in Saint Paul Minnesota since 1983. He authored the book *Coming Together—Coming Apart: The Union of Opposites in Love Relationships* (Sigo Pr., 1990). His many articles and book reviews appear in professional journals and anthologies that focus on interpersonal (object) relations, gender, creativity, and politics. His published essays include "The Dawn of Religious Consciousness: Abraham, Isaac, and the Aqedah" (JOS Vol. III, 2011). John is the founder and former chairman and executive director of the US foundation, Jungian International Training Zurich (JITZ). From 2004 to 2013 he was a member of the AGAP Executive Committee, serving from 2010-2013 as AGAP co-president and member of the IAAP Executive Committee.

Judith Savage, MSW is a Licensed Marriage and Family Therapist and Clinical Social Worker since 1972. She studied at the CGI-ZH and at the Interregional Society of Jungian Analysts (IRSJA), graduating in 1987. She was a member of the IRSJA's Training committee and served as its past Executive Secretary and Vice-President. She lectures widely and is the author of the book *Mourning Unlived Lives: A Psychological Study of Childbearing Loss* (Chiron, 1989), and numerous essays, including "Trust and Betrayal: Four Women under Jung's Shadow" (JOS Vol. III, 2011). She continues in private practice in St. Paul, Minnesota with her analyst-husband and long-time AGAP member, John Desteian.

Robert "Bobby" Ingram, MA is an essentially self-didactic piano player, playing by ear, informed and inspired since early childhood by his immersion in the fertile music of his native southern USA. Also a Jungian analyst, Robert started his training at CGJI-ZH (1998-2003), and graduated from ISAP (2016), where he successfully defended his thesis, "This Remembering Song: Memory, Music, Melancholy." His MA studies in Psychology and Spirituality at Holy Names University in California (1996) concluded with his thesis, "Memories, Dreams, Reflections on the Blues." In his American past, Robert was also a chaplain and cook (1979-1982), and a forestry manager (1982-1995). Today he resides with his wife and the youngest of his four children in Parma, Italy, where he works as a translator and maintains his private analytic practice.

Faculty, ISAPZURICH

Peter Ammann, Dr. phil. studied music (cello) and musicology. He later trained at CGJI-ZH and is now a training analyst, supervisor, and lecturer at ISAP, maintaining his private practice in Zurich and Geneva. He has lectured in South Africa, the UK, Canada, USA, and Taiwan. Peter is moreover an avid documentary filmmaker, having discovered this path in the 1960's, after apprenticing in Rome with Federico Fellini. Peter's documentaries include: *Hlonipa: Journey into Wilderness*; *Sandplay with Dora Kalff*; *Spirits of the Rocks*, and *Mabi's Feast—Sangomas Celebrating San*. Anticipating the commemoration of Marie-Louise von Franz's 100th birthday in 2015, Peter contributed along with others to produce a new edition of the documentary film by Françoise Selhofer (1982/2015), *Marie-Louise von Franz*, which has been released with subtitles and voice-overs in several languages.

Kathrin Asper, Dr. phil., born in Zürich in 1941, studied literature and pedagogy before training to become a Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1975. Since then she has maintained a private practice and gained renown for her many presentations and publications in English and German. To name but a few: "Giovanni Segantini: Darkness—Yearning—Creative Fulfillment," in *Jungian Odyssey 2009, AJC Seminar #7 DVD* (Asheville Jung Center, 2013); *Inner Child in Dreams* (Shambala, 2001); and *The Abandoned Child Within: On Losing and Regaining Self-Worth*, 1st Ed. (Fromm Intl., 1993). Kathrin is a training analyst and supervisor at ISAP and has served since 2015 as secretary of the IC (ISAP leadership council). Her special interest in early childhood trauma is often blended with her passion for the arts and artists.

Katharina Casanova, lic.phil., a clinical psychologist and Jungian analyst, received her diploma in Analytical Psychology from CGJI-ZH in 2001. She works at ISAP and CGJI-ZH as an analyst, supervisor and lecturer, and conducts her private practice in Zürich. Her main interests are dreams, picture interpretation, theory of complexes, and history of religion.

Diane Cousineau Brutsche, PhD was born in Montreal, Canada. She earned a doctorate in French literature from the University of Paris and a Diploma in Analytical Psychology from the CGJI-ZH. She has a private practice in Zurich and is a training analyst, supervisor, and lecturer at ISAP. Among her publications are her book, *Le paradoxe de l'âme. Exil et retour d'un archétype* (Georg Editeur, 1993); and the essays, "Lady Soul," in *Spring: A Journal of Archetype and Culture, Symbolic Life, Vol. 82*, 2009; "Betrayal of the Self, Self-Betrayal, and the Leap of Trust: The Book of Job, a Tale of Individuation" (JOS Vol. III, 2011); and "Even Fairy Godmothers Can Fail" (JOS Vol. VII, 2015).

Deborah Egger, MSW is a training and supervising analyst at ISAP and one of the school's founders. She holds a BA in Religion and Psychology, an MSW in Clinical Social Work, and received her Diploma in Analytical Psychology from the CGJI-ZH in 1990. She teaches regularly on the subjects of transference phenomenon, developmental psychology, and attachment theory and its interface with the intersubjective motivational system. Among her publications are "Trust and Betrayal in Adult Relationships" (JOS Vol. III, 2011) and "What is Wrong with Anima/Animus?"

[...]” (JOS Vol. 1, 2009). Maintaining her private practice in Stäfa, she has served as ISAP President since 2016. As a past president of AGAP, she served on the IAAP Executive Committee. She has two grown children and holds American and Swiss citizenship.

Christa Gubler, lic.phil., born 1957, is married and has one daughter. A training analyst and supervisor at ISAP, she received her diploma in Analytical Psychology from CGJI-ZH, and began her private analytic and psychotherapeutic practice in 1993. Her practice integrates her certified specializations in clinical sexology, forensic psychology, and systemic therapy with couples and families, for which she trained in Basel, Hamburg, and Montreal.

Prof. Allan Guggenbühl, Dr. phil. received his degree in education and psychology from the University of Zurich and his diploma in Analytical Psychology from CGJI-ZH. He is Director of the Institute for Conflict Management in Bern and is well known in Swiss schools for his method, Mythodrama and Crisis Intervention. He is a training analyst and supervisor at ISAP. In 2017 he was the featured speaker at the annual Zurich Lecture Series, presenting, *The Stories We Are: The Value of Abuse and Wrongdoings in Our Past*. Among his publications are: *Die vergessene Klugheit: wie Normen uns am Denken hindern* (2015); “Silence is Unbearable: Make More Noise!” (JOS Vol. VI, 2014); *The Incredible Fascination of Violence* (1998); and *Men, Power and Myths* (1997).

John Hill, MA conceived the idea of the Jungian Odyssey and was its academic chair for 7 years. He holds degrees in philosophy from the University of Dublin and the Catholic University of America. Trained at CGJI-ZH, he has practiced as a Jungian analyst since 1973. He is a training analyst and supervisor at ISAP, lectures internationally, and is the IAAP Liaison to Georgia. Enjoying acting, he has performed roles based on *The Jung-White Letters*, *The Jung-Neumann Letters*, and *The Red Book*. Among his many publications are: “Fairy Tale Drama: Enacting Rituals of Play, Laughter, and Tears,” in *Jung and Moreno: Essays on the Theatre of Human Nature*, ed. Craig E. Stephenson (Routledge, 2014); and the book, *At Home in the World, Sounds and Symmetries of Belonging* (Spring Journal Books, 2010).

Lisa Holland, MS, LPCC, a graduate of ISAP, teaches and maintains her Jungian practice on the Central Coast of California. She is trained as well in mindfulness-based somatic psychotherapy and has recently begun offering Neurofeedback training. Her areas of special interest include trauma, creativity, group work, and women’s empowerment and embodiment. She delights in the study of fairy tale, regu-

larly offers seminars at ISAP, and gratefully spends several months each year in Italy.

Ann Chia-Yi Li, MA majored in Chinese and English Literature at Providence University in Taiwan. She is a graduate and analyst of ISAP and maintains her private analytic practice in Zürich. Her special area of interest is the relationship of Chinese philosophy, Daoist alchemy, and Analytical Psychology. She has translated two Jungian works into Chinese: Suzanne Wagner’s documentary *Matter of Heart*, Dir. Mark Whitney (1986); and *Jungian Psychology Unplugged: My Life as an Elephant (Studies in Jungian Psychology by Jungian Analysts)*, ed. Daryl Sharp (1998).

Bernard Sartorius, lic.theol. received his degree in theology from the University of Geneva in 1965 and worked for several years as a protestant minister, first in a parish and then in youth work. He graduated from CGJI-ZH in 1974, maintaining his private analytic practice first in Geneva, and since 1997 in Lucerne and Zürich. He is a training analyst and supervisor at ISAPZURICH. Among his publications are his book on the Orthodox Church, *L’Eglise orthodoxe, Grandes religions du monde, Vol. 10* (1982); and the essays, “La Mecque où/ou on meurt,” in *Vouivre, Cahiers de psychologie analytique, Pèlerinages*, Numéro 11, 2011; “The Silence of ‘God’” (JOS Vol. VI, 2014); and “Failure is the End” (JOS Vol. VII, 2015).

Isabe von Uslar, lic.phil. is a clinical psychologist and Jungian analyst. She received her diploma in Analytical Psychology from CGJI-ZH in 1996. She is an analyst, supervisor and lecturer at ISAP and maintains her private practice in Zürich. Her main interests are dreams, imaginative techniques and trance induction, picture interpretation, and theory of complexes.

Ursula Wirtz, Dr. phil. holds a doctorate in literature and philosophy from the University of Munich, and a degree in clinical and anthropological psychology from the University of Zurich. She graduated from CGJI-ZH in 1982. Today she is academic chair of the Jungian Odyssey Committee, and a lecturer, training analyst, and supervisor at ISAP, internationally active in teaching and training. Among her published works in English are her book, *Trauma and Beyond: The Mystery of Transformation*, Zürich Lecture Series in Analytical Psychology, (Spring Journal Books, 2014), and her essays: “The Power of the Unconscious: Descent into Madness or Spiritual Emergence?” (JOS Vol. II, 2010); “Yearning to be Known: Individuation and the Broken Wings of Eros,” (JOS Vol. I, 2009); and “The Symbolic Dimension in Trauma Therapy,” in *Spring: A Journal of Archetype and Culture, Vol. 82, Symbolic Life*, 2009.

ISAPZURICH

The International School of Analytical Psychology Zürich was founded in 2004 by AGAP, the Association of Graduates in Analytical Psychology. AGAP is an international, Swiss-domiciled professional association, itself founded in 1954. To date its members number nearly 500 worldwide. AGAP is a charter member of the International Association for Analytical Psychology (IAAP) and is accredited as an IAAP Training Group.

To date, ISAP is the only IAAP institute offering full-time analytic training that incorporates every year two full semesters (each 12 – 14 weeks) of lectures and seminars. We adhere to Jung’s interdisciplinary outlook by admitting candidates with advanced degrees in any field of study. Candidates with advanced degrees in psychology or medicine—and with adequate skills in German, French, or Italian—may qualify to receive a Swiss federal title and cantonal license for the practice of psychotherapy. All graduates of the analytic program are eligible to apply for membership in AGAP and the IAAP.

ISAP’s faculty members, guest instructors, and trainees from around the world enrich the program with their diverse professional and cultural backgrounds. Lectures and seminars are held in English and German. Training analysis and supervision are conducted in a number of other languages as well.

Community Outreach ISAP reaches out by opening to the general public its regular lectures and special programs such as the *Jungian Odyssey*; the *Zürich Lecture Series*; *Basic Jung*; *C.G. Jung Entdecken*; and the *Märztagung*. These and other continuing education programs are designed for general interest, as well as for professionals within and outside of the field of psychology. Our Counseling Service holds confidential, cost-free consultations leading to referrals for analysis, psychotherapy, or counseling in many different languages and at reasonable rates.

Become a Donor To continue flourishing, ISAP relies on the support of friends. Donations made through AGAP are exempt from general communal, cantonal, and federal tax in Switzerland. Donors from the United States and Canada may receive tax exemptions through JITZ, the Foundation for Jungian International Training Zurich. To find out about our special projects and needs, contact our treasurer, Christa Robinson: christa.robinson@isapzurich.com



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